YOUNG AMERICA'S FAVORITE MAGAZINE JULY 1977 75 cents

®seventeen

BEAUTY PERK-UPS

Chiller novelette: THE SPELL

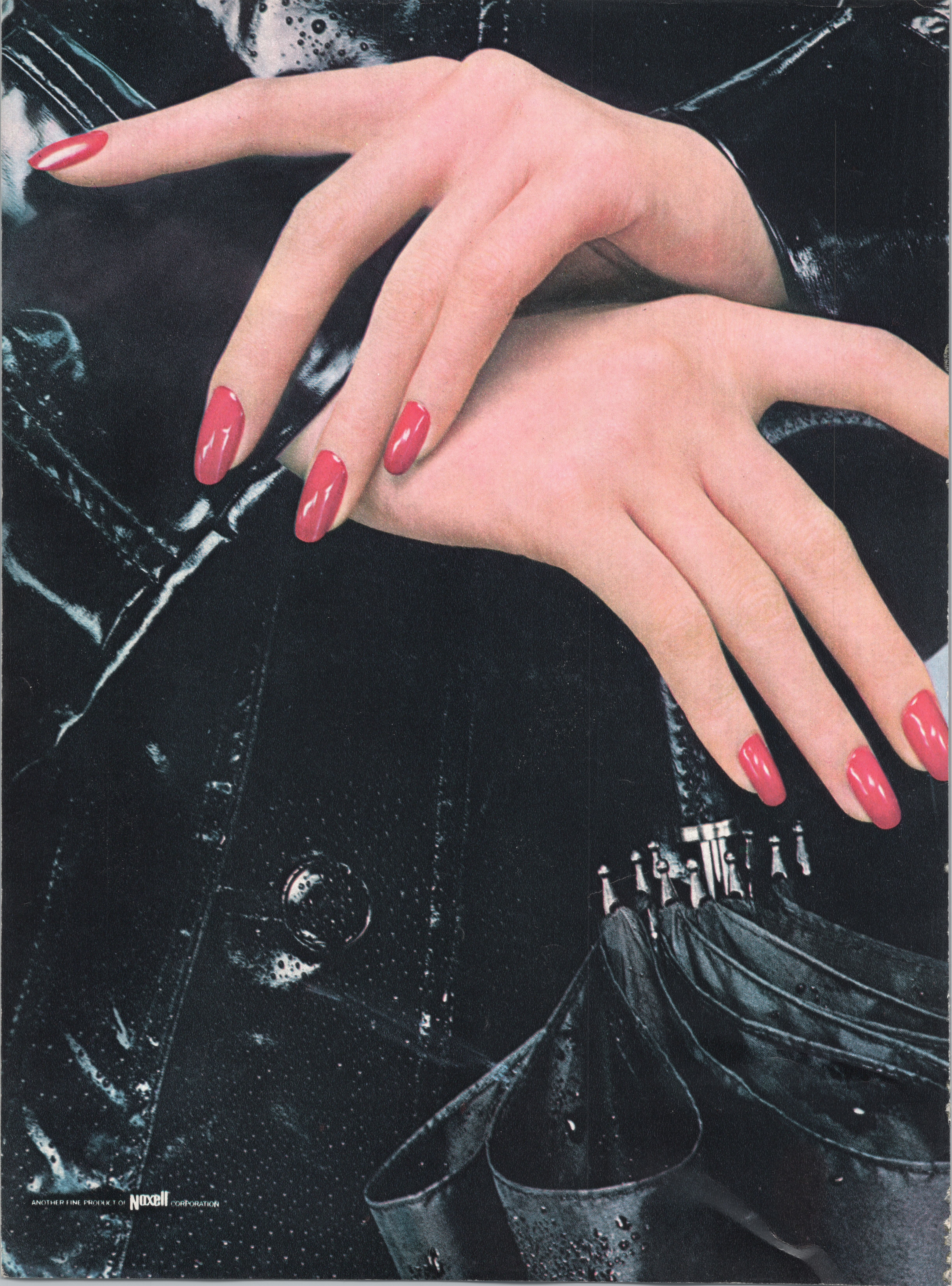
How *he* feels when it's over

DAZZLE 'EM this summer with
- gold on white
- t-shirty dressing
- big new play gear

Double-life clothes to sew

Acne: all the facts

Do boys *really* like independent girls?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COVER GIRL
NailSlicks

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seventeen
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Published by Triangle Communications Inc.

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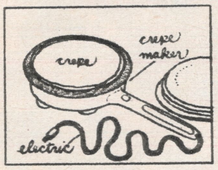

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Prices quoted on editorial pages are necessarily approximate; most are slightly higher west of the Rockies and in Canada

Cover *photograph by Patrice Casanova.*
For more information on our cover see page 113

GOLDEN GRAIN
RICE-A-RONI
Spanish RICE MIX

Fiesta Bake starts with San Francisco's Rice-A-Roni

Prepare 1 pkg. Spanish Rice-A-Roni according to package directions using 2 (8 oz.) cans tomato sauce instead of whole tomatoes. Combine 1 lb. ground beef, 2 Tbsp. instant minced onion, 1 tsp. salt, 1/4 tsp. pepper, 1 cup cooked Rice-A-Roni. Line 2 qt. baking dish with meat mixture; layer 1 cup crushed tortilla chips, 1 (2 1/4 oz.) can drained, sliced olives and remaining Rice-A-Roni. Garnish with whole tortilla chips. Bake at 375°, 35-40 minutes. Serves 4-6.

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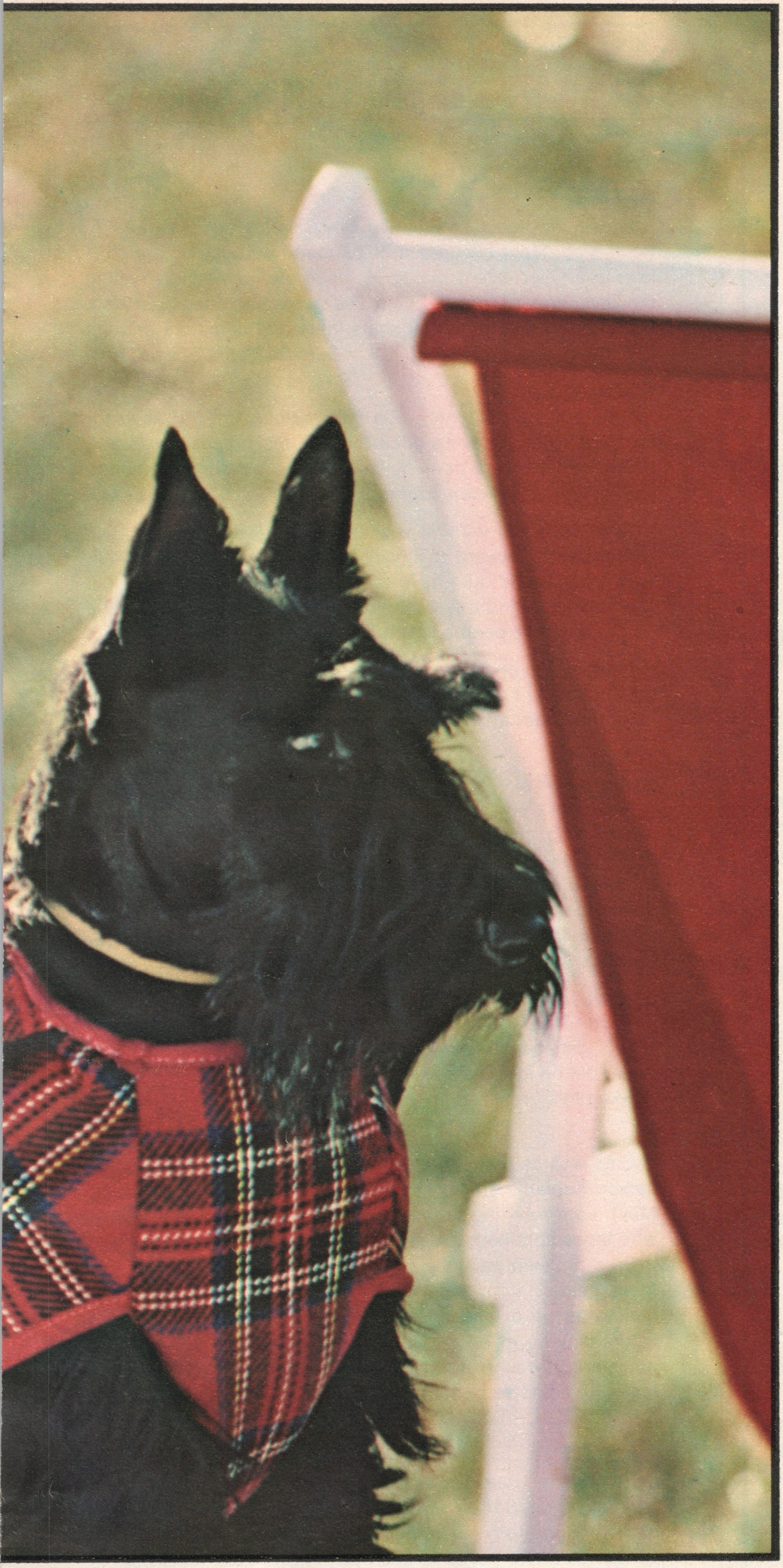
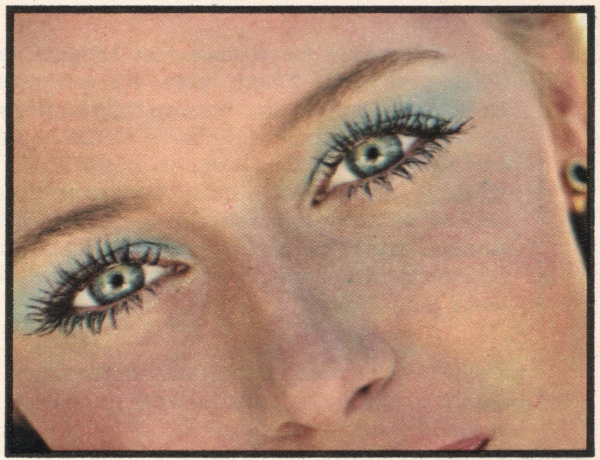
CREASE-PROOF SHADOW?

'Crease-Proof Cream Shadow' by Natural Wonder never creeps into creases. Won't wrinkle, smear, smudge or fade. Smooths on fresh and pretty. Stays that way all day. In 21 waterproof shades. That's good...and good for you!



Waterproof! Laugh, cry, walk in the rain. It stays on 'til you take it off.

Fadeproof! 21 luscious cream and frosted shades go on smooth. Stay fresh and pretty.



Good for you! Natural Wonder has lipstick, mascara, blusher, lots of good things.

TERRIFIC!

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REVLON

SUPER NAILS
Strengthens and Colors
Natural Wonder
extra-long BIG LASH
EXTRA LENGTHENING MASCARA
Oil-free medicated makeup
Natural Wonder

Advertisement

Honestly
by Bonne Bell

Answers to the questions you ask the most.

I believe in lots of soap and water when I wash my face, especially when it's hot and muggy during the summer. But what can I do to stop getting that tight feeling after I wash?

There are a couple of things. First, don't use hot water on your face. It's very drying. And you don't need oodles of soap to get clean. Also, you might change to a milder soap. Try our Ten-O-Six Cleansing Bar. It has no harsh alkalines, like soaps, that dry and irritate your skin. And it helps protect your skin's fragile chemical balance.

I've got lip troubles. When it's summer they get sunburnt. When it's winter they get chapped. I can't win.

Lips need more than just lipstick to keep them protected. That's why we invented Lip-Smackers. They're lip therapy that taste good. We even have a yummy new flavor. Fruit Punch. You can put it on all day long, all night long. Under lipstick or over lipstick. Lip-Smackers have a sunscreen and super-moisturizing ingredients that prevent chapping and dryness. And they're four times bigger than any ordinary lip gloss. So they last a long time.

I have a really important event coming up and I want to put my best foot forward. Is there anything special I can do to look super-good?

Yes. Relax. Take a nap, or meditate. Don't let anticipations over the big date wear you out. And an hour before you get dressed you might like to give your face a special treat. Our new Orange Peel Masque. It draws out the impurities in your skin. It tightens pores, like you've just had a facial. And it stimulates your skin. So you'll feel refreshed and ready for the big event.

If you have any problems we can help you with, write
Bonne Bell, Lakewood, Ohio 44107; or call toll free 1-800-321-9985.
In Ohio call collect 216-221-9191.

BONNE BELL

Your Letters

Big Boys *Do* Cry

I really appreciate "Why Do Boys Hide How They Feel?" (Mini Mag, May) because it helps me to understand the girl I love to a fuller extent. Being eighteen and sometimes feeling the pressures of life, I'm glad I've got a shoulder to cry on. It makes me feel good that she's there and is mature enough to know what to say. *Dale Beavans, Enfield, N.C.*

Straight Lines

How well I can identify with Carrie Holtmann ("Braced for the Best," May), having gone through the braces, casts and corsets three years ago. At first glance, I thought someone had written an article about me. *Jan Parr, St. Louis, Mo.*

After spending my first year of college living at home, I've been looking forward to finally going away to school. However, I just found out I have scoliosis. Soon I'll know if I, too, will have to spend a few months on my back. Either way, the article will have been a real help. *Judi Scher, Westfield, N.J.*

I'm fourteen and have to wear a corset (also called a "Boston bucket"). I'm glad someone finally made it clear what "that thing that makes you stand so straight" really is.

Pegi Linder, Phoenix, Ariz.

Take a Hike

Why don't you check out what people really do wear to orienteering meets ("Hiking! The Way To Go," May)? Your pretty little models would get their legs and arms all scratched as they tried to fight their way through the woods. The real outfits many people wear are lightweight nylon pants and a matching long-sleeved shirt.

Donna Ryskamp, Kalamazoo, Mich.

Painful Subjects

Thank you for "Why Some Parents Abuse Teens" (May). Now I can begin to understand why my parents took their anger out on me. I was on the verge of leaving home, but after reading this I realized my parents were also having problems.

Name Withheld, San Jose, Calif.

I, as well as many other athletic trainers, was offended by Janice Kaplan's article "Locker-Room Philosopher" (Sports, May). I am referring to the sentence: "A trainer is the person who tapes sprained ankles, massages aching bodies and gives injured athletes painkillers so they can compete in just one more game." I have never, ever, given a painkiller to any athlete so he or she could compete more effectively. Painkillers may be given to suppress pain, but they are only administered through a physician, and athletes are never permitted to compete under the described circumstances.

Ralph March, Head Trainer,
United Township High School, East Moline, Ill.

Occasionally, painkillers are necessary and in the best interest of the athlete. Mr. March says they are administered only through a physician, and perhaps this is true in his high school or state, but it is not everywhere. After interviewing many young women athletes, I know that all too many have been damaged by the indiscriminate use of painkillers. My column certainly doesn't condone this practice; Vicki Vodon avoids most drugs and tries to help women understand their body. That's why she's a good trainer.—Janice Kaplan.

Sleeping Spell

I've been trying for years to make my friends believe that the way I get to sleep on restless nights is to let consciousness drain through my ear into the pillow. With Betsy Bloy ("How Self-Hypnosis Worked for Me," May) backing me up, maybe they'll believe me now!

Davi Ducourtieux, Houston, Tex.

Cover Girl Cheryl Tiegs
The Long 'N Lush Cover Girl Lash.
COVER GIRL
COVER GIRL
LONG 'N LUSH
mascara

And why Cover Girls love it.

Because Long 'N Lush™ Mascara makes lashes longer and fatter, silkier and shiny, too—even in closeups. Makes even your teeniest lashes look lashier. What's more, the big brush separates lashes and fans them out. And because it's Cover Girl, Long 'N Lush doesn't smudge or smear. Never looks gloppy. Just keeps on looking long and lush, just like they say.

COVER GIRL® EYES

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Revlon introduces

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SUPER LUSTROUS CREME
REVLON
SUPER CRYSTALLINE
REVLON

An all-new luxury red. Clear, bright, blazing, and engineered to give you outstanding mileage in lipstick, nail enamel, and blushers.

With luxury options such as frost, cream, or powder formulas. And a soft sponge standard equipment in the powder blusher.

The entire line is available for immediate delivery to your lips, your cheeks, your nails.

Cadillac Red sets a new standard of luxury red for the world.

REVLON
'77

How fine fragrance can

Summertime opens the door to new ways of enjoying fine fragrance. Here's how to use your summer scents to keep cool, fresh and collected all season.

Change fragrance with the weather. Because fragrance *intensifies* on hot humid days, you might want to reserve your more exotic perfumes for evening and explore a lighter, more suitable scent for day.

Consider your mood. Summer is a mercurial season. Emotions can run high and low. But the right fragrance can lift your spirits when you're feeling downhearted. And heighten your effervescent moods.

Press your scent into service. Besides creating a marvelous *aura*, fragrance can do *double-duty: chilled* cologne makes a wonderful summer cooler, applied to

add to the fun of summer.

wrists and temples. And a terrific *tonic* for tired toes. (Massaging improves the circulation, while the alcohol cools them.) Or try adding cologne to your last hair rinse for a surprising fragrance lift.

Surround yourself with scent. Freshen-up your room with a spritz of cologne on your air-conditioner grill. Sprinkle a little bath powder between the sheets and you'll slip off to dreamland in a snap. Tuck a tiny sachet in the corner of your weekend bag and unpacking becomes a joy.

Caution! Fragrance on the beach is a *no-no.* It can cause temporary blotching by reacting with the sun. Save your scent for *après* sunning.

At *Chanel* we have several fine fragrances that can add enormously to your summer fun. And we'd be most happy to introduce you to them. There's subtle, sophisticated *Chanel No. 5.* Or irrepressible *Chanel No. 19.* (We call it the Outspoken Chanel). And *Chanel No. 22* that's like a garden of fragile white blossoms and blue skies.

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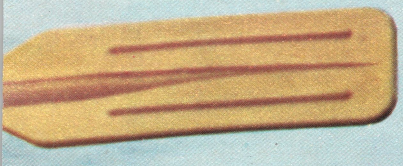
CHANEL
SPRAY
FRAGRANCE

And for the first summer ever—there's Cristalle. A remarkable new fragrance with the freedom of cologne and the force of perfume. Never before have you been able to charge yourself with such fragrant energy.



Please come.
We'd love to help you.

CHANEL
PERFUME

CHANEL

What else would you like to know about fine fragrance? Won't you please write and tell us at Chanel, Dept. 177G,
9 West 57th Street, New York, N.Y. 10019.

This is their year

DARYL HALL *and* JOHN OATES

BIGGER THAN BOTH OF US
DARYL HALL JOHN OATES
featuring the Hit Single
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FEATURING THEIR NEW HIT
SARA SMILE

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Watch For The Upcoming Daryl Hall and John Oates
Summer Tour Spectacular.

Management and Direction: Tommy Mottola

RCA Records

Sally Hansen
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with NYLON

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Split, chipped, problem nails no longer have to be a problem. Thanks to Sally Hansen Hard-As-Nails. America's number one nail protection. A unique formula with Nylon gives your nails a super-tough protective shield of strength. And helps give you those ten beautifully long nails you never dreamed possible.

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COTY Sweet Earth MASK-ARADES MASSAGING ACTION MASK CHAMPAGNE FLUFF for dry to normal skin NET WT.

New Sweet Earth MASK-ARADES foam-on face masks. The bubbly, fluffy, grapey way to fresher, healthier looking skin.

MASK-ARADES, to massage and stimulate your skin. And to help leave the skin clean, smooth, invigorated and refreshed.

In Burgundy Fluff to cleanse and refresh oily skin or Champagne Fluff to leave dry skin glowing.

Cheers!

Sweet Earth MASK-ARADES by Coty.

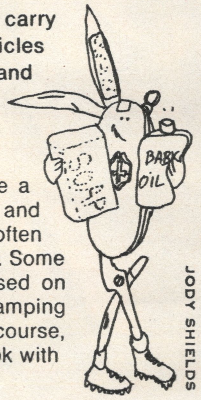
© Coty, N.Y.

Dear Beauty Editor

I want my hair to grow long, but when it gets to that messy, in-between stage, I get discouraged and cut it short again. Any suggestions? Liz R., Hicksville, N.Y.

Dear Liz,
To get through those in-between months, experiment with different ways of arranging your hair. Try pulling it back with a pretty barrette or hair comb, or wrap it in a bright scarf. If it looks shapeless, ask your hairdresser to give you a blunt cut. You may lose an inch or two, but afterward, it will grow out neatly for months without cutting. If your hair is layered, try having just the bottom layers trimmed. As the top layers grow out, your hair will gradually become all one length.

I'm going backpacking and have to carry everything in my pack. What beauty articles can I take that are light, inexpensive and practical? Perrina J., Allentown, Pa.



JODY SHIELDS

Dear Perrina,
Carry multipurpose items, and store them in plastic bottles. Baby oil can be a moisturizer, makeup remover, lip gloss and hair/scalp conditioner; army knives often include tweezers, a nail file and scissors. Some companies make soaps that can be used on face and body and as a shampoo too. Camping out is not a time for heavy makeup, of course, but you can keep up a clean, natural look with a little bit of advance planning.

I have a terrible dandruff problem that is very embarrassing. Now that my hair is long and I'll probably be washing and blowing it dry every day after the beach, I'm afraid the problem will get even worse. Help! Ilsa S., Sharon, Mass.

Dear Ilsa,
There are many old wives' tales about dandruff, says Dr. Hillard Pearlstein, a New York dermatologist. He *recommends* washing your hair every day, even if you do blow it dry or use electric curlers. Dandruff flakes can be particles of dried oil or excess skin or the result of a too-dry scalp; a commercial dandruff shampoo should help. If frequent shampooing *doesn't* help, the flaking could be the result of any number of scalp diseases—check with your dermatologist.

My skin is oily and tends to break out. Sunbathing helps, but since I'll be working as a waitress this summer, I won't be getting to the beach very often. What about buying a sunlamp? I've heard stories of how dangerous they can be. Just how safe are they? How do I use one?
Maureen H., Rockville Center, N.Y.

Dear Maureen,
With too-long exposure, a sunlamp can give you a bad burn. Used sensibly, it can promote drying, which is beneficial in the treatment of acne—and give you a nice tan! Most sunlamps come with explicit instructions. New York dermatologist Dr. Jonathan Zizmor suggests beginning with five seconds the first day and increasing that time by five seconds each day, up to several minutes. If skin gets very red, discontinue usage, and consult your dermatologist. For more about skin care, see "Acne: All the Facts," on page 36 of this issue.

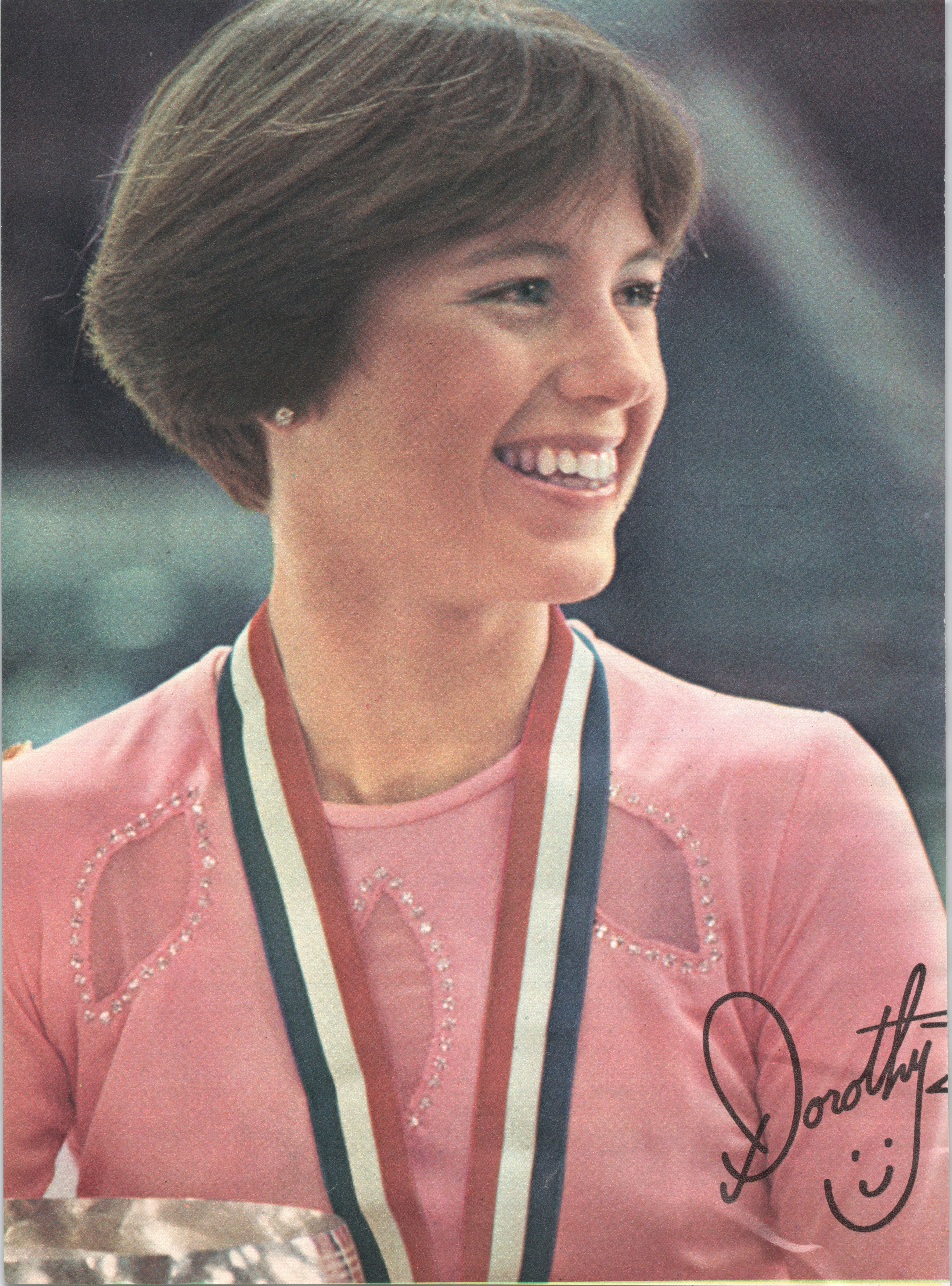
OIL
TROPIC SUN™
DARK TANNING OIL WITH ALOE
NATURAL INGREDIENTS: ALOE, COCONUT OIL, COCOA BUTTER, SWEET ALMOND OIL, EUCALYPTUS OIL.
8 FL. OZ.

Only a limited supply of this tropic sun secret will be made this summer. If you see a bottle, buy it.

Tropic Sun™ comes in a Tanning Lotion, an Oil and a Butter. Not one of them is your everyday, slop-it-on suntan product. Tropic Sun's secret is its rich, moist, tropical ingredients.

Like aloe (say "ˈal-ō"). The rare extract taken from this lush plant is treasured by people who live where the tropic sun really shines. Add the fragrant oils of coconut, sweet almond and eucalyptus and your tan will be so luscious you can almost taste it. There's even Tropic Sun After Tanning Moisture to help keep your tan luscious. The magic of moisture-rich aloe is in all of them.

Make no mistake. There are lots of suntan products around. And they're good. But there's only one Tropic Sun. If you see it — buy it. Now get close to the sun.



Dorothy

"Now Short & Sassy makes a shampoo too."

Short & Sassy,® the great conditioner for short hair, presents something new. Short & Sassy™ Shampoo!

Short hair, to look its very best, needs two things. Body and shine.

And Short & Sassy Shampoo gives you both. It's especially made for today's short hair styles. Its protein-enriched formula washes in the body and fullness that short hair needs to look healthy, shiny and bouncy.

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New Short & Sassy Shampoo—in three formulas: normal, dry and oily.

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Washes in body
for that Short & Sassy look.**

clairol®
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sassy™
shampoo
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protein-enriched
shampoo
for short hair.

Hamill

We are so excited about our new shampoo, we'll send you a Free sample.

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SPORTS

Make a big splash with SEVENTEEN!

Announcing a thrilling all-U.S. event for young swimmers: SEVENTEEN'S FIRST SWIM MEET OF CHAMPIONS!

This exciting aquacade will be open to all female swimmers who are members of the Amateur Athletic Union and who meet the official time standards.

If you qualify, you can take part in this special SEVENTEEN event! The swim meet will be held June 23 through June 25, 1978, at Mission Viejo, California. You'll get to meet fellow swimmers from all across the country, and you'll have a chance at a $1,500 scholarship, to be awarded to the swimmer with the highest total point score. Plaques will also be awarded to the eight finalists in each event and to the first-place winners in consolation finals.

To compete in any event, you must meet the official time standard below:

EVENT	*Qualifying Time*	*National Women's Record*
100 meter Free	1:02.39	56.81
200 meter Free	2:12.69	2:00.69
400 meter Free	4:37.19	4:10.46
1500 meter Free	18:16.29	16:39.54
100 meter Back	1:12.49	1:04.15
200 meter Back	2:34.79	2:17.27
100 meter Breast	1:21.79	1:13.55
200 meter Breast	2:54.09	2:38.43
100 meter Butterfly	1:08.29	1:01.17
200 meter Butterfly	2:30.69	2:12.90
200 meter Individual Medley	2:32.29	2:19.80
400 meter Individual Medley	5:23.69	4:53.86
400 meter Medley Relay	4:51.39	4:22.99
400 meter Free Relay	4:16.79	3:53.76
800 meter Free Relay	9:10.19	8:21.40

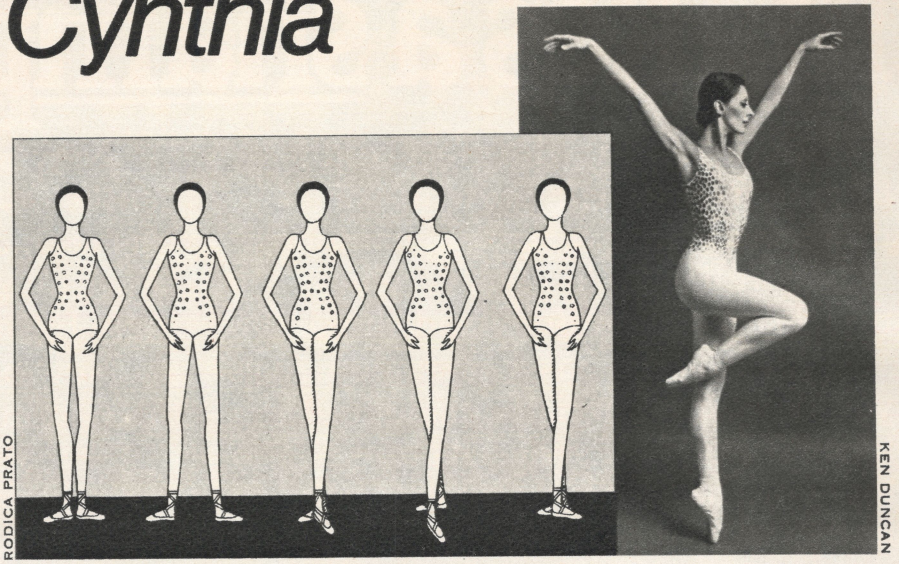
For more info, write to Mark E. Schubert, Head Coach, Mission Viejo Nadadores, Box 2071, Mission Viejo, California 92675.

See you at the big SEVENTEEN splashdown!

SPORTS

by Janice Kaplan

No swan song for Cynthia



RODICA PRATO

KEN DUNCAN

After a year out of tights, ballet's wonder woman, Cynthia Gregory, is back

Every time Cynthia Gregory appears onstage, audiences go wild. Fans throw bouquets of flowers and give her long standing ovations. Even the critics, who rate Cynthia as one of America's greatest ballerinas—perhaps the best—rise to their feet. If you're wondering how a dancer made it into a sports column, you've never seen Cynthia Gregory perform. When she steps up on her toes, she's six feet of power; and Cynthia taxes her body in ways that would make most athletes cringe.

When Cynthia first arrived in New York, she was nineteen years old, and the directors of the American Ballet Theatre insisted that she was too tall to be a ballerina. "They thought anyone over five foot two was a giant," she says. Cynthia didn't fit the standard image of a frail and wispy dancer, but her bold style was enticing. The ABT finally accepted her into the chorus, and less than two years later she made a triumphant debut in the lead role of *Swan Lake*.

In a rehearsal hall, dozens of young dancers, as well as established stars like Cynthia, spend grueling hours trying to make their body respond to almost impossible demands. A typical day begins at 10:00 AM with an hour of warm-up exercises, followed by a class in basic technique. "You never stop taking that daily class," says Cynthia. "If I miss a few days, I start to feel flabby and out of shape—and that's awful." Dancing in a full-length ballet requires tremendous stamina. Cynthia often wears out two pairs of toe shoes during a performance; her only chance to rest is when she's changing costumes. "It's virtually three hours of constant movement," she says. That's the equivalent of playing three football games or performing sixty gymnastics routines!

"Dancers have to be very strong," says Cynthia. "A while ago one of our male principals, Ted Kivitt, worked out with the Pittsburgh Steelers football team. They couldn't believe it. He did everything they did—and a lot more too." But dance is all illusion, and a ballerina has to make her movements look effortless. Did you ever see a ballerina sweat or hear her grunt?

Cynthia started dancing when she was five; she put on her first pair of toe shoes at six. (Most ballerinas don't go on point until age twelve, since the bones in the feet are too soft until then, but Cynthia couldn't wait.) When she was fourteen, she was awarded a scholarship to the San Francisco Ballet, where she began appearing as a soloist. She finished high school through a correspondence course. "You have to give yourself fully to ballet—there's no holding back," she says. "You make the commitment early because it's a short career." But not as short as some may think—Cynthia is thirty now, and ballet masters insist she keeps getting better.

For a long time, Cynthia used to joke that it was difficult for her to play tragic roles onstage because her own life had been so happy. Then some of that contentment began to slip away. The first time I met Cynthia

(continued on page 28)

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Joann

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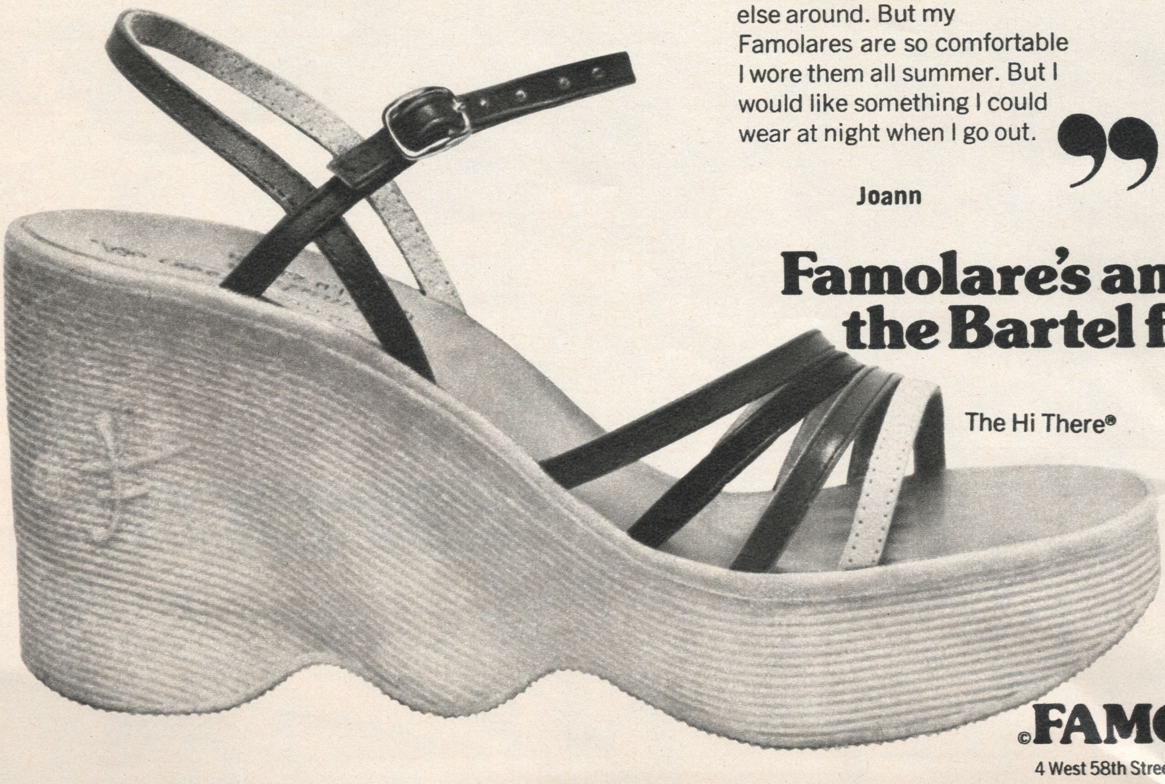

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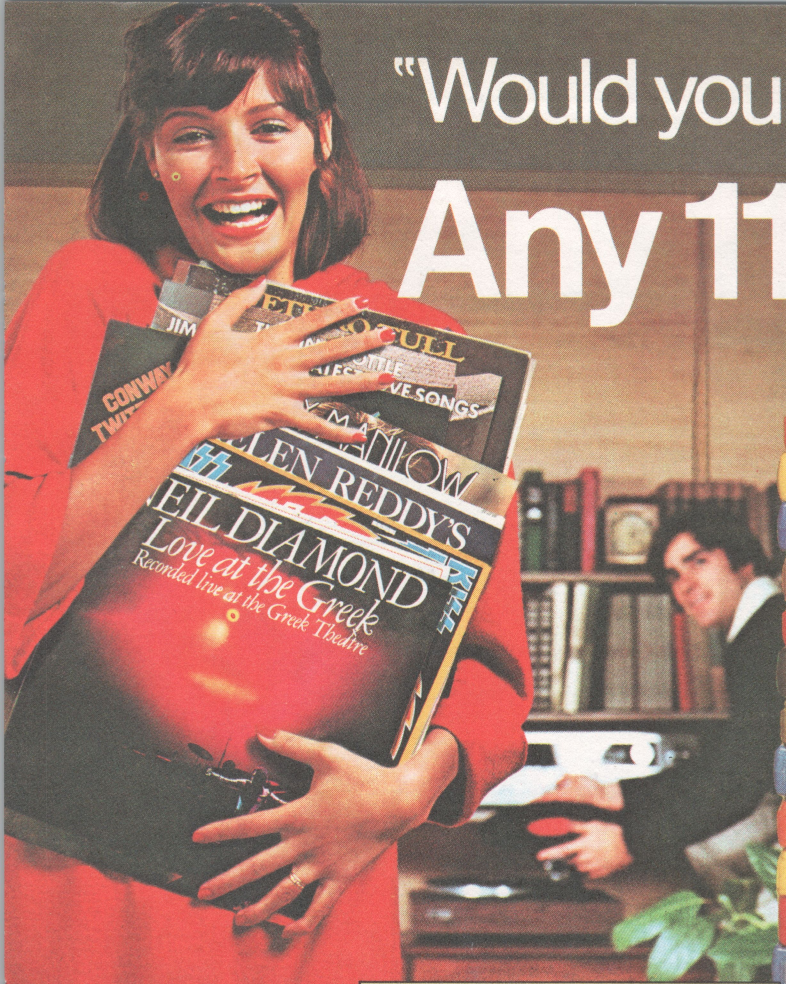

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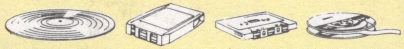

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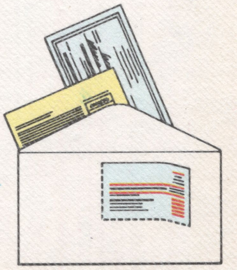

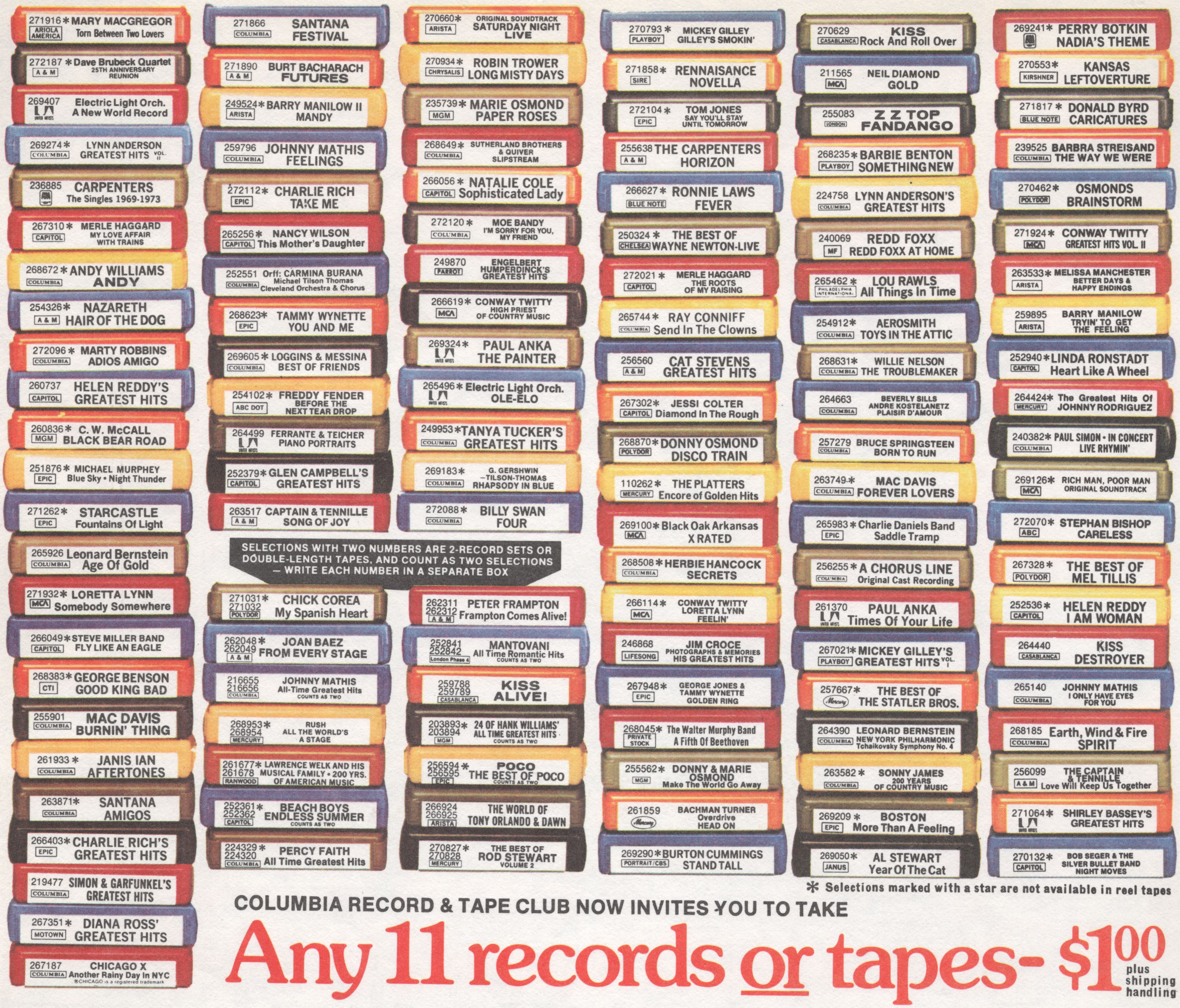
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NO SWAN SONG...

continued from page 18

about two years ago, she admitted that she was getting restless and wondered what it would be like to be a "real person" instead of a ballerina. After years of constant dancing, her muscles were tired, and she had recurring ankle and hip injuries. Her marriage to dancer Terry Orr had broken up, and the pressures of her nonstop life were becoming unbearable. Worst of all, she was getting increasingly nervous before performances, and dancing had stopped being a joy. So shortly afterward, at the peak of her career, Cynthia Gregory quit ballet.

When I talked with Cynthia again recently, she had just returned to her place with the American Ballet Theatre as Queen of Ballet. Married now to a slim, bearded, musician's agent named John Hemminger, she seemed more relaxed and brimming with new confidence. "Getting away was the best thing I could have done," she says. "I escaped to Los Angeles and spent the year doing mundane things—meeting new people, baking pies, going shopping. People were shocked, but dance had been my whole life, and I needed time to put it in perspective."

Before her year off, Cynthia had planned to dance for a while longer, then have a family. Now her plans have changed. "I've matured enough so that I think I could have children and still keep dancing without having either suffer," she says. If she were to have a little girl, would she want her to become a dancer? "Yes, if she were very talented. It's been a good life for me."

Her husband insists that if the child were a boy, he would urge him into something else. "There's still a lot of discrimination against male dancers," he says. "Americans don't understand dance as an art form that requires work and perspiration, and they suspect most of the men of being homosexuals."

With her long limbs and graceful body, Cynthia looks as if she were born to be a ballet star. Onstage, she's a satin Aphrodite who makes herculean feats look simple. "It's amazing, the ugly bodies some dancers have overcome," she says with a laugh. "So much of a ballerina's form comes from training. For example, dancers don't all have a naturally long neck—we get them from carrying ourselves perfectly erect."

Cynthia insists that the mothers who made their little girls and boys take ballet lessons for poise are right—ballet really does help develop grace and agility.

The current idol of every girl who dons a pink leotard, Cynthia is one prima ballerina who has never been a prima donna. In fact, she has always tried so hard to remain sweet and down-to-earth that she has never quite faced the fact that she is a star. "I used to worry about how people thought of me, and I'd get very nervous and introverted. John made me realize how silly that was, and I've learned to stop trying so hard and just be myself." ◆

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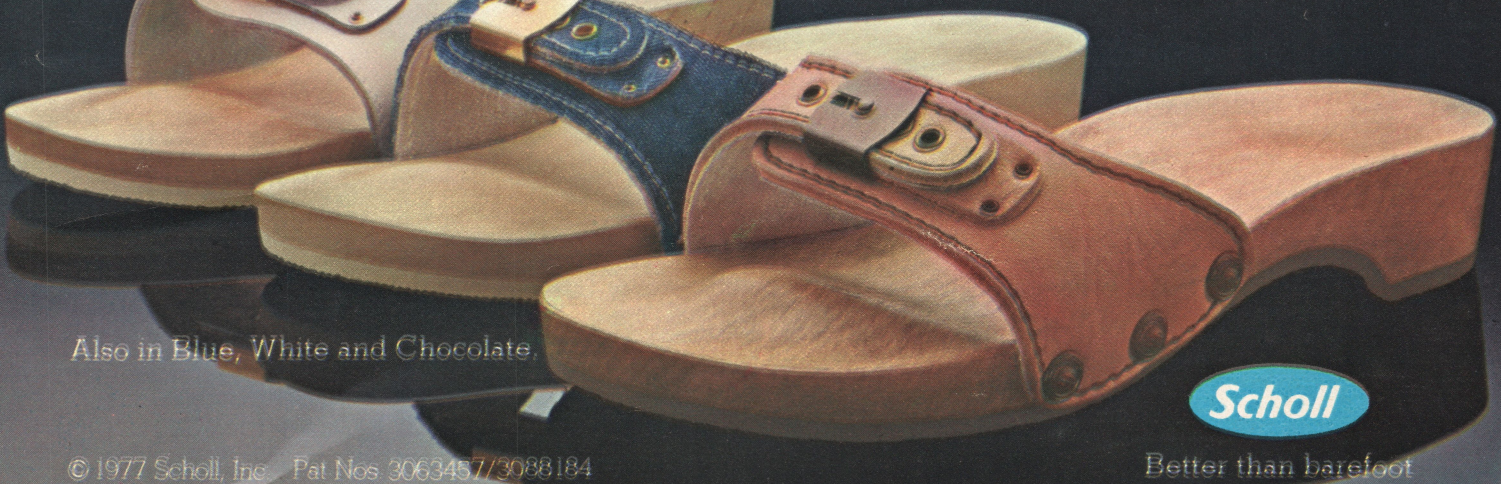

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RELATING

by Abigail Wood

"THE BODY BEAUTIFUL—DON'T I WISH!"

Q Two summers ago I was in a serious automobile accident. My legs were damaged to the extent that I was not expected to walk or stand unaided ever again. Fortunately, thanks to lots of hard work by doctors, nurses, therapists, family and friends, I can get around pretty well with crutches, special shoes and knee-locking braces.

I'm happy and excited about starting college in the fall. I'm also petrified—not about the work, but about whether I'll be able to make new friends, about having to ask total strangers for help now and then, and especially about meeting my new roommate. I'm worried that people will relate to me only as a person to be pitied for my crippled legs, instead of the person I am, or worse, that people will be afraid to talk to me. Am I being an alarmist? How can I avoid causing discomfort or embarrassment for others? For example, I am still a good swimmer, but my legs are so disfigured from the accident, subsequent surgery and muscular atrophy that I'm reluctant to subject others to the sight of them. Am I too self-conscious? What should I say and do when I meet my new roommate? How do I bring up the subject of my handicap without sounding as if I like to talk about it? I don't mean to sound gloomy, but I like people and want to be able to make friends.

A You seem so well-adjusted that things will probably be *much* better than you imagine. That's not to say that your concern is unrealistic. Some people probably *will* stereotype and misinterpret you; others will be put off (not by you but by their own irrational fears); and still others will heap a lot of unwanted pity on you. Also, you might as well be prepared for do-gooders who latch on to a handicapped person to fulfill some needs of their own. It's a help to remember that strange or oversolicitous behavior says more about the people engaging in it than the person it's directed at.

As for your understandable anxiety about your roommate, why not have the dean of students pave the way? He or she can prescreen your roommate to make sure she will not feel threatened or disturbed by your problem. When you meet her (and other new people), the most helpful approach might be one that's straightforward and nondefensive: "This is my situation, and it's nothing for you to worry about." Then go on to other things. The fact that you are able to do most things for yourself is a big plus, and when you do have to ask for a little help, you'll find that most people really like to be chivalrous.

Since you feel self-conscious about your legs—and are concerned that they might be a source of embarrassment or discomfort for others—try keeping them covered, even when you're swimming, which you shouldn't deny yourself in any event. How about a pair of very lightweight pants? After a while, when you've met people you feel sufficiently close and safe with to show your legs and not feel uncomfortable, you won't need to conceal them at all.

Finally, for *(continued on page 34)*

decisions...
decisions...
decisions...

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RELATING

continued from page 32

inspiration and even some practical tips, you might want to get hold of the excellent autobiographical book *My Second Twenty Years* (Basic Books), by Richard Brickner, who was also crippled in an automobile accident and has surmounted some of the kinds of problems that you describe.

You may feel apprehensive now, but remember, you have already overcome great obstacles—and once you get involved in college, your nighttime-thoughts-in-the-daytime anxiety will undoubtedly yield to great pride and confidence in who you are and what you can accomplish.

Q I have a very embarrassing problem that is hard to hide. I have hair on my breasts. I can't shave the hairs or use depilatories because it comes back stubbly and more conspicuous. I guess I have too many male hormones. But isn't that unusual for a girl of fourteen? It must seem weird to the other girls at slumber parties when I go into the bathroom to put on my pajamas. I once told a friend, and the big-mouth told my boy friend. He said, "Who wants to go out with a gorilla?" and broke up with me. I cried for a week.

A It's truly awful when you tell a friend your deepest, most worrisome secret only to have her turn around and blab it to your boy friend, of all people. *His* betrayal is unconscionable, but considering his reaction, maybe you're well rid of him. Derision and rejection are painful—but all the more so when they seem to confirm your own secret dread (that breast hair makes you unfeminine or "weird").

Each of us has a combination of male and female hormones. And you are quite right that a hormone imbalance in a fourteen-year-old is rare. *But hair on breasts is not in itself a sign of any trouble*—especially as long as you don't also have a lot of excess hair in other places, such as arms, face, and stomach. In fact, according to medical experts, one out of three women has some hair around, on or between her breasts. (That might even include your friend who squealed on you!) If a person is blond, the hair might not show, but that doesn't mean it isn't there. If yours seems dark for your particular coloring, it might be an inherited trait shared by your mother or a sister or aunt.

It's quite natural to be alarmed by any normal but unexpected developments on the way to full-fledged womanhood. Your individual pattern of growth doesn't have to correspond to anybody else's to be perfectly fine and healthy; but if the hair growth continues to be a source of anxiety for you, you might be reassured by seeing your family doctor. Or you might find comfort in talking with an older woman you can trust. (It's a big improvement over suffering in silence, as you have done, or trusting others who are too anxious and defensive about their own growing up to offer you any reassurance.)

Even with a more accurate and happier perspective, you may still feel like getting the problem "off your chest" in a literal sense—which is fine. You're right that shaving and depilatories are not a good idea. (Before you consider other alternatives, you might try bleaching the hair, which will make it less visible.) There are, however, ways to actually remove it that are not ill-advised. One possibility is waxing. This removes hair from the roots, but it will grow in again—how soon depends on the rate of hair growth. But the only permanent solution is electrolysis, in which the roots are destroyed by an electric current. It takes time and is expensive, but it is effective. If you decide to try electrolysis, don't go to just anyone; it's always a good idea to consult a dermatologist, rather than a phone book, for a reliable referral.

Q I'm very depressed about my looks: I'm five foot eight and weigh 143 pounds. I have forty-one-inch hips and a rear to match. I want so much to be slim and weigh 115 or 120. I can't seem to stay on a diet, because I have no willpower. Even though I've tried all kinds of diets, I quit when they didn't help my thighs and rear. I feel like disowning myself. My mother laughs and tells me that I'm ridiculous to worry about my appearance, but *she's* small and pretty. I guess I could cope better if I liked myself.

(continued on page 115)

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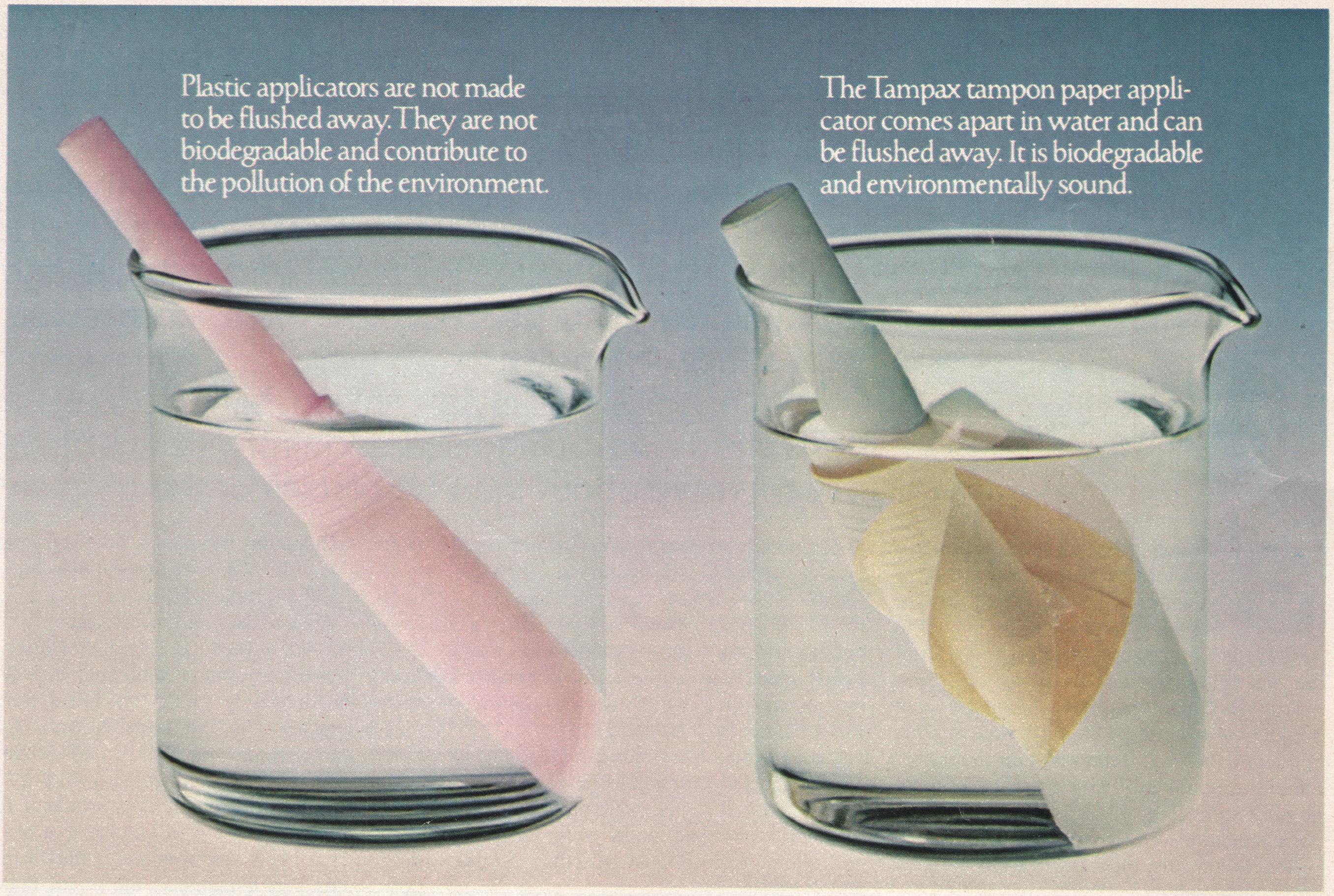

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ARTICLE

by Jill Gerston

Acne: all the facts

Although a sure cure is still somewhere in the future, several new treatments may help your pimple problem

In your mother's day, the best that doctors could do for teen-age acne sufferers was to give them a reassuring pat on the back, then advise them that sooner or later they'd outgrow their skin problems.

Until they did, they just had to make do with such home remedies as scrubbing their face three times a day, keeping their hair off their forehead and swearing off yummies such as chocolate bars, corn chips, French fries and pizza.

Now, happily, the myths linking acne to certain foods and dirt are being discarded as physicians begin to learn more about the true causes of the disease.

Although there's still no quickie cure for acne—and perfect skin is as rare as a rainstorm in the Sahara—there are several modern therapeutic procedures that can help clear up and control the condition.

The two most popular approaches are topical (skin surface) therapy and internal antibiotic therapy. Depending on the severity of the condition—which can range from a mere sprinkling of blackheads or pimples to a multitude of pustules, cysts and boils—the treatments may be used separately or in combination.

Topical treatment mainly involves the use of drying agents (soaps, liquids and salves) that peel off the top layer of skin. The peeling gets rid of surface bacteria and opens up clogged pores.

Among the most effective drying agents is vitamin A acid, which must be prescribed by a doctor. The acid can be fairly irritating, sometimes causing the skin to become crepe-paper dry. However, the scaliness and redness usually disappear in a few weeks as the skin adapts to the treatment.

Recently vitamin A acid has been used with benzoyl peroxide, another drying agent. The combined treatment (vitamin A acid is applied each morning; benzoyl peroxide at night) is less irritating and more effective than either drug used alone. According to a recent dermatological study, 88 percent of 404 patients using the combination showed good to excellent results in eight weeks.

In internal therapy, antibiotics are taken every day, in dosages determined by a doctor, until the skin clears. The most popular antibiotic is tetracycline, which suppresses bacteria and flattens out pimples. Visible improvement usually occurs in about six weeks, when the skin becomes smooth and the flat pink marks fade away. Occasionally tetracycline may cause a vaginal infection, but it's easily controlled with an antiyeast medication.

Not long ago the American Academy of Dermatologists concluded that antibiotics—including tetracycline—are both safe and effective in treating acne, with unwanted side effects occurring in less than 10 percent of cases.

Once in a while, in an "emergency" situation (a sister's wedding, a college interview), a dermatologist may treat a patient by injecting diluted cortisone into an individual pustule. It usually disappears in one or two days. The technique is generally effective only for treating single, large blemishes, not an entire face.

The latest news coming from research laboratories involves the use of zinc tablets. The tablets are dissolved in water and taken after meals three times a day. However, the treatment is still in an experimental stage, and more conclusive data is needed before the tablets can be widely prescribed.

Each case of acne must be treated individually, since everyone responds differently to medication

Doctors are quick to point out that every case of acne must be treated individually, since each patient responds differently to medication. "In order to prevent damage, acne should be treated in its early stage," says Dr. Alan Menter, a dermatologist with the Southwestern Medical School, in Dallas, Texas. "Teens shouldn't wait until they're seventeen or twenty-one in the belief that they'll outgrow acne." He adds, "It isn't just a teen-age problem but often occurs when people are in their twenties and thirties."

Although the cause of acne remains a puzzle, many doctors now believe that androgen (the male sex hormone, present in both males and females) is the major culprit. Androgen is produced in increased amounts during adolescence, stimulating the skin's sebaceous (oil) glands, which open into the hair follicles, to enlarge and produce more of a fatty substance called sebum, a lubricant for hair and skin.

The trouble begins when sebum is produced in great quantities, plugging up the hair follicles. When a plug of sebum (almost colorless at first) is exposed to the air, the contents oxidize and darken, forming a blackhead. (The change is similar to the "rusting" of an apple a few hours after it is cut.) If the opening of the plugged follicle is blocked, so the plug is not exposed to air, a whitehead appears.

In more severe cases of acne, oil and fatty acids seep into the surrounding tissues, often resulting in cysts and boils.

Other causes of acne are heredity (if your parents had skin problems, there's a greater chance you will too), environmental pollution, bacteria and psychological problems.

There are glad tidings, however, when it comes to diet. *(continued on page 38)*

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ACNE: ALL THE FACTS

continued from page 36

Contrary to widespread beliefs tabooing chocolate, nuts and French fries, studies have proven that such foods are not the real villains. "I don't object if a patient has a chocolate bar or a Big Mac. They may not be great for her figure, but they will not hurt her face," says Dr. Jonathan Zizmor, author of *Dr. Zizmor's Skin Care Book* and chief dermatologist at St. Vincent's Hospital, in New York. "It's the bizarre diets—all protein, all carbohydrates—that aren't good for acne or health in general. The best thing is a nutritious, well-balanced diet. Of course, it's only common sense to stay away from a certain food if a patient finds it usually causes her to break out," he adds.

Gloppy, oil-based makeup may also play havoc with complexions by clogging pores and drowning the skin in a sea of unwanted oil. However, most doctors agree there's nothing wrong with using water-based or lightly medicated makeup that's specially formulated for oily skin. In fact, some over-the-counter cosmetics may actually help clear up acne by drying the skin as they are concealing blemishes.

Popular myths to the contrary, nervous tension and anxiety do not of themselves cause acne. But the picking and squeezing that acne sufferers often engage in during periods of stress (exams, family conflicts, dating problems) may spread infection and wreck complexions.

"When you pick at your face, you not only make all the blemishes more prominent, you also run the risk of causing permanent scarring," says Dr. Ronald C. Savin, a clinical instructor in the department of dermatology at the Yale University School of Medicine, in New Haven.

Tranquilizer therapy is merely a temporary crutch, say most doctors. Their advice to patients: Relax, and keep "itchy fingers" away from your face. Some alternatives: knitting, doodling, fiddling with worry beads and tearing strips of paper.

Oral contraceptives are generally regarded by dermatologists as among the most controversial forms of acne treatment because of potential side effects. While the pill may counteract acne (it contains the female hormone estrogen, which tends to reduce the production of sebum), the pill's serious drawbacks make it not worth taking the risk.

Exposure to natural sunlight can often be beneficial in clearing up acne by drying and peeling the top layer of skin. Also, the tanning effect helps even out blotches and camouflage scars. However, while a moderate amount of sunshine is helpful, overexposure can damage skin.

While it's difficult to predict the extent of permanent scarring in acne, there are today various surgical and chemical procedures that can improve pockmarked and pitted skin. The two most popular ones are dermabrasion and chemabrasion.

Both methods remove the top layers of skin, so that scarring isn't so deep. In dermabrasion the skin is sprayed with a freezing aerosol spray, and a revolving wire brush is used to lift off the top layer of skin. The skin forms a crust, which falls away after about two weeks, revealing the new skin underneath. In chemabrasion a chemical solution is applied to the skin to literally burn off the top layers.

However, both treatments have drawbacks. They sometimes result in hyper- or hypopigmentation (darkening or lightening of the treated portions of the skin). Also, dermabrasion isn't very effective on deep scars, since too many layers of skin would have to be removed to achieve the smooth surface you're striving for. It's also rather messy, painful and expensive (from $600 to $1,500). And chemabrasion is even more superficial than dermabrasion. In addition, both techniques can leave the skin pink and sun-sensitive for a couple of weeks.

A less well-known, less expensive and less painful procedure is the fibrin foam treatment, in which a substance is extracted from the patient's own blood, then injected into a single pit or scar. The reaction causes the skin to "plump up" from underneath, filling up the depressed scar area. This method has been found to be more effective on deep scars than either chemabrasion or dermabrasion.

"You have to be realistic in your expectations," says Dr. Zizmor, who has treated over a thousand patients with fibrin foam injections. "You can't make a scar totally flat or turn a pockmarked skin into one that's flawless, no matter what procedure you use."

It's unrealistic to expect medical research to come up with some miracle pill or lotion that will make acne disappear, but it's possible to transform a troubled skin into a healthy, glowing complexion. What it takes is scrupulous care, professional advice, and finally, patience. ❦

Celebrities Suffer Too

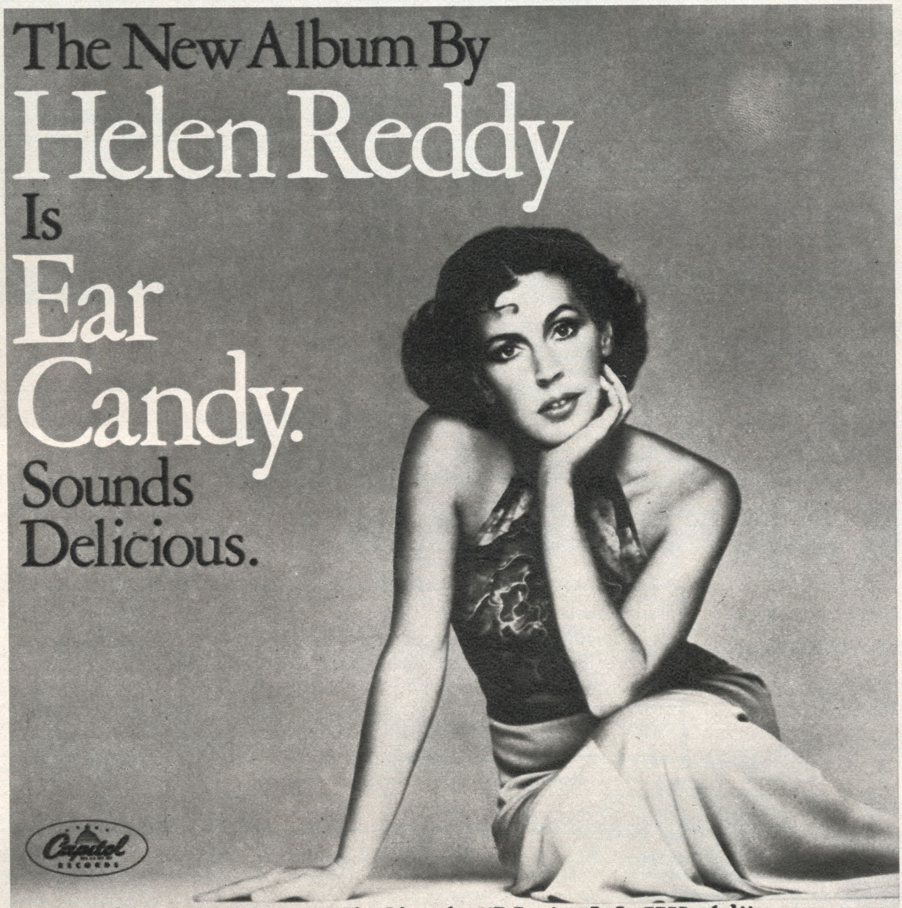
Speaking of clearing up splotchy skins, it may be of some comfort to know that an awful lot of celebrated beauties—show biz personalities and models—have complexions that are far from rose-petal pure.

For example, Jacqueline Bisset, the actress whose name often pops up on the "World's Most Beautiful Women" lists, admits not only that she has pimples but also that she sees a dermatologist about them regularly.

Actress Liza Minnelli's skin problems have made her fanatical about a special skin care regimen aimed at counteracting the effects of heavy theatrical makeup.

Cher, the TV star, suffers from severe skin eruptions, yet her breakouts haven't prevented her from posing for high fashion magazine covers or performing on TV and before live audiences.

"People are under the impression that models and movie stars go through life without ever having a zit," Dr. Zizmor says. "That just isn't true. What you see on television and in magazines is often just an illusion that's achieved with makeup and lights. No one has such perfect skin."



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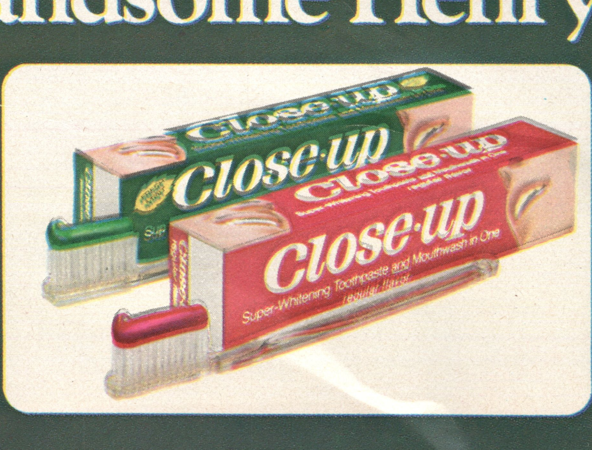
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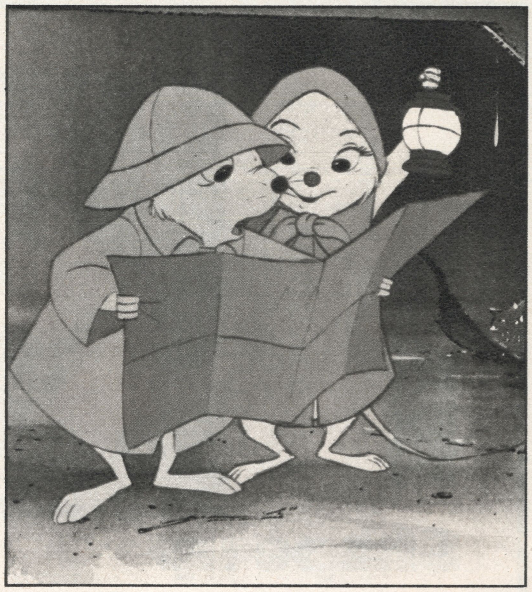
Spotlight

What teens are LOOKING at . . . LISTENING to . . .
TALKING about . . . in the world of entertainment

by Edwin Miller

Movie of the Month



Bernard and Bianca

THE RESCUERS. Two charming mice, Bernard and Bianca by name, are about to join the ranks of cherished characters from the drawing boards of the Walt Disney Studio. This droll pair of adventurers is featured in a grand full-length film based on a couple of books by Margery Sharp, *The Rescuers* and *Miss Bianca*. They're first met as members of that little-known organization of mice, the International Rescue Aid Society, headquartered in the basement of the United Nations Building in New York. When mouse scouts find a bottle in Manhattan harbor containing an urgent plea for help, Bernard and Bianca begin the search for an orphan girl which leads them to the Louisiana swamps. She was kidnapped by the wicked Madame Medusa to help her retrieve a huge diamond—"The Devil's Eye"—hidden by a pirate long ago. Bob Newhart and Eva Gabor contribute the voices of Bernard and Bianca; Geraldine Page does a devastating job as the villainous Madame. Other engaging animated characters are Orville, a fumbling bird who runs a plane service, Evinrude, a heroic dragonfly, and a pair of crocodile meanies, Nero and Brutus. The cartoon contains several engaging ballads, among them, *Tomorrow Is Another Day* and *Someone's Waiting for You*. A boon for baby-sitters, *The Rescuers* is an absolute delight no matter what your age. G*

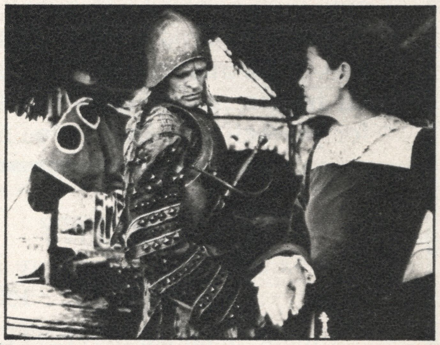
More Movies

Sissy Spacek, Shelley Duvall

3 WOMEN. Director Robert Altman wrote his screenplay for this absorbing, if baffling, movie from a vivid dream. Its meaning is locked in his subconscious, but it's worth seeing for stunning performances by Shelley Duvall, as a girl who bases her every move on magazine articles, and Sissy Spacek, as her admirer. Janice Rule rounds out the trio (possibly symbolizing Freudian id, ego and superego) as an artist in a desert setting. PG*

Ed Nelson, Harvey Keitel

SHINING STAR. A record producer, a man with a "golden ear," is forced, because of company intrigue, to dump a good rock group (played by Earth, Wind and Fire) and push a phony easy-listening trio to stardom. The direction is amateurish, but there's enough grit in the behind-the-scenes story to make this an interesting movie about the ruthless rock world, even if it's not a particularly good one. Harvey Keitel stars. PG*



Klaus Kinski, Helena Rojo

AGUIRRE, THE WRATH OF GOD is a fascinating study of madness, greed and power, an attempt to comprehend what makes people what they are, even when they plunge into what would seem the most bizarre, ill-fated adventures. This stunning German film tells of a sixteenth-century expedition in which a band of Spanish conquistadores head into the Peruvian jungles searching for the legendary Inca city of El Dorado. Subtitled. †

THE WILD DUCK. Norwegian playwright Henrik Ibsen's heartbreaking drama probes the damage done when any principle—here, living by the absolute truth—is pushed too far. It's about the impact of a high-minded fanatic on the members of a poor family, each with his or her own needs and fantasies. Anne Bennent is splendid as the doomed teen-age heroine in this riveting German film. English subtitles. †

Anne Bennent

Jacques Spiesser

BLACK AND WHITE IN COLOR. This witty, pithy French movie, shot in Ivory Coast, in Africa, studies its characters as one would observe ants in a terrarium. World War I antagonists France and Germany administer neighboring colonies. The Western world is remote; the ruling whites are decadent, bigoted, self-interested; the blacks, naive and helpless. The way the colonies enter the war is a sardonic revelation. PG*

**Motion Picture Association of America ratings*
G: General Audiences. All ages admitted
PG: Parental Guidance Suggested—some material may not be suitable for preteen-agers
† Not rated

More "Spotlight" on page 44

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1

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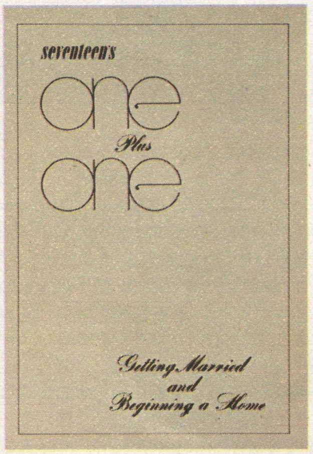

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Getting Married
and
Beginning a Home

3

Wedding plans

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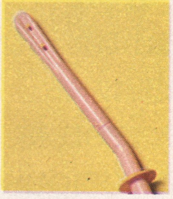
That's important, because depending on your body chemistry, you may want to use a douche concentrate or not. Or alternate between a concentrate and plain water. SHY is totally adaptable. Holds just plain water. Concentrate and water. Any solution *you* choose. So you can stay feeling fresh and clean no matter what. (A definite advantage over disposables.)

Another thing. SHY's built-in control automatically locks the solution in the bag until you're ready. In use, the bag contracts without squeezing. The rate of flow is controlled for comfort and thorough internal cleansing.

The slanted nozzle



The nozzle is slanted to conform to the shape of your vagina, comfortably. And when you're finished, both the nozzle and the bag fold easily and discreetly into their own carrying case.

SHY is economical, too. *(Disposable douches can run into money. Money that is literally thrown away.)* You use it again and again. In fact, it's guaranteed for four years.

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All things considered, isn't SHY the best solution to your douching needs?

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Spotlight

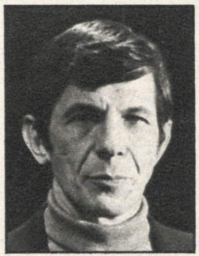
continued from page 41

Show Bits

Double takes and diversions

INDOMITABLE: That's the word for Jill Kinmont. She became, at nineteen, an "incomplete" quadriplegic (able to move only head and hands) when she had a tragic skiing accident while training for the Olympics. Nevertheless, she went on to teach school and get married. Her story inspired the movie *The Other Side of the Mountain* (SEVENTEEN covered the making of the film in February 1975). Starring Marilyn Hassett as Jill, it has emerged as one of Universal Pictures' all-time hits, so much so that Marilyn is currently making a sequel, *The Other Side of the Mountain—Part II,* covering Jill's past ten years.

SPOCK SPOOKED. Leonard Nimoy is forever enshrined in the hearts of millions of teen-agers, past and present, who know him well as *Star Trek's* serene Martian, Mr. Spock. In reruns of the indestructible science-fiction series, he still sails TV's galaxies like some ancient mariner of the future. In the flesh, Nimoy is on the boards on Broadway for a six-month run as the psychiatrist in the world-acclaimed psychological thriller *Equus.* In his efforts to unravel the mystery of the actions of a deranged seventeen-year-old stableboy, he finds himself examining his own state of mental health. But fear not, the vibrations of Mr. Spock prevail.


Leonard Nimoy

Marilyn Hassett

Jill Kinmont

Lily Tomlin

"The Bad News Bears"

AMERICAN POP: There are songs that have made our ancestors jig, others that have sent them off to war. All are an inextricable part of our history—and the stuff of *They Said It with Music: Yankee Doodle to Ragtime,* a two-hour star-bedecked special that recalls musical moments dating from 1776 to World War I. On CBS-TV, July 4, 9:00-11:00 PM ET.

SECOND INNING. So many moviegoers found baseball fun in *The Bad News Bears,* a comic yarn that starred Walter Matthau as an alcoholic Little League coach and Tatum O'Neal as his tough-talking young pitcher, that Paramount Pictures has made a sequel, *The Bad News Bears in Breaking Training.* All the youthful actors who played the parts of the misfits return in the adventures of the team en route from Los Angeles to the Houston (Texas) Astrodome, but the original stars have retired from the game.

TOMLIN TIME. Lily Tomlin takes her one-woman tour de force, *Appearing Nitely,* on national tour this month, following her spectacular success in New York. Lily's humorous monologues mix elements that are deadpan, quizzical, ironic and bizarre; if you have enjoyed her on TV and in movies and have laughed at her Polydor albums, you're likely to be amused. Arista will release highlights from the show.

More "Spotlight" on page 46

Evening wear by Julio

You don't see the smartest things she wears.

This New York fashion model wears Bausch & Lomb SOFLENS Contact Lenses to look more attractive while she's working and during her busy social life. But you'd never know it. With her "invisible frames" she gets the vision correction she needs without wearing glasses or buying fashion frames to match every outfit.

Unlike hard contacts, SOFLENS Contact Lenses are really soft, usually comfortable right from the start—without the breaking-in period of hard contacts.

Ask your eye doctor if you can wear Bausch & Lomb SOFLENS Contact Lenses, too. He will decide, based on the health of your eyes, the vision correction they need and the way you work and relax. He'll see that you enjoy all the benefits of soft contact lenses by giving you easy directions for lens wear and care. If you have any eye problems, consult your eye doctor immediately.

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Spotlight

continued from page 44

Close-up

Teen-ager Andrea McArdle shines as Annie in a beguiling new Broadway musical

MARTHA SWOPE

Andrea McArdle hadn't read the adventures of the comic-strip heroine Little Orphan Annie at the time she tried out for *Annie,* an enormously likable new musical inspired by the legendary cartoon. Thus, she knew nothing of Annie's dog, Sandy, and her zillionaire benefactor, Oliver "Daddy" Warbucks. In the musical—which takes place during the Great Depression of the thirties—Andrea plays a plucky miss who runs away from an orphanage to search for the parents she has never known. Her performance in the title role has made Andrea the sensation of the current Broadway season. (In her honor, there's even a new drink called the Orphan Annie. Made of orange juice and grenadine, it tastes a bit like a melted Popsicle and is replacing the classic ginger ale-grenadine Shirley Temple.)

Andrea stands fifty-six inches high and weighs in at seventy-six pounds. Although a show business veteran, she won't be fourteen until November. She began making TV commercials five years ago, commuting to New York from her hometown, Philadelphia, where she's in the eighth grade of the Presentation Blessed Virgin Mary school. (While away working, she's coached by a tutor.) She spent some three years playing Wendy on the CBS-TV soap opera *Search for Tomorrow* and has made a couple of TV pilots—most recently, *Horshack,* in which she plays that character's little sister, for a possible spinoff of the *Welcome Back, Kotter* TV series. ABC signed her to a two-year contract even though Andrea is set to play Annie for at least a year.

"I love *Annie,*" Andrea says. "I like theater better than TV. TV is taped. When you have a live audience, the response is different with each show—that's much nicer than playing to a camera. Saturday night audiences are very sophisticated. They don't laugh at hardly anything you think is funny. We've had so many lines that would crack us up that we wondered how we were going to keep from breaking up right onstage. And then the audience didn't laugh at all! But you get a Thursday or Friday night audience—they laugh at everything." Andrea considers this, then adds, "I'm a Friday night audience myself.

"I love comedy more than straight drama," she says. "When you're acting you try to forget who you are and be the person. And you have to read a lot about the part before you start. Annie's closer to me than any other part I could think of. She's very outspoken but not in a bad way. She says what she thinks, and she's really funny."

Occasionally Andrea's own frankness gets her into hot water. When she first had her hair dyed red for the role, she kept saying, "I hate red hair, it's disgusting. I'm tired of people who have red hair." She remarks, "I forgot that a couple of my friends have red hair, and they got really mad at me. Then I tried to cover up and say, 'Well, I mean I love red hair, but not on me!' "

When she's not working, Andrea plays jacks if she can't get to a pinball machine. "I'm a pinball freak," she explains. "I play anytime I get the chance." She has even challenged kids in the cast of a neighboring musical hit, *Shenandoah,* to impromptu contests. She says she also likes to think up new ways of fooling around. "Right before my cue to go onstage I hide behind the curtain, pretending I'm not there. That gets the other actors all upset."

Andrea enjoys being asked for her autograph, but sometimes she finds: "People ask dumb questions, and you don't know what to say. Once I answered a question about where I lived, and I kept getting collect phone calls from as far away as Florida from kids who had seen the show."

The cast of *Annie* includes six girls who appear as her sister orphans. They range in age from seven to fourteen. "We get along pretty good," Andrea muses, "although some of the kids who don't have so much to do get mad and say, 'Oh, you're a big hog. You're taking too long to say your lines.' But these kids aren't bad at all, compared to the kids you meet on TV commercials. They argue about their résumés and how many commercials they've done."

"Being thirteen—not show business—has changed Andrea," her mother remarks. "She thinks her legs are fat, even though she's so thin, and that her hair is horrible."

"It's true, it's true," Andrea exclaims. "I'll confirm it."

(Columbia Records has recorded the original cast album.)

More "Spotlight" on page 48

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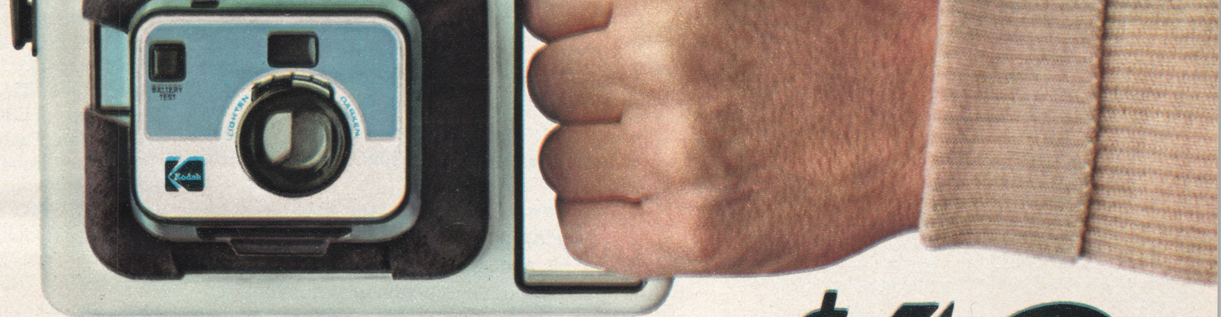

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Spotlight

continued from page 46

Records

Emerson, Lake and Palmer branch out; Dolly Parton changes her image

Keith Emerson, Greg Lake, Carl Palmer

EMERSON, LAKE & PALMER: WORKS, VOLUME 1 (Atlantic). Sometimes members of a smash rock band feel smothered by success—the bigger it gets, the harder it seems for each member ever to do his own thing. If that problem ever beset this talented symphonic rock trio, it has cut the Gordian knot with ease. In a four-sided album, Keith Emerson leads off, soloing in his own *Piano Concerto No. 1.* He's backed by the London Philharmonic Orchestra in the muscular and melodic score. On another side guitarist Greg Lake sings ballads he and Peter Sinfield wrote, with orchestral backing. Tunes range from the high-flown romanticism of *Lend Me Your Love* to the cheerful sentiments of *Nobody Loves You Like I Do.* Drummer Carl Palmer shows where his head is at on the third side, playing drums, xylophone and vibraphone in imaginative arrangements of such pieces as *The Enemy God Dances with the Black Spirits* (from Prokofiev's savagely exciting *Scythian Suite)* and his own *New Orleans.* The trio regroups on the final side for Aaron Copland's *Fanfare for the Common Man* and its *Pirates.* It's a rousing trip.

MARVIN GAYE: LIVE AT THE LONDON PALLADIUM (Tamla). With his high-flying, whisper-soft tenor voice in top form, Marvin Gaye nestles his listeners in a satisfying medley of soulful hits, present and past. Recorded in concert in England, he eases into a seemingly effortless rhythm and blues groove in ballads like *Let's Get It On,* sharing some—such as *Your Precious Love* and *Ain't Nothing like the Real Thing*—with Florence Lyles, as a warm interplay runs back and forth between him and the crowd. Also included: a sinuous, almost twelve-minute rendition of the disco hit *Got To Give It Up.*

JOHN LODGE: NATURAL AVENUE (London). John Lodge plies the strings of his acoustic guitars with sprightly skill, building up a marvelously buoyant momentum in a ballad like *Natural Avenue* and sailing sweetly through the radiant *Summer Breeze* and love songs such as *Who Could Change* and *Piece of My Heart.* His vocals, light and full of charm, set in melodic arrangements, make his outgoing music a winning experience.

DOLLY PARTON: NEW HARVEST . . . FIRST GATHERING (RCA). Dolly Parton has a sure sense of vocal style, a forceful musical personality and an ability to step outside her chosen ground—country music—without a backward look, whenever she so chooses. This robust bundle of ballads, some—like *Applejack*—with a Nashville accent, others in the romantic vein—*My Girl (My Love)* and *You Are*—are all sung with sweet spirit by a talented lady.

GARLAND JEFFREYS: GHOST WRITER (A&M). In strong, plaintive vocals, Garland Jeffreys sings of the concrete streets of his hometown (New York City), about rock and roll, about being black, about being white. Accompanying himself on guitar, and with his backup band, in such fine, supple ballads as *Cool Down Boy* or the title track, he has the knack of being able to project great heart without being sentimental. Jeffreys has been honing his craft for a decade or more; with this set, he comes into his own.

Choice Cuts

WOLF-FERRARI: THE SECRET OF SUSANNA (London). Maria Chiara takes the title role in this delightful Italian opera dating from 1906. (Susanna's secret? She smokes!) BAD COMPANY: BURNIN' SKY (Swan Song). Deft and compelling rock and roll from a group that sustains interest. VIVALDI: THE FOUR SEASONS (RCA). I Solisti Veneti in one of the most enchanting, lyrical sets of tone poems ever. THE ISLEY BROTHERS: GO FOR YOUR GUNS (Tneck). Powerhouse vocals, soul music with a beautiful rhythm and blues beat. MAYNARD FERGUSON: CONQUISTADOR (Columbia). Featuring the famed Ferguson trumpet and trombone at the head of a mellow big band; *Gonna Fly Now.* MOZART: SIX GREAT PIANO CONCERTOS (Columbia/Odyssey). Rudolf Serkin stars in six plums from the past. Gorgeous, glorious. JOHN COLTRANE: THE OTHER VILLAGE TAPES (ABC Impulse). The extraordinary saxophone artistry of a jazz genius, heading up a historic band (with Eric Dolphy, McCoy Tyner) in 1961. THE KEANE BROTHERS (20th Century). Tom Keane, who writes the words and music, is thirteen; brother John, the drummer, is twelve. Adults assist here, but it's uncomplicated and heartfelt rock.

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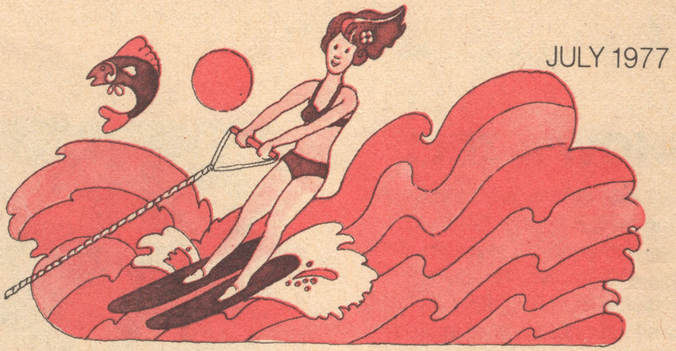
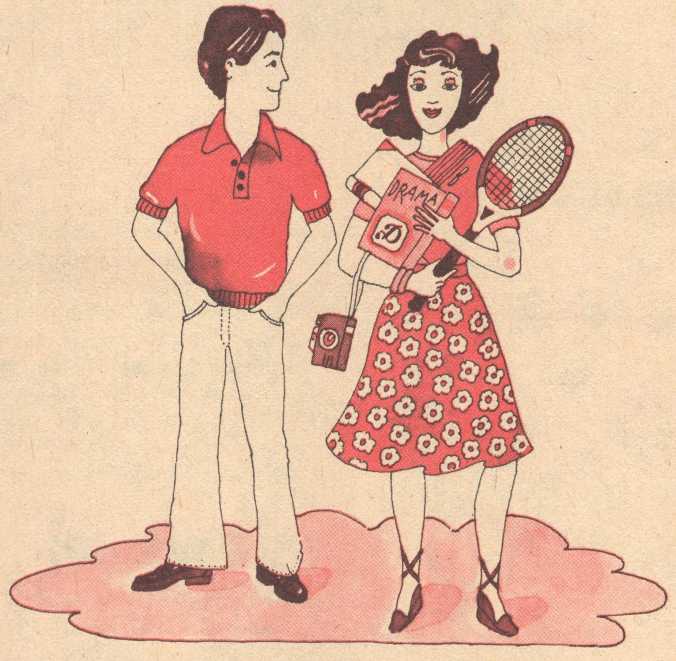
SEVENTEEN'S
mini mag

JULY 1977



Editor: Hilary Cosell Associate: Linda Konner Assistant: Laurel Graeber Design: Jean Srebnick Illustrations: Sven Lindman

what do boys think of independent girls?



In the eyes of most guys, a clinging vine doesn't shine

Do you plan all your time and activities around your boy friend? If so, it's probably *not* a good way to keep him, according to SEVENTEEN's recent check of a number of teen-age boys across the country. We discovered that you can have an active, independent social life and still have a steady guy. And if you *don't* have a boy friend, being independent might help you find one.

A typical comment comes from Richard, 17, of West Hartford, Connecticut. "For me, a girl who develops her own life style is very attractive, and I respect her a lot for it."

"A great number of activities and interests makes a girl fascinating," says Michael, 17, of Camp Hill, Pennsylvania.

Nearly every boy interviewed said he liked girls who participated in school government, athletics or community causes. In fact, four out of five guys were attracted to independent girls rather than clinging vines.

Take a look at the situations described below. Which do you identify most closely with?

"Even though I've been dating Judy for eight months, I'm thinking of breaking up with her. She has no interests of her own and depends on me too much."

—John, 15, Omaha, Nebraska

His girl friend's clinging bores John, and he's not alone in his feelings. Jim, 18, from Houston, Texas, agrees: "I don't want a girl who just waits for me to call."

Why are some girls so chokingly dependent on their boy friends? "Often they don't think enough of themselves," says Dr. Robert Willis, a New York City psychiatrist, "and they need a boy-girl relationship to provide the self-esteem they lack." John and Judy are bound to break up eventually, Dr. Willis believes, because she has little to contribute to their relationship.

"Nancy asked me for a rain check on our last movie date—she had a play rehearsal that night. I find it intriguing that she has such an active schedule. I'll definitely ask her out again."

—Matt, 19, Denver, Colorado

Matt and Nancy are both independent. Among the boys interviewed, those who considered *themselves* most independent tended to have independent girl friends, involved in a variety of activities outside their own relationship. Those few males who admitted to being dependent said they sought equally dependent females.

"I had been looking forward to a camping trip with my girl friends last month. But when Ted asked me out that same weekend, I canceled my trip."

—Lucy, 16, Bennington, Vermont

Lucy feared Ted would stop dating her if her plans excluded him. But SEVENTEEN's reporters found that more than half the boys didn't mind if their girl friends saw other girls. In fact, many boys encouraged it. "It's important for a girl to be with her own friends, since that's one area of her life that usually suffers when she's into a heavy dating scene," says Richard, 19, of Bayside, New York.

What's the key to keeping your boy friend interested—or finding an interesting one? "Get involved," urges Dr. Willis. "Develop current pursuits, and explore new ones. Your activities and enthusiasm are a large part of what makes you attractive to others."

Patrick, 18, of Richmond, Virginia, agrees totally: "A girl adds so much to a relationship if she's excited about her own life."

How independent do boys like girls to be? According to our findings, independent enough to make their own decisions about how to spend their time—but not so independent that they completely forget their boy friends.

Just pursue your own interests, and boys will be pursuing you!

—Sally Abrahams

hot lines

SHOW & TELL

All that glitters is probably gold in the exhibit of Thracian treasures at the Metropolitan Museum of Art in New York City. "Thracian Treasures from Bulgaria" includes more than 500 works of art from 2,000 years of Thracian civilization, an ancient culture that flourished in Eastern Europe. The objects are arranged chronologically, dating from the Copper Age through the Roman period. Most of the artifacts are of precious metals, including a group of gold vessels crafted around 300 BC. The exhibit, which has been shown in Paris, London, Moscow, Vienna and other European cities, will be at the museum from June 11 through September 4.

Tales about cottontails made up the bulk of Beatrix Potter's literary work. If you remember the stories of Peter Rabbit, Flopsy, Mopsy, Cottontail and Benjamin Bunny, you'll want to see "Peter Rabbit and Other Tales: Art from the World of Beatrix Potter." The comprehensive exhibit includes more than 200 sketches, photographs, drawings, watercolors, illustrated letters and original manuscripts by the renowned British artist and author of children's books. Coinciding with the seventy-fifth anniversary of *The Tale of Peter Rabbit,* the exhibit will be at the Toronto Public Library from June 17 through July 9, traveling to the Boston Museum of Fine Arts for display from August 16 through October 16.

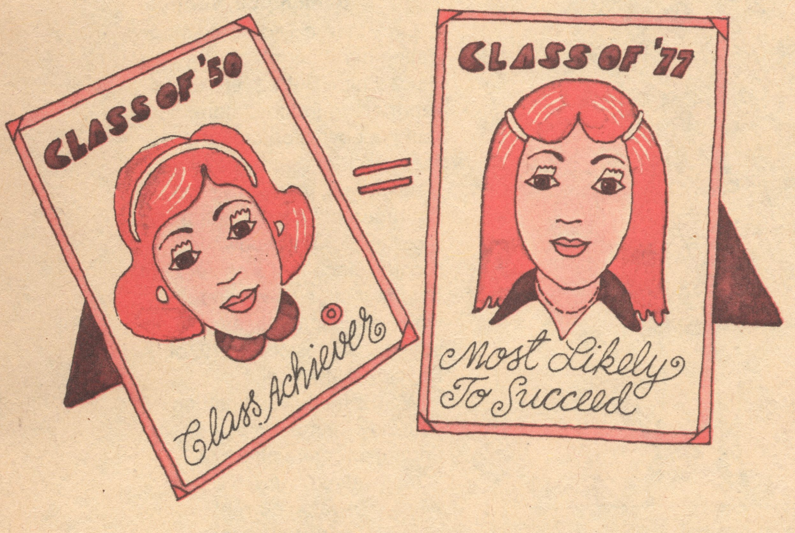
Thracian helmet mask

ON LOAN TO THE METROPOLITAN MUSEUM OF ART

SOMETHING FOR (ALMOST) NOTHING

Cranberries are popular at Thanksgiving, but have you ever thought of serving them all year? **The Scoop on Cooking with Cranberries Year Round,** free from Ocean Spray, has recipes for everything from breads to beef. Send a self-addressed, stamped envelope to Ocean Spray Cranberries, Department 555, Hanson, Mass. 02341.

In Pursuit of Equal Rights: Women in the Seventies has answers to all your questions about the Equal Rights Amendment. Send a check or money order for $1.50 to The League of Women Voters, 1730 M St. NW, Washington, D.C. 20036, and ask for publication Number 321.



LIKE MOTHER, LIKE DAUGHTER

When you grow up, you may find you've inherited more than your father's nose or your grandmother's eyes. If you decide to pursue a career, chances are you got your ambition from your mom.

In a study of the background and achievements of 153 female college graduates, psychology professor Jeanne Marecek, of Swarthmore College, in Pennsylvania, discovered that daughters of working mothers were more likely than other young women to choose a career before graduation, to graduate with honors, to further their education, and to postpone marriage until later in life.

"Having a working mother permits a girl to begin considering her own occupational future earlier and with more seriousness," Dr. Marecek explains.

Dr. Marecek's study also found that daughters of working mothers tended to cite self-fulfillment as an important career value and were more likely to actively pursue their goals.

THUMBS UP!

Do friends and family tell you you're all thumbs? If so, here's thumbthing to do with them—thumb-wrestle!

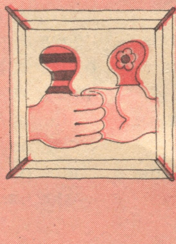
Thumb wrestling, an international sport that originated in Denmark 2,000 years ago, is becoming popular once again on campuses throughout the country. Although cases of "charley thumb" sometimes occur, thumb wrestling is nonviolent—and fun.

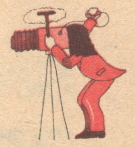
Official "thum wrasslin'," as Bob Schmidt, founder of the American Thum Wrasslin' Association, calls it, takes place in a miniature wrestling ring. Keeping wrists on the table, curl your fingers around your opponent's, and with your thumb attempt to pin his or her thumb down for a count of three. A tournament consists of five 30-second rounds; the winner receives five points for each pin-down.

The players must wear "thummys" (rubber coverings to protect thumbs from being scratched) and mitts (to protect other fingers from gouges).

Write to the American Thum Wrasslin' Association at 505 Park Ave., New York 10022, and they'll send you a manual, membership card and catalog (enclose 50¢ for postage and handling).

—Cathy Gigante





Machines haven't taken over the world yet, though they are dominating the job market. The increasing reliance on computers in establishments ranging from grocery stores to hospitals has created employment for more than 50,000 skilled workers.

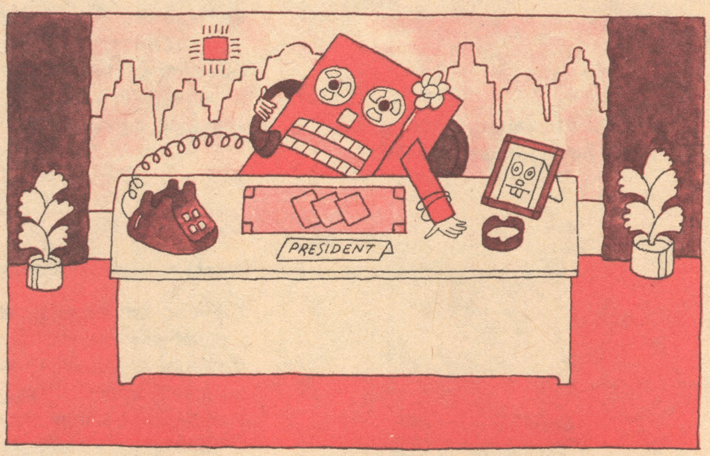
Bradford Daggett, director of The Computer Learning Center, in Fairfax, Virginia, predicts that the computer field will continue to expand through 1990. "Someday we'll be using computers in our homes," he says. "As the application of computers becomes even more diversified, the demand for trained personnel increases."

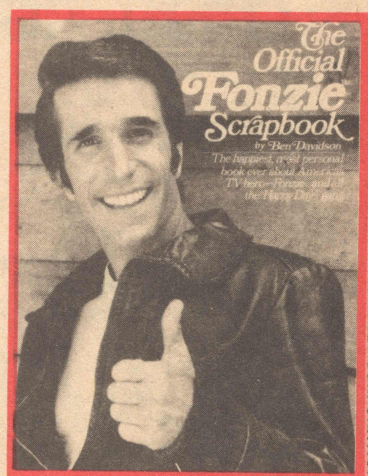
If you're interested in tackling this new technology, there are more than 40 accredited technical schools around the country that teach computer sciences. Areas of specialization include computer programming, in which students learn computer languages and how to write programs; and operations, in which students learn to read programs and run the machines. Some schools provide job placement programs. Graduates can go on to computer design or production, and many students pursue further training on the college level.

Entry requirements include a high school diploma and a passing grade on the school's admissions test. For further information, write to The Computer Learning Center, 9401 Lee Highway, Fairfax, Va. 22030. And the National Association of Trade and Technical Schools, 2021 L St. NW, Washington, D.C. 20036, will send a free directory of schools.

—Laura Katz

THE DATA PROCESS





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AAY! THE FONZ

Happy days are here again with *The Official Fonzie Scrapbook* by Ben Davidson (Grosset & Dunlap, $3.95). The *Scrapbook* will tell you everything you always wanted to know about The Fonz, the Cunninghams and the rest of the gang from *Happy Days*. Are you aware, for instance, that Henry Winkler acted in his first musical in the eleventh grade? The book includes photographs, interviews and a history of the show. In case you want to send members of the cast a card, there's also a list of everybody's birthday.

DOVER PUBLICATIONS, INC.

Lauren Bacall

Greta Garbo

Marlon Brando

Jean Harlow

Vivien Leigh

STARGAZING

Film companies once made a fortune from shooting stars—and they weren't the kind that fell from the sky.

Hollywood studios hired photographers to take still portraits of screen idols like Marlon Brando, Jean Harlow and Vivien Leigh. The pictures appeared on movie posters, in fan magazines and in fashion sections of other publications.

Hollywood Glamor Portraits, 145 Photos of Stars 1926-1949, edited by John Kobal (Dover, $5), lets you meet the greats face to face. The book features 94 stars from the screen's Golden Era and includes the thoughts of five top photographers who caught their charisma on camera.

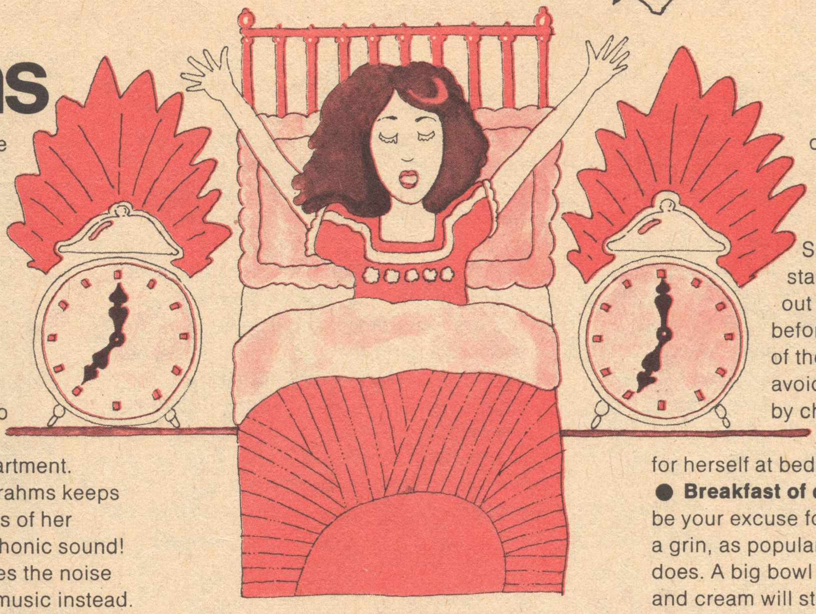
Even if you've never seen Bogart and Bacall in *To Have and Have Not,* you'll learn why a picture is worth a thousand words—and sometimes, thousands of dollars.

RAP-UP

Teens are talking about . . . summer jobs . . . lacy handkerchiefs . . . tabletop shuffleboard . . . Bob Dylan's divorce . . . Jackson Browne . . . the upcoming movie musical about the '50s, *Grease*.

focus

sleep and dreams



WAKING UP IS HARD TO DO

SEVENTEEN staffers and models tell how to make it easier

Few of us like leaving the coziness of bed. Eventually, though, we all have to. Here, some SEVENTEEN staff members and models offer their suggestions for starting the day with your sunny side up:

● **Alarming news.** "I keep my clock across the room so I have to get up to shut it off," says Robyne Marcus, of the fashion department. Features assistant Sally Abrahms keeps two alarms at opposite sides of her room to wake up to stereophonic sound!

● **Other eye-openers.** Does the noise of an alarm rattle you? Try music instead. General features/fiction editor Annette Grant, for example, awakes to the tuneful tinkle of her Swiss music box, which is hooked up to a timer. If *any* sound is too painful at that time of day, do as food editor Olga Rigsby does: Keep your window blinds open so the sun can gently rouse you.

● **Plan ahead.** SEVENTEEN's June cover girl Micaela Sundholm gets a head start on the day by laying out her clothes the night before. And Andrea Alberts, of the beauty department, avoids early-morning frenzy by checking the "To Do" list that she prepares for herself at bedtime.

● **Breakfast of champs.** Let breakfast be your excuse for greeting the day with a grin, as popular model Jayne Modean does. A big bowl of fresh strawberries and cream will stimulate you—and your appetite—deliciously.

● **Head set.** "Think happy" is SEVENTEEN model Cassandra's advice. Open the window as wide as you can, breathe in the fresh morning air, and anticipate a glorious day.

—Cathy Gigante

SONGS FOR SLEEPYHEADS

Can you match these dreamy tunes with the shining stars who made them famous?

1. ***California Dreamin'***
2. ***Dream Weaver***
3. ***Wake Up Little Susie***
4. ***Daydream Believer***
5. ***Dream On***
6. ***When You Awake***
7. ***Sleepwalker***
8. ***Golden Slumbers***
9. ***Daydream***
10. ***Night Owl***
11. ***Sleep's Dark and Silent Gate***
12. ***I Like Dreamin'***

a. Everly Brothers
b. The Beatles
c. The Kinks
d. James Taylor
e. The Mamas and Papas
f. Jackson Browne
g. Gary Wright
h. Aerosmith
i. Kenny Nolan
j. The Band
k. Lovin' Spoonful
l. The Monkees

Answers:
1:e. 2:g. 3:a. 4:l. 5:h. 6:j. 7:c.
8:b. 9:k. 10:d. 11:f. 12:i.

CATNAPS FOR THE

What your animal dreams mean

Ever dream about a cat rubbing against your leg or a hound baying in the foggy distance? These creatures frequently appear; have you wondered what they might represent?

Throughout history dreams involving dogs, cats and other animals have been regarded with awe. Animal dreams were revered as prophecies, warnings and problem-solvers.

Nowadays people tend to look upon animals, particularly dogs, almost as human beings, with whom they may have a close relationship. So it's quite possible that dogs in dreams stand for real people, maybe even yourself. Also, dreams are often a disguise for thoughts and impulses normally considered unacceptable or forbidden in our waking lives. Large dogs, hungry dogs or barking dogs may each indicate something you're afraid to think of on a conscious level. A dog dream may symbolize that you're looking for a relationship free from any responsibilities, just as many dog owners are adored by their pets without having to work for that devotion. And take note when you dream about angry, fighting dogs—somewhere in your mind you may be having mistrustful thoughts about friends or relatives. You may unconsciously be suspicious of harm,

DREAM BELIEVER

Do yours come true? Don't laugh—some foretell the future

Some people have dreams that predict winning lottery numbers or the outcome of a close election. Such dreams, which tell the future, are called *precognitive*.

"Dreaming releases psychic energy that our conscious mind blocks," says dream researcher Bob Nelson, of the Central Premonitions Registry, in New York. And Ron Mangravite, of the Jersey Society of Parapsychology, has found teen-agers have psychic experiences 20 percent more frequently than adults.

You can send a description of your dream to either agency, which will record it and give you credit if it comes true. While dreams about you, your family and friends will be accepted, these agencies prefer those concerning more cosmic matters—such as earthquakes, wars and election results. Researchers hope such dreams will help lay the groundwork for an early-warning system for floods, fires and the like.

For details, send a stamped (25¢), self-addressed envelope to Bob Nelson, c/o Central Premonitions Registry, Box 482, Times Square Sta., New York 10036, or Jersey Society of Parapsychology, Box 2071, Morristown, N.J. 07960.

Maybe your dreams don't forecast the future but do manage to keep you in touch with people who matter to you. They could be *telepathic*. Research into telepathic dreams was conducted at the dream laboratory of the Maimonides Medical Center, in Brooklyn, New York, over a period of eight years. Electroencephalograph (EEG) electrodes were attached to each subject to monitor his brain waves and detect when he was dreaming. In another room a "message sender" concentrated on a picture, and during the night the dreamer was awakened and asked about his dreams. In most cases they were staggeringly similar to the "messages" being transmitted. And the chance the results were coincidental was one in a billion.

Experiment with your own dreams. Ask a friend who plans to stay up late into the night to concentrate on one or more pictures that affect him emotionally. Meanwhile you'll be asleep and dreaming. When you wake up, jot down your dreams; compare notes with your friend. Who knows? You could be starting a new trend in sending messages. Think of what you'll save on phone bills! **—Reggie Emmanuel**

DOG-TIRED

betrayal or fraud. But dogs are also associated with pleasure, feelings of security and healthy, positive relationships. They represent friends and protectors.

Cats are often related to treachery and deceit in dreams. They are creatures of the night and are considered by many to be somewhat sneaky. Legends hold them to be the familiars of witches and devils. Thanks to their superb abilities as mouse-catchers, they're seen by some dream analysts as harbingers of prosperity. Sigmund Freud referred to cats as sex symbols, and the ancient Egyptians regarded them as gods. In a dream a cat may very likely represent beauty and charm. Felines also stand for freedom, grace and cleanliness, and lions, larger members of the cat clan, symbolize strength and courage. The poet T. S. Eliot believed that cats are thinking of their true names when they stare into space, so if you dream about gazing cats, you may be going through an identity crisis.

What about the dreams that your *pet* has? It is now generally accepted that animals have nocturnal fantasies of their own. The question that remains is: What does it mean when Spot or Kitty dreams about *you*? **—Mordecai Siegal, author of *The Good Dog Book***

VICTORIANA

Hi... It's been a long time

More dreamy interpretations: Singing may be dandy, but not if you're doing it in your dreams—it means your boy friend will be eloping with someone else. Dancing is a better omen—it signifies that you'll be hearing from a long-lost friend. Reading a newspaper in your dreams? That's good news—your boy friend will be proposing marriage any day! Many Victorians took their dreams seriously, and you'll have fun reading the mini-analyses in *The Victorian Book of Dreams* (Stephen Greene Press, $1.95).

DREAMYTIME DRINK

Sip yourself to sleep

On these hot summer nights, even the best sleepers often have trouble getting enough shut-eye. What to do to bring on the sandman? Slide out of bed, and stir up the drink below, designed to soothe even the most restless body to sleep.

1 cup milk
1 teaspoon honey
1 orange slice.
1 cinnamon stick
1 tablespoon nonfat dry
    milk solids
1 filter bag chamomile flowers
    (available in the gourmet
    section of a supermarket
    or a health-food store)

In a saucepan, combine all ingredients except filter bag; simmer for three minutes. Bring to a boil; immediately strain liquid into a teacup containing the chamomile filter bag. (Put aside orange slice and cinnamon stick to use as garnish.) Cover; let stand for two minutes. Remove filter bag; garnish. Makes one serving.

here's how

SOMETHING FISHY Get in the swim with goldfish

If you don't have enough sunlight to grow lush plants, try decorating your room with a miniature underwater goldfish gallery.

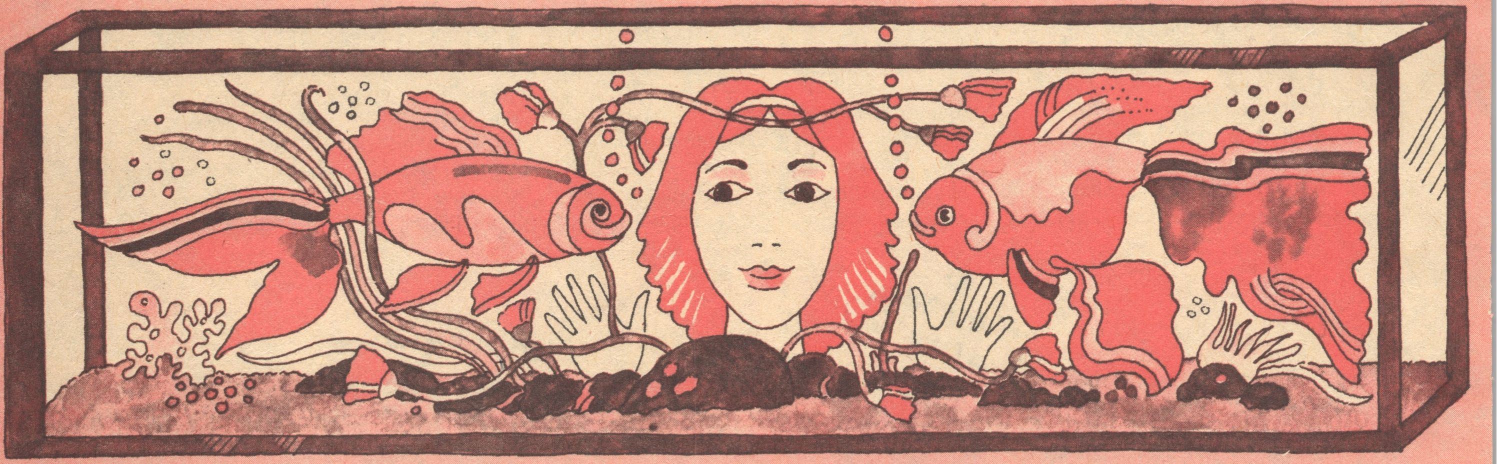
● **Cast off:** Start with the Comet and Fantail varieties. They're hardy, inexpensive (ranging in price from 29¢ to $4, depending on size) and readily available in pet stores. The Comet is a lively one, with a long, slender body colored orange or red. The Fantail, a more exotic-looking fish, has a short body with long fins and tail, and flashes past in several colors: orange, red and white, and calico.

● **Think "tank":** Before you bring fish home, you must create the proper environment for them. A rectangular tank with a filter and pump system (about $20) is best, but goldfish can be kept healthy and happy in any glass bowl with a water capacity of two gallons or more. Just be sure the bowl has a wide surface area—shallow containers are better than tall, narrow ones. Age the water for two or three days before putting fish in it, and make sure to change at least 10 percent of the water once a week if you do not have a filter system. (Stir up the gravel in the bowl to release dirt.)

● **Make an underwater garden:** Decorate your aquarium with the colored pebbles sold especially for fish tanks. *Don't* use seashells; they pollute the water. Add clusters of anacharis plants (about 49¢ in pet stores) for greenery and for the fish to snack on. Anacharis will thrive and grow in sunlight, but don't let the water get above 80 degrees.

● **Get a nibble:** Feed your fish a prepared blend of dry flakes, such as TetraFin, once every two or three days. Follow package directions; don't overfeed them!

—Susan Koenig



BAREFOOTIN' Take the heat off your feet

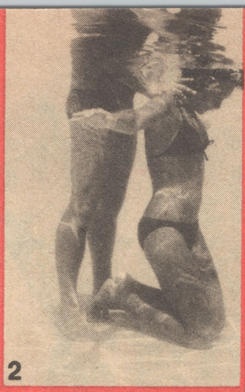
Kick off your shoes, click your heels together, and go absolutely barefoot! It will make you and your feet feel healthier and happier, says Dr. Paul W. Brand, professor of surgery at the School of Medicine of Louisiana State University at New Orleans.

Dr. Brand recommends going barefoot for at least a few hours every day. It will stretch unused or improperly used muscles and give your feet a needed rest from the confinement of boots and the strain of heels and platforms.

Walking barefoot also allows the feet to feed the mind with a constant stream of information about the environment that it normally doesn't receive. "The foot should be able to experience different angles, textures, surfaces, temperatures—anything at all," advises Dr. Brand.

Of course, going barefoot on dirty city sidewalks is a health hazard. If you can't get outdoors every day this summer, take your shoes off inside the house. Spread your toes, arch your feet, walk on a soft carpet.

Now that summer's here, take advantage of it—and even if the shoe fits, don't wear it! **—Peter Albertson**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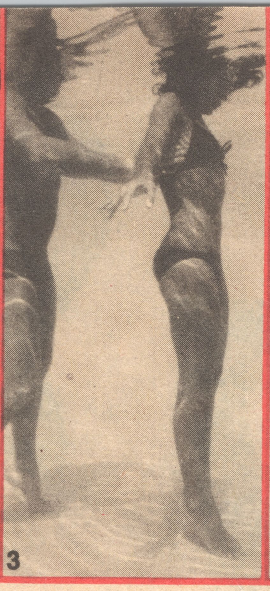
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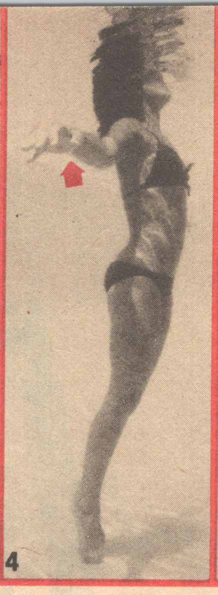
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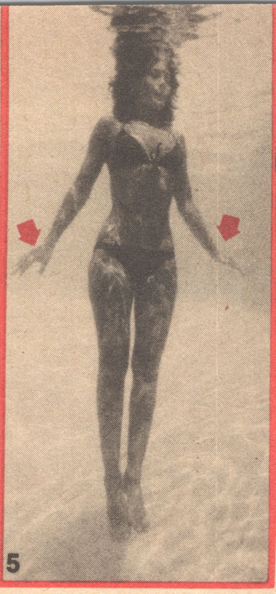
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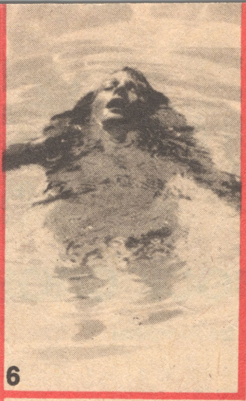
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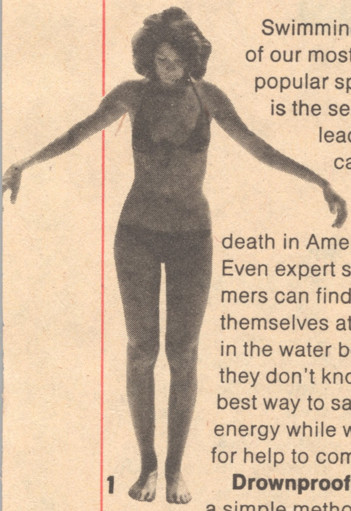
CARROLL SEGHERS II

SINK, DON'T SWIM

Learn this water-safety technique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Swimming, one of our most popular sports, is the second leading cause of accidental death in America. Even expert swimmers can find themselves at sea in the water because they don't know the best way to save energy while waiting for help to come.

Drownproofing is a simple method of staying afloat indefinitely with almost no body motion. Wherever you swim, practice this drownproofing technique, preferably starting with instruction—available through the Red Cross or your local Y.

● **Position yourself:** Stand up with head bent slightly forward, arms downward, legs close together (Figure 1). Hold the position until your muscles "memorize" it. Practice on land first; after you practice breathing (see below), move into shallow, then deep, water (Figures 2, 3).

● **Breathing:** The idea is to surface only as often as you need a breath; move as infrequently as possible to conserve energy. Float "standing up," face under the surface. Raise arms to shoulder level, and tilt head back (Figure 4) until *nose and mouth only* are above water. If you have trouble rising to the surface, gently press arms downward and do a scissors kick (Figure 5). *Inhale* as you break the surface of the water (Figure 6). Sink back underwater into the original drownproof position, and *exhale* through your mouth and nose.

Avoid these common errors when learning to stay afloat:

DON'T tread water. It will tire you and wear down your body's resistance.

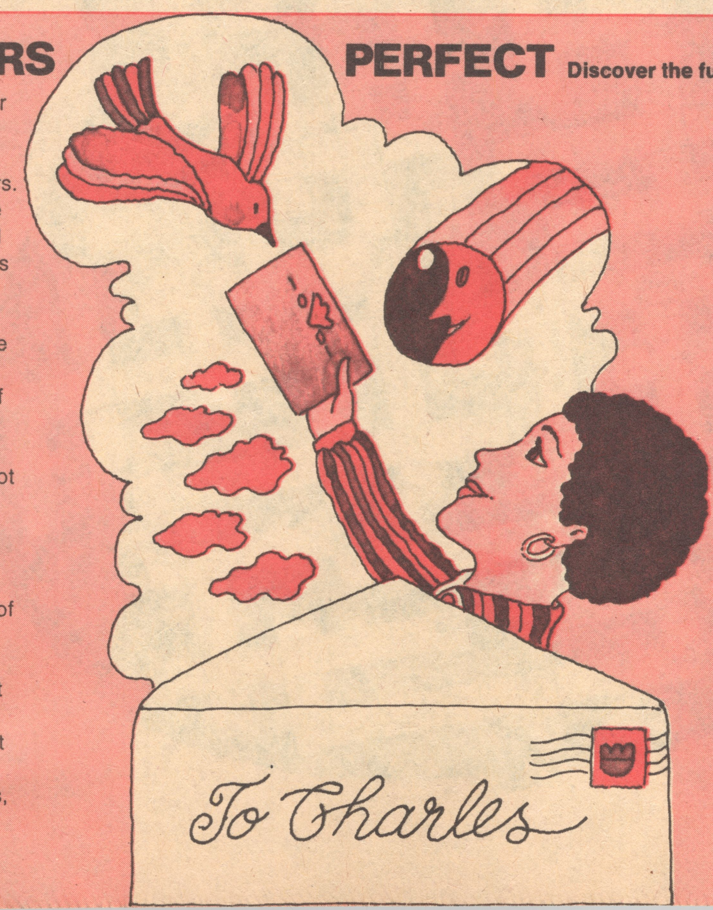
DON'T try the drownproofing technique for very long periods of time or in extremely cold water. Both can lead to a substantial loss of body heat, which can cause drowning.

DON'T practice drownproofing alone—and don't swim alone.

For a fuller explanation of the drownproofing method, including step-by-step photos and instructions, send $1.95 (check or money order) to Drownproofing/The Travel Advisor, Box 31056, Washington, D.C. 20031.

LETTERS PERFECT

Discover the fun of sending and getting mail



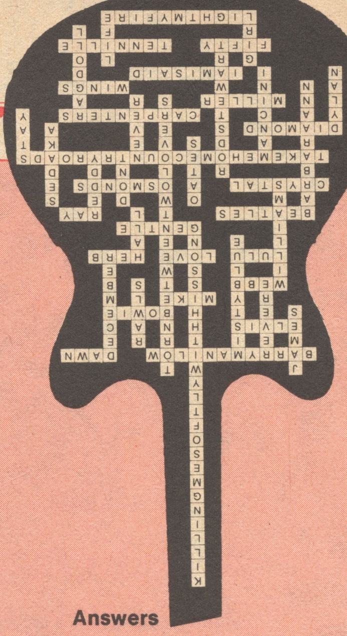
Think the phone is mightier than the pen? Maybe you've just forgotten the pleasures of writing and receiving letters. Yours needn't be dull—make them romantic, revealing and personal by taking these hints from famous letter-writers.

Be descriptive. First Lady Abigail Adams wrote first-rate letters full of spirited detail. She described the location of the White House as "the wilderness" and noted its inconveniences: "We have not the least fence or yard. . . . The great audience room I make a drying room of, to hang up the clothes in." Abigail's letters created one of our best records of life in early Washington.

Be winning. Elizabeth Barrett took a romantic fancy to her pen pal Robert Browning. But how to win him with words? She wrote to ask his opinions, quoted books she had read, and let him know she was interested—and interesting. Robert couldn't resist answering. Before long, he asked her to marry him.

Be inspiring. Zelda Fitzgerald was the inspiration for many of husband F. Scott Fitzgerald's fictional heroines. Her letters show why: "Please don't be so depressed—we'll be married soon. Don't you think I was made for you? I want you to wear me, like a watch-charm or buttonhole bouquet."

Be yourself. For Emily Dickinson, letter-writing was a way to share her thoughts. "If I read a book," she wrote Colonel Thomas Higginson, "and it makes my body so cold no fire can ever warm me, I *know* that is poetry." Although the Colonel never met the reclusive poetess, they corresponded faithfully for 24 years! **—Susan Lapinski**



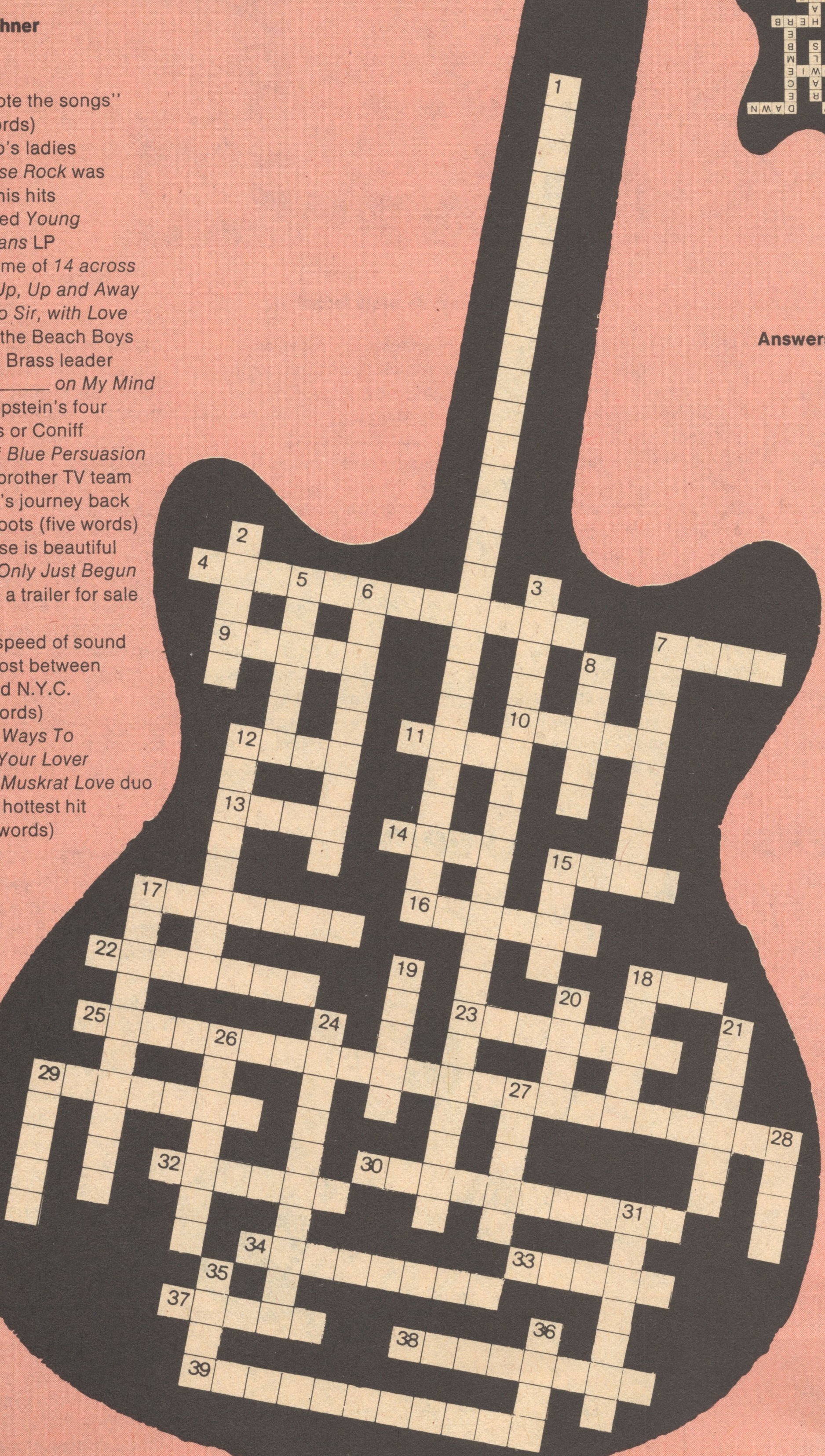
Answers

ROCK CROSSWORD

by Irv Brechner

Across

- **4.** He "wrote the songs" (two words)
- **7.** Orlando's ladies
- **9.** *Jailhouse Rock* was one of his hits
- **10.** Recorded *Young Americans* LP
- **11.** First name of *14 across*
- **12.** Wrote *Up, Up and Away*
- **13.** Sang *To Sir, with Love*
- **14.** One of the Beach Boys
- **15.** Tijuana Brass leader
- **16.** __________ *on My Mind*
- **17.** Brian Epstein's four
- **18.** Charles or Coniff
- **22.** Type of *Blue Persuasion*
- **23.** Sister-brother TV team
- **25.** Denver's journey back to his roots (five words)
- **29.** His noise is beautiful
- **30.** *We've Only Just Begun*
- **32.** He had a trailer for sale or rent
- **33.** At the speed of sound
- **34.** A guy lost between L.A. and N.Y.C. (four words)
- **37.** _____ *Ways To Leave Your Lover*
- **38.** Half of *Muskrat Love* duo
- **39.** Doors' hottest hit (three words)



Down

- **1.** Roberta Flack hit (six words)
- **2.** ________ Taylor
- **3.** Mary MacGregor's problem (four words)
- **5.** Paul ________ and the Raiders
- **6.** Dorothy Moore's 1976 hit (two words)
- **7.** Best month of 1963
- **8.** Sang *You'll Never Find Another Love like Mine*
- **12.** *Happy Days* singer
- **15.** He and *19 down* sang *She's Gone*
- **17.** Beach Boys' favorite girl (two words)
- **18.** She is woman
- **19.** See *15 down*
- **20.** ________ *Let the Rain Fall Down on Me*
- **21.** Sang *Breaking Up Is Hard To Do*
- **24.** Maggie Mae's man (two words)
- **26.** Wrote *Pink Panther* theme
- **27.** ________ *Can Say Goodbye*
- **28.** "________, just a little bit longer . . ."
- **29.** He was Bob Zimmerman
- **31.** Four Seasons' hit (two words)
- **35.** *Young ________, ________ Like You*
- **36.** ex-*17 across* asked, "What is ________?"

Head & Shoulders

I never tried a dandruff shampoo. I just sort of ignored my occasional itches and flakes. After all, my hair had bounce and shine and was very delicate. And since I washed my hair an awful lot, I really wanted a mild shampoo.

Then my best friend (who has gorgeous hair, by the way) told me about Head & Shoulders. She said I'd love the fresh smell, the thick, rich lather. And it would leave even my baby fine hair soft and shiny, while controlling dandruff at the same time. She told me Head & Shoulders was the only shampoo she used.

I sure am glad I listened to her. Head & Shoulders is everything she said it was. You can see for yourself how wonderfully shiny my hair is. And not a worry about those itches and flakes. Now I wouldn't trust my hair to any shampoo but Head & Shoulders.

"Trust my bouncy, shiny hair to a dandruff shampoo? I didn't believe they could be mild enough. Luckily I discovered Head & Shoulders."

Head &
Shoulders
shampoo

With Head & Shoulders you don't have to give up a thing. Except a little dandruff.

What does it mean when your lips break out?

There's little natural protection to keep lips moist and soft. So when lips break out, it can mean a couple of things.

First, a sore and inflamed spot on your lips may be a minor bacterial infection that started out as only chapping. This causes cracks and crevices that are easy targets for infection.

But there's another kind of break out to watch for. This is a cold sore or fever blister. Doctors call it Herpes Simplex.

Blistex: Medicated help.

Some people are prone to cold sores. Many of them have found that by applying and massaging Blistex medicated ointment into their lips every half hour before the blister appears can prevent the Herpes Simplex from appearing. Even after a cold sore breaks out, Blistex medications soften sores and help relieve pain and itching while speeding the drying process that promotes healing.

You can find out more about how to care for your lips by sending for our free booklet, "Lip Care by Blistex." It describes the special problems of lip skin and outlines a program of lip care that helps keep lips pretty and healthy. For your free booklet, send your name and address to Blistex Inc., Dept. S, Oak Brook, Illinois 60521.

To help heal sore, dry lips, sunburned lips, cold sores and fever blisters, use Blistex medicated ointment. To help prevent sore, dry lips caused by sunburn and windburn use Blistik, the medicated stick lip balm. Both these medicated preparations are available at drug stores and supermarkets everywhere.

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SEVENTEEN'S ANNUAL PHOTOGRAPHY CONTEST

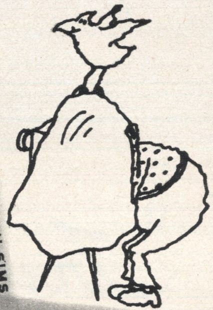
PRIZES

You'll compete for six $100 prizes. Each of the winning photographs will appear in the April 1978 issue of SEVENTEEN.

HOW TO ENTER

Submit *no more than* two black and white or color photographs (do not send slides) on the theme described below. Include your name, address and birth date on the back of each print. Developing and printing may be done either by a photo finisher or by you. Save negatives from which submitted prints are made, but send no negatives until requested. Do not mount or retouch in any way the prints or negatives from which they are made. Cropping and enlarging are permissible. If you want your photographs returned, enclose a self-addressed, stamped envelope. *Winning photographers will be asked to obtain a written consent for publication signed by each recognizable person in the photograph.* Entries are due by August 15, 1977.

JUDGING: The art director will judge pictures on interpretation, photographic quality, appropriateness for SEVENTEEN.



DEBORAH SIMS

THEME

What does freedom mean to you? Is it the image of a Revolutionary monument or a picture of a ballet dancer pirouetting across the floor? Is it the last day of school, a friend hang-gliding on top of a Colorado mountain or a leaf floating on a pond? Only you know the answer. Each contest entry must try to illustrate your own original idea of this theme.

Contest Rules:
Boys and girls at least thirteen and under twenty on August 15, 1977, are eligible to enter. Employees of Triangle Communications Inc. and their immediate families may not compete. Only original work that has never been published in any form may be submitted. Send entries to SEVENTEEN, Photography Contest, 850 Third Ave., New York, N.Y. 10022. SEVENTEEN cannot be held responsible for damage or loss. All decisions are final, and winning entries become and remain the sole property of Triangle Communications Inc.

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for women

After the guys taste defeat,

a consolation supper. From Kraft.

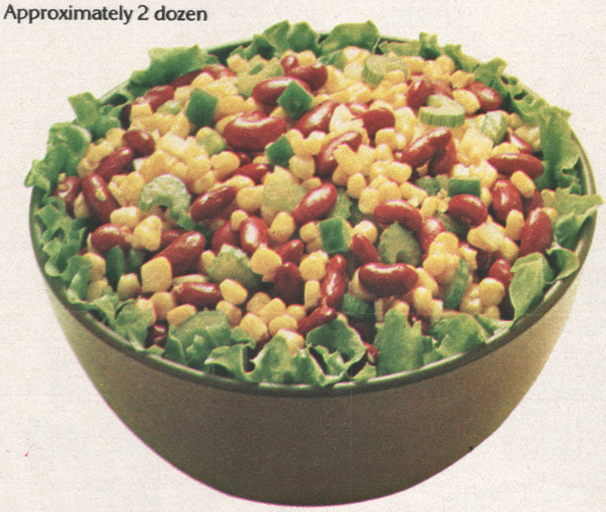
Guys take their softball seriously, so wipe those smug grins off your faces! Then wash the dust off your hands and dish up this easy, make-ahead supper. It's so hearty and good-tasting, their battered pride will be restored in no time. With a little help from Kraft, you'll all be winners.

CATCHER'S MITT COOKIES

½ cup PARKAY Margarine
½ cup granulated sugar
½ cup packed brown sugar
1 egg
½ cup creamy peanut butter
½ teaspoon vanilla
1¼ cups flour
½ teaspoon soda
¼ teaspoon salt
KRAFT Fudge Topping

Cream margarine and sugars until light and fluffy. Blend in egg, peanut butter and vanilla. Add combined dry ingredients; mix well. Shape rounded teaspoonfuls of dough into balls; place on ungreased cookie sheet. Flatten balls, using fork, in a criss-cross pattern. Bake at 375°, 8 to 10 minutes or until lightly browned. Cool thoroughly. Spread topping on bottoms of half the cookies. Top with remaining cookies.

Approximately 2 dozen



HOME RUN RELISH

1 16-oz. can kidney beans, drained
1 12-oz. can whole kernel corn, drained
½ cup celery slices
¼ cup chopped onion
¼ cup chopped green pepper
⅓ cup KRAFT French or CATALINA French Dressing

Combine all ingredients; mix lightly. Cover; chill overnight.

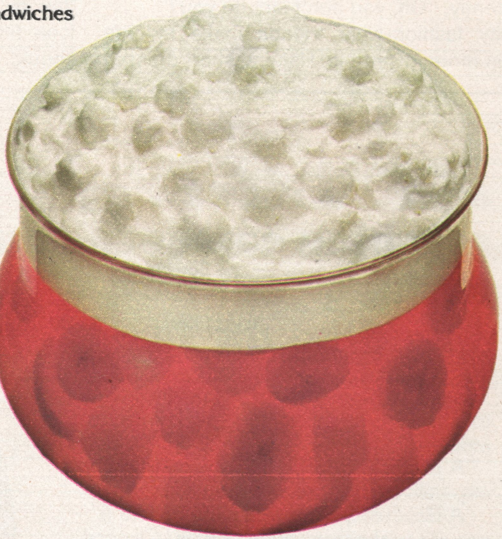
8 servings

10th INNING BURGERS

1½ lbs. ground beef
1 8-oz. jar CHEEZ WHIZ Process Cheese Spread
6 hamburger buns, split, toasted
Pickle slices
Lettuce
Tomato slices

Combine meat and ½ cup cheese spread, mixing until well blended. Shape into six patties. Broil or grill to desired doneness. Cover bottom halves of buns with beef patties, remaining cheese spread and pickles. Cover top halves of buns with lettuce and tomato slices.

6 sandwiches



UMPIRE'S CHOICE SALAD

1 20-oz. can pineapple chunks
2 3-oz. pkgs. strawberry flavored gelatin
2 cups boiling water
2 bananas, sliced

* * *

2 cups KRAFT Miniature Marshmallows
1 cup heavy cream, whipped
⅓ cup KRAFT Real Mayonnaise

Drain pineapple, reserving syrup. Dissolve gelatin in boiling water. Add enough cold water to reserved syrup to make 2 cups; stir into gelatin mixture. Chill until partially set; fold in fruit. Pour into 2-quart serving bowl; chill until firm.

Fold marshmallows and whipped cream into mayonnaise. Spoon over gelatin; chill.

8 to 10 servings

Count on Kraft to help you do it right

Cheez Whiz
PARKAY MARGARINE
KRAFT
KRAFT REAL Mayonnaise
KRAFT FRENCH DRESSING

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TEENWORK

by Kathleen Canter, 19, Utica, N.Y.

In My Opinion

Pale is pretty too!

It's ninety degrees in the shade, and my friends are heading for beaches, lakefronts and patios to begin that three-month ritual of soaking up the sun. But this year, I'm not joining them. They'll have to call me "Paleface"—because I *refuse* to be coerced into trying to get a tan!

I'm one of those pale people who never tan. Instead I burn—in spots. By the end of the summer, I look like a red-and-white-checked tablecloth, and I'm buying moisturizer by the gallon in hopes of renewing my scorched skin.

Let's face it—if you don't tan, you're a social outcast among the sun set. By the second week of June, my best friend orders, "Put out your arm. I want to see if I got any darker this weekend." By the middle of August, acquaintances are murmuring innocently, "Oh, you don't tan, do you?"

My fashion-wise friends make my life even more miserable. Halters, short dresses and bikinis, they say, are off limits to anyone who doesn't have definite lines of demarcation on her body. Coffee-colored nylons should be worn at all times (except at the beach, of course). And wearing black or white is out of the question!

Two summers ago I burned myself to a crisp. Last summer I hibernated in turtlenecks and caftans. This summer I'm stopping all that nonsense. I've discovered that pale is pretty, and I'm hitting the tennis courts and beaches in shorts and halters, with a good sunscreen slathered over my arms, legs and face. I won't avoid the sun—but I won't worship it either.

The sun may be good for fair-skinned people—in small doses. However, according to dermatologists, the teen-age girl who bakes in the sun for hours on end may find that by the time she is forty, her skin will look fifteen to twenty years older than it should. Years of intense sunbathing can result in wrinkles, skin folds, sagging flesh and a leathery texture.

But aging skin isn't the only result of overexposure to the sun. Medical evidence shows that skin cancer is a hazard not only to the farmer, sailor and rancher but to the outdoor sportsman and ardent sun worshiper as well. And doctors say that skin cancer occurs *more frequently* in light-skinned than dark-skinned persons.

This summer when your best friend tells you that you've just *got* to get a tan, tell her that you don't want a face that looks like the Gobi Desert—and that you won't risk getting skin cancer either. And tell her, too, that you aren't going to hide your alabaster skin this year. Instead you'll show it off!

Wear those strappy sundresses and delicate sandals. They look ultrafeminine with fair skin. Try a hint of peach-colored blush on your bare shoulders and cheeks for a sun-touched look. Use a good sunscreen, and treat yourself to bath oils and moisturizers—fair skin should be extrasoft. Wear black at night. Pale can be sexy!

We fair folk have had quite a following in days past, you know. Prince Charming was tantalized by Cinderella's delicate complexion. The seven dwarfs never snubbed Snow White because she didn't turn a nice shade of brown. And fragile-faced English beauties are immortalized in literature. So this year, rather than acquiring a tan that lasts only as long as the sun shines, I'm returning to tradition. I think the first thing I'll do is go out and buy a big-brimmed sunbonnet!

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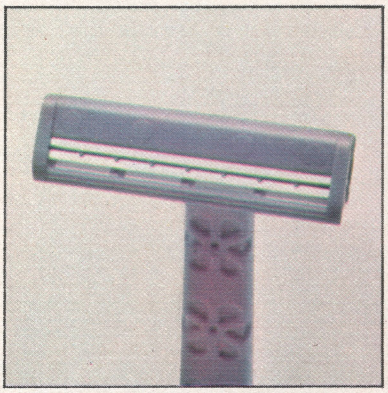

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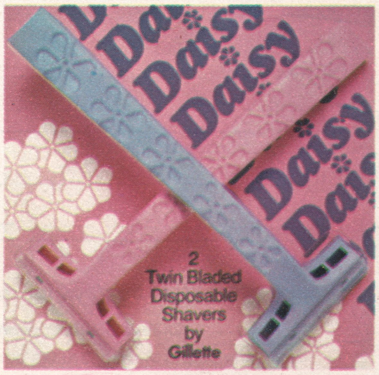
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ARTICLE
by Mea Hassell

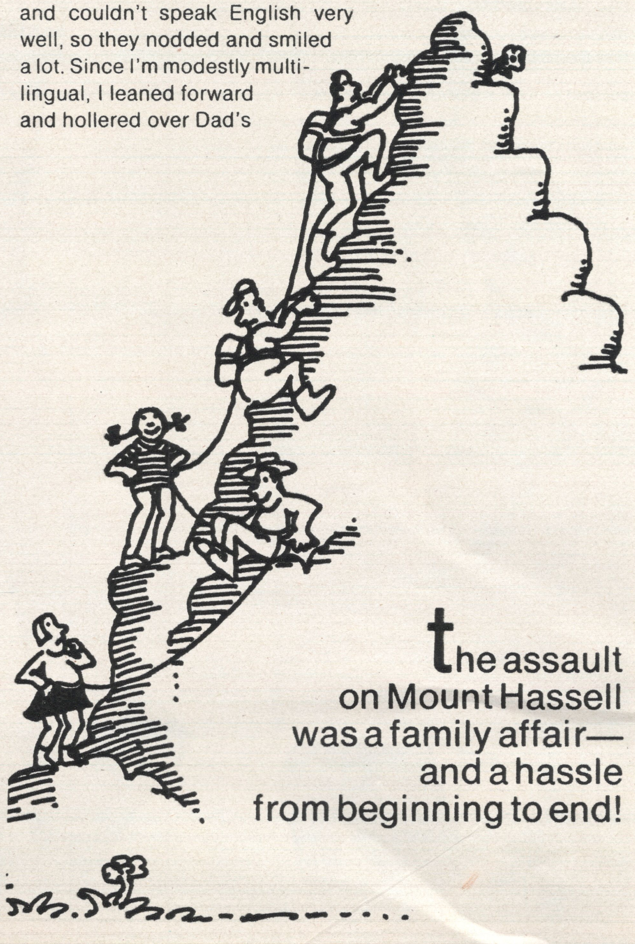
Mounting a molehill

The quickest way to make a mountain out of a molehill is to climb it. I speak from bitter experience. Mountain climbing has never been a Hassell Family hobby, but Mount Hassell, part of the Stirling Range in western Australia, deserved special consideration, if not for its remarkable name, then for its unremarkable elevation. Secretly I thought of Mount Hassell as a 2,800-foot flight of stairs!

Although the family had joked about having a go at the mountain off and on during the three years we lived in Australia, we never seemed to get around to it. Then, when Dad announced that his firm was transferring him back to the United States, we decided it was time for the ascent.

We chose a sunny Saturday for the climb and surprised each other by being ready on time. (There were seven of us: Mother and Dad; my sisters, Molly, Maureen and Minty; my brother, Miles; and myself.) Well, we weren't exactly on time; Maureen, a longtime girl scout, held us up for ten minutes while she packed emergency provisions in a car already groaning under its load of tuna and roast beef sandwiches, punch and people. Finally, with the usual feminine cries of anticipation, and after Miles had made sure no one forgot his camera and Dad had urged us to take whistles and warm sweaters, we charged out of the driveway.

Sixty miles later we roared up to a road sign that read: "Mount Hassell Picnic Area." Dad was about to start down a side road, when two middle-aged women hikers hurried toward us. They turned out to be Dutch and couldn't speak English very well, so they nodded and smiled a lot. Since I'm modestly multilingual, I leaned forward and hollered over Dad's



KIMBLE MEAD

The assault on Mount Hassell was a family affair—and a hassle from beginning to end!

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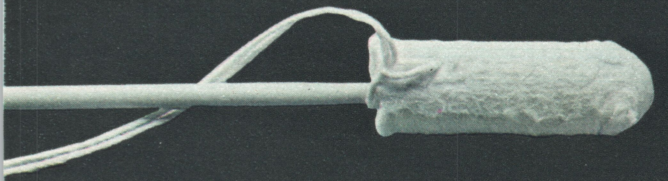

shoulder, *"Hoe gaat het met jou?"* ("How are you?") It was a fine guttural rendering! The women shrieked back happily at me in Dutch.

Not to be outdone, Dad horned in on the conversation. Now, Dad is as North American as the totem pole and speaks only English, but his contempt for the language barrier allows him to communicate in Japanese-English, Italian-English or whatever the situation demands. "Vell," he told the women carefully, "ve are goink—to climb Mount Hassell—becuss," he groped gleefully, "our name—iss Hassell!" The ladies giggled and shook Dad's hand—but I don't think they understood a word. They waved as we headed toward the parking lot.

We had gorged ourselves on most of Maureen's supplies en route, and a brisk walk up a mountain was just what we needed. The thin, brown trail winding up the side of Mount Hassell looked encouragingly tame, so I decided to leave my first aid kit in the car. Before we left home, I had stuffed the little canvas tote with Things Vital to Mountain Survival—Band-Aids, a pocketknife, ribbons (to tie around trees so I wouldn't get lost), bobby pins and mascara.

I did remember my whistle when the six of us (Mom decided to car-sit) launched the Mount Hassell Assault. Now, let there be no mistake as to who did the assaulting. Mount Hassell was the aggressor, all the way. After 2,200 feet of battling a sixty-five-degree slope, loose gravel and a sweltering sun, I yearned for water and shade.

Somewhere ahead of me I could see a Miles-like shape disappear into a heavily wooded area. To my horror, I had come to the end of the trail. The gravel turned into sharp half-buried rocks. The faint-of-heart would have retired from action immediately—but not a Hassell! Grabbing onto bushes, I hauled myself over the rocks. "Why do stupid people climb stupid mountains with stupid names?" I muttered, gritting my teeth. I rounded a turn and nearly fell over Miles, who was sitting on a boulder, calmly munching a candy bar.

"You look awful," he said, between bites.

I glared at him and panted my way through more dense underbrush, suddenly finding myself face to face with a solid wall of rock. I grasped the top of the wall with my fingers and inched my way up monkey-style. I was thoroughly lost but thought the top of the mountain must be near, since I was on increasingly flat ground. Turning, I saw Miles pull himself up over the rock wall.

"This way!" I yelled, plunging into the trees.

"No, this way!" cried Miles, tromping off resolutely in the opposite direction.

Suddenly, I burst out of the trees onto a plateau with nowhere to go but down. I stretched out in the warm sun and tooted my whistle, listening to Miles beating his way through the underbrush. At the same moment he appeared, Maureen, Molly and Minty hobbled toward us, waving their cameras—they insisted on taking pictures of the exhausted heap of Hassells.

We were all arguing about the best way to find the trail, when Dad came crashing up, looking as fresh as if he'd driven the car to the top. My father *swore* that he knew the quickest way down the mountain, so off we trooped, and for two hours we searched for the path, tripping over roots, unhooking our clothes from branches, slapping at excited flies. We discovered the trail only when we were within shouting distance of Mom and the car!

"We should do things together more often," I offered, as we staggered into the picnic area. Everybody groaned, except Dad, who grinned, slapped me on the back, and said I had the Hassell Family spirit!

Later, as we sat around the camp stove drinking tea and comparing scratched arms, I contemplated our infamous mountain and the mystery of the missing trail. I concluded that Mount Hassell had gotten the last laugh—but only because I was too tired to turn around and laugh back! ❀

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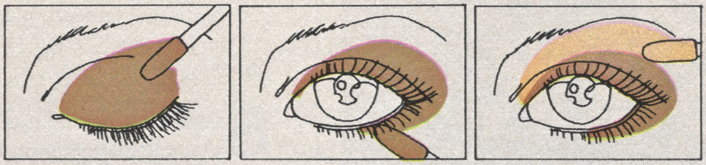
You see, some other shadows can allow skin oils to creep through to crease and muss your shadow. But Aziza Shadow with Sealer contains a special complex of ingredients which gently seals itself to help prevent surface oils from creeping through.

So you get to look your best all day, without touch-ups.

And the new dripless sponge wand lets you glide on just enough smooth, soft, satiny color with perfect control.



1. Stroke Cocoa over the entire lid area, rising slightly above the crease and out toward the temple in an oblong shape that turns up at the end like the tail on a fish.

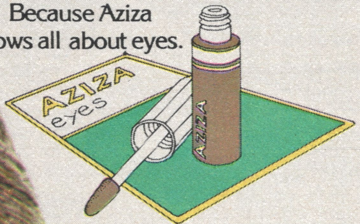
2. Now with the custom-designed contour tip, continue the Cocoa down, around and under lower lashes as liner. Stop at the mid-point of the eye.

3. Stroke Honey Lustre over the brow bone and out toward the temple as a highlight. Blend edges with your finger. (For a beautiful, all-day look, finish with a sweep of Aziza Mascara with Sealer.)

We make these flawless, new, shadows in 10 scrumptious creme and frosted shades. Whichever you choose, it can be easily removed whenever you're ready. Just use Aziza Non-Oily Remover Lotion, Aziza Eye Makeup Remover Pads, or your facial cleanser.

If you have any questions about eye makeup, write for our free book, "Aziza Demonstrates All About Eyes." Simply send 25¢ for postage and handling to Aziza, Dept 736, 33 Benedict Place, Greenwich, Conn. 06830.

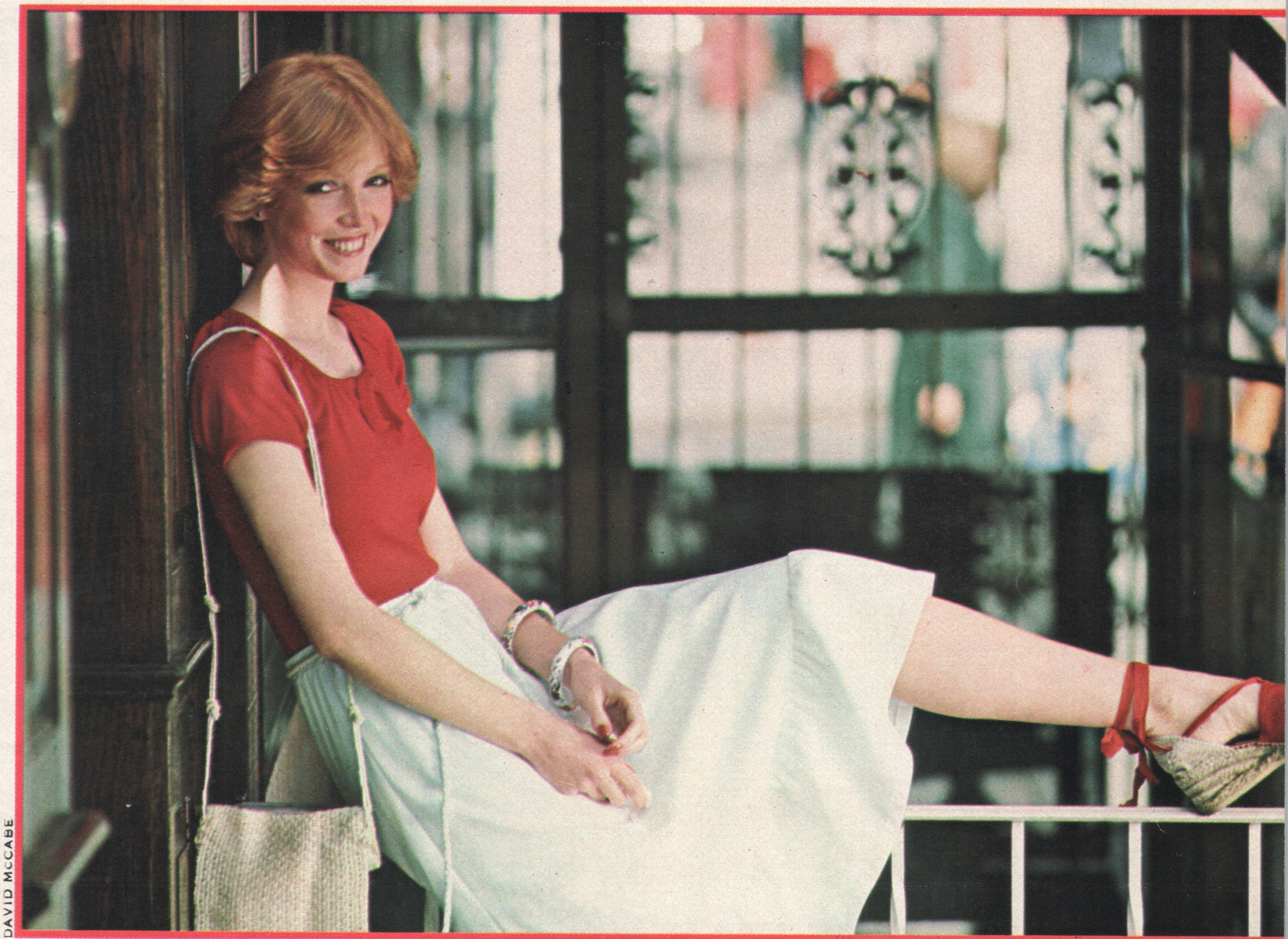
Because Aziza knows all about eyes.



Aziza by Prince Matchabelli.

seventeen

Dresses, tops and pants in fabulous T-shirty fabrics—if that idea appeals to you, then you'll love what's coming up here and on the next four pages. They're all supersoft, easy to wear and sunny as summer

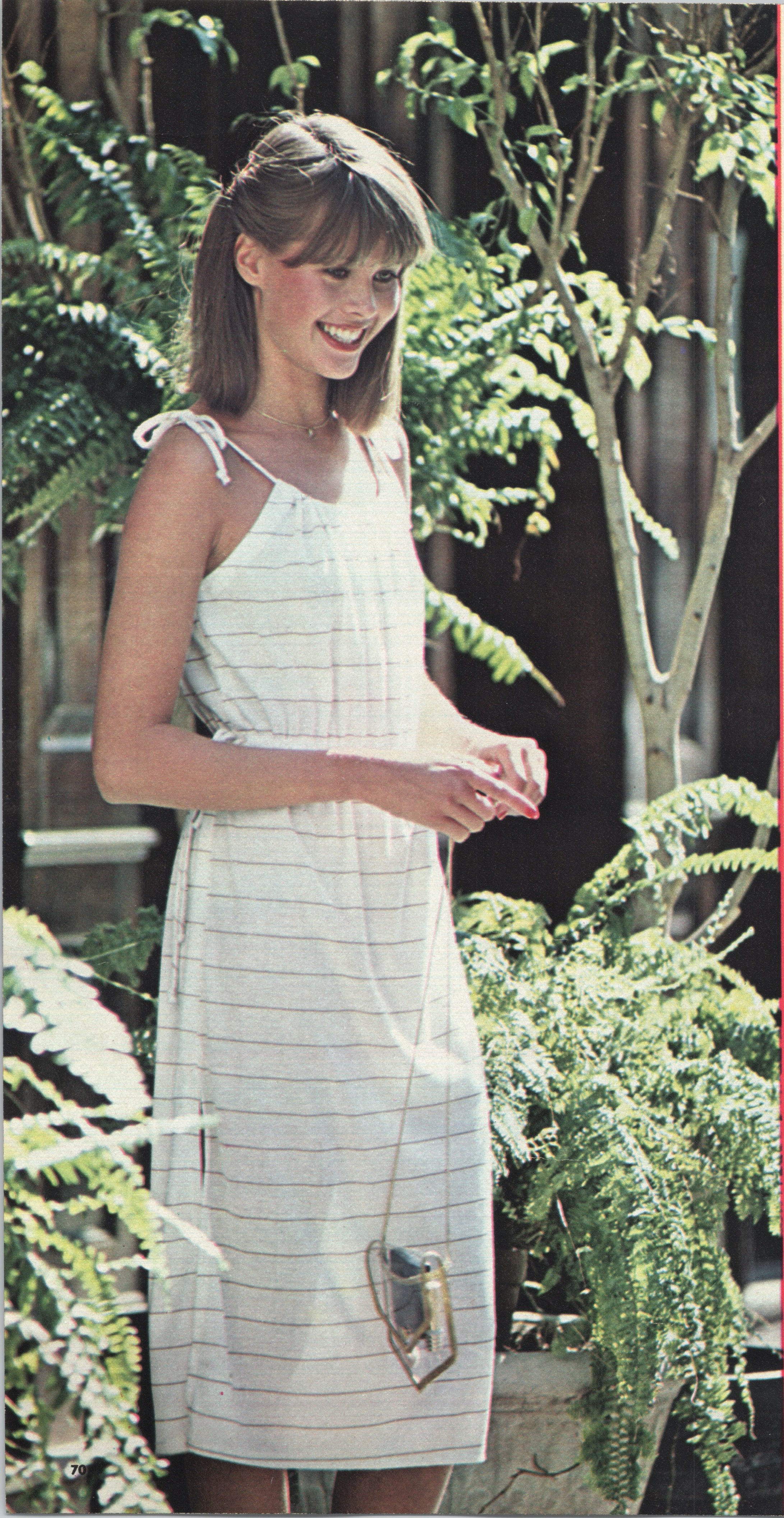


DAVID McCABE

soft-wear dressing

Clothes that go it alone or pair up with what you've got

By "soft-wear" we mean the kind of clothes you see here. Cushy cotton knits that leave you lots of breathing room, let you keep your cool even in the warmest weather. They're for dressing up in even when you don't feel like dressing up. And they're perfect for filling out a summer wardrobe. Take the scoop-necked cotton-knit T (French Maid; $18) you see here, for example. We neat-tucked it into a flouncy pull-on cotton-knit skirt (Marie-France; $15). But you could pair it with just about any skirt—or pants. And check out the soft-wear sundresses—they've got to be *the* comfiest clothes around. Same thing goes for the tunic tops and soft pants. Soft-wear dressing. This summer, it's the easiest way to go. Painted wood bracelets by Eva Graham, macrame shoulder bag by Ruza, ankle-tied espadrilles by Unisa. Hair, here and on the next four pages, by Salvatore Favia of Le Salon.



soft-wear

easy, breezy dresses with all the soft of a T-shirt, all the sizzling color of a hot summer's day. You'll love 'em!

Summer white, skinny-banded with shiny gold (left). What a great dress for showing off a tan—day or night. It's draw-string-tied at the waist and shoulders, slit at the sides. By Foxy Lady, of polyester knit; $28. Chain by Jewelart, Ruza bag.

A color-fest of stripes, stripes and more stripes! They're all mitered on a sundress (opposite, left) that gathers up top, falls to a breeze-catching flare below the knee. Bananas by Nancy Bossio, of cotton knit; $21. Trifari choker, Catherine Stein bangle, bag by Le Sportsac, Miss Capezio sandals.

Make the scene in bright parrot-green sundressing (center). With that easy-wear elasticized top, it's the kind of thing you'll want to *live* in for the rest of the summer. By California Cut-Outs, of polyester/cotton knit; $21.50. 1928 Jewelry Co. necklace, Capezio sandals.

Keep your cool in blue and white flag stripes (right). More soft dressing: This one has rope ties at the shoulder, is midcalf long and elasticized at the waist. Bananas by Nancy Bossio, of cotton knit; $18. Bangle by Red Cobra, Le Sportsac bag, Carber sandals. More info, next to last page.

Beauty bit: For added cool (and to help you stay dry)—Tickle roll-on antiperspirant, in four fresh scents.

DAVID McCABE

soft-wear

easy does it in summer-bright, summer-light cottons. Simple-living knits to wear right now

The skivvy dress—red-hot red and raring to go (opposite left)—and it goes everywhere! It's scooped in front, squared in back (by Marie-France; $20). We've spiced it up by adding a knotted belt by Elegant, a cord necklace by Schiffer Aesthetics.

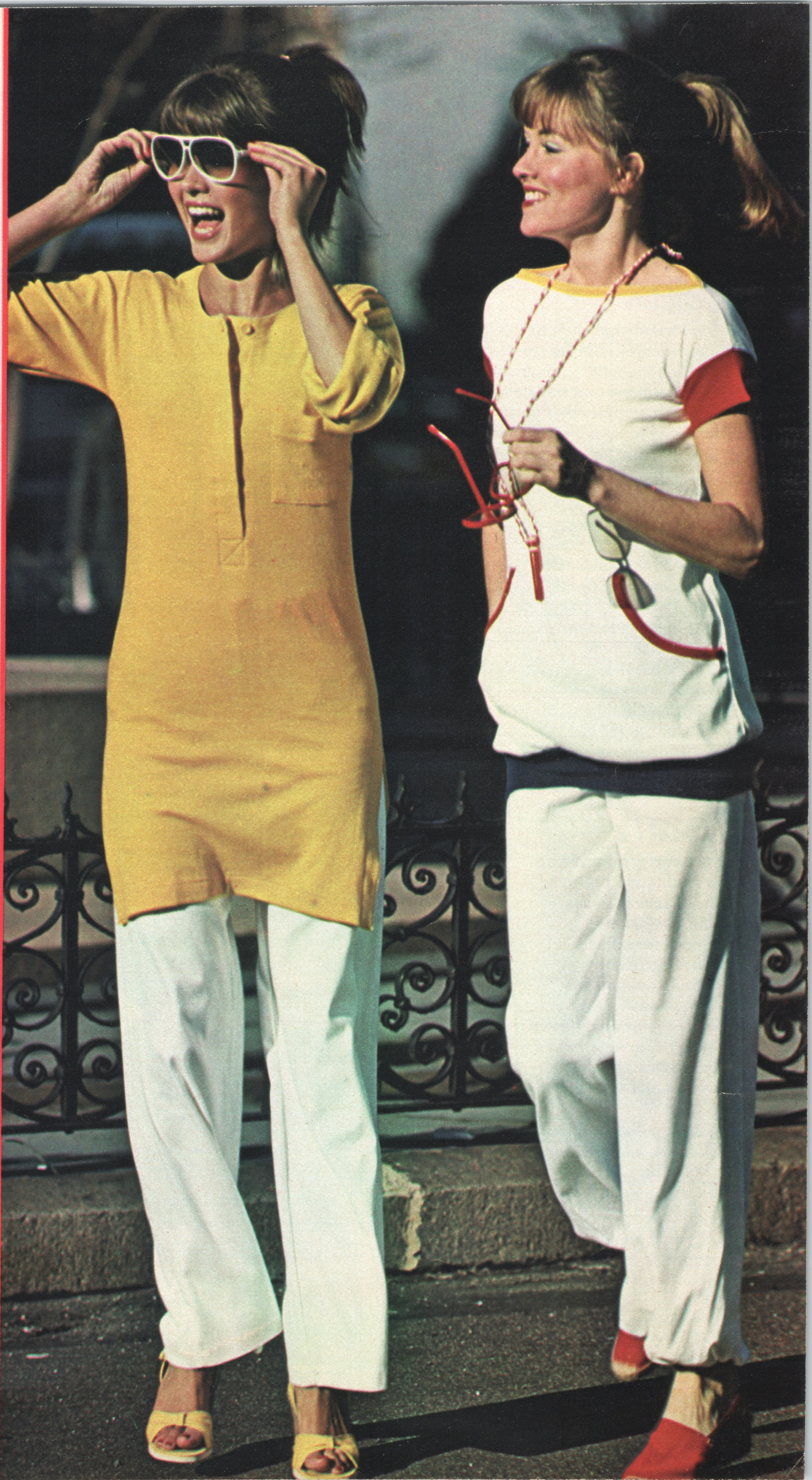
Just pull it on, and you're all dressed up (opposite right). Cool white dressing that's perfect for a summer afternoon party or a late night at a disco. Prettied with a dirndl-gathered skirt and ruffled collar, it's by Gaston Jaunet; $25. The strawberry-on-a-string necklace is by Red Cobra.

The long, sunny tunic: neat over soft white pants (this page, left). Perfect for under the sun—a yellow tunic with side slits, placket front and rolled-up sleeves (by Collage; $16). Underneath, straight-legged pants with an elasticized waist, patchy backside pockets (by Marie-France; $20). Riviera sunglasses; shoes, Fanfares by Wohl.

A red, white and blue big top, slipped over pants (this page, right). The shirt ($13) is sleeved in red, banded with blue at the bottom and popped over paratrooper pants ($16). Both by Key of G. Red Cobra whistle necklace, Unisa shoes. More info, next to last page.

Beauty bit: To deep-cleanse oily skin without drying, try Bare Face Foam Face Wash.

DAVID McCABE



relax

Real beauty isn't just a matter of makeup tricks but the result of positive thought . . . inner calm . . . a harmony that translates into a wonderful outer glow. One way to relax and unwind into that feeling—*meditation.* Yes, it really works.

meditate

Transcendental Meditation takes only twenty minutes twice a day (the best times—early AM and early PM, before meals). You'll really be surprised at how relaxed yet full of energy it can make you feel.

learn

You can get started on a meditation program by checking into the *Yes! Guide/ Books for Inner Development* by Chris Popenoe. It's a fabulous directory to readings on different types of meditation, yoga, Eastern philosophies—the works!

perfume

Quiet times. The waft of a gentle fragrance. Masumi cologne might be the mood-setter you're looking for. It's a lingering oriental floral scent—mimosa and violet with jasmine and rose. By Coty.

FEEL AS GOOD AS YOU LOOK

After you've refreshed and revived your mental energies with meditation, enhance the glow you feel with some of the best of nature's sun-and-sea beauty treatments

Straight from the ocean blue—a delicious Sea-Kelp cleanser made with seaweed and other sea elements. The minerals and tiny kelp particles act as a mild abrasive to cleanse the skin of impurities. Then, Sea-Mud Pack, a clay/volcanic ash mask, to give skin a glowy smoothness (above right). Both, Adrien Arpel.

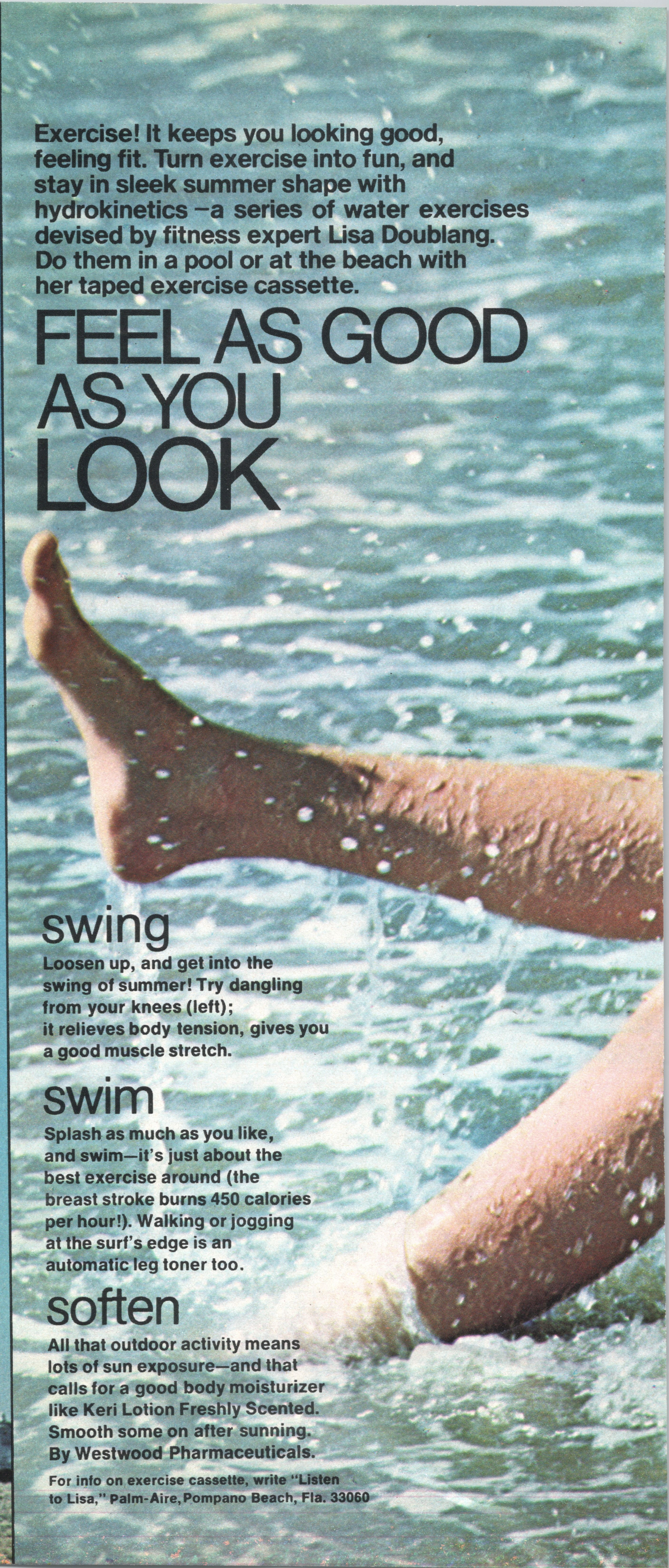
Moisturizers are especially important in summer—to keep skin from peeling, looking parched. Use one—like Dorothy Gray's Secret of the Sea moisture cream—before going to bed.

Safeguard your skin during the day too. Take the sun in small doses, and wear a tanning lotion that also offers skin protection. Here (center, right), we use Tropic Deluxe Formula (Bain de Soleil), with eucalyptus and palm oils. It moisturizes skin as it helps deepen a tan.

Put the sun to work for your hair. After shampooing, apply a conditioner like Wella Kolestral conditioning cream; wrap hair in a dampened turban or scarf; sit in the sun (the sun's rays speed up the effect). After twenty minutes, unwrap; rinse—gorgeous!

The ultimate way to feel as good as you look? Falling in love, of course (below right). You simply shine all over. Tease your best beloved's lips with Max Factor's Freshwater Peach Maxi-Moist lipstick. Hair, Didier Malige, of Jean-Louis David at Henri Bendel. Makeup, Vincent Nasso.

GEORGE BARKENTIN



Exercise! It keeps you looking good, feeling fit. Turn exercise into fun, and stay in sleek summer shape with hydrokinetics —a series of water exercises devised by fitness expert Lisa Doublang. Do them in a pool or at the beach with her taped exercise cassette.

FEEL AS GOOD AS YOU LOOK

swing

Loosen up, and get into the swing of summer! Try dangling from your knees (left); it relieves body tension, gives you a good muscle stretch.

swim

Splash as much as you like, and swim—it's just about the best exercise around (the breast stroke burns 450 calories per hour!). Walking or jogging at the surf's edge is an automatic leg toner too.

soften

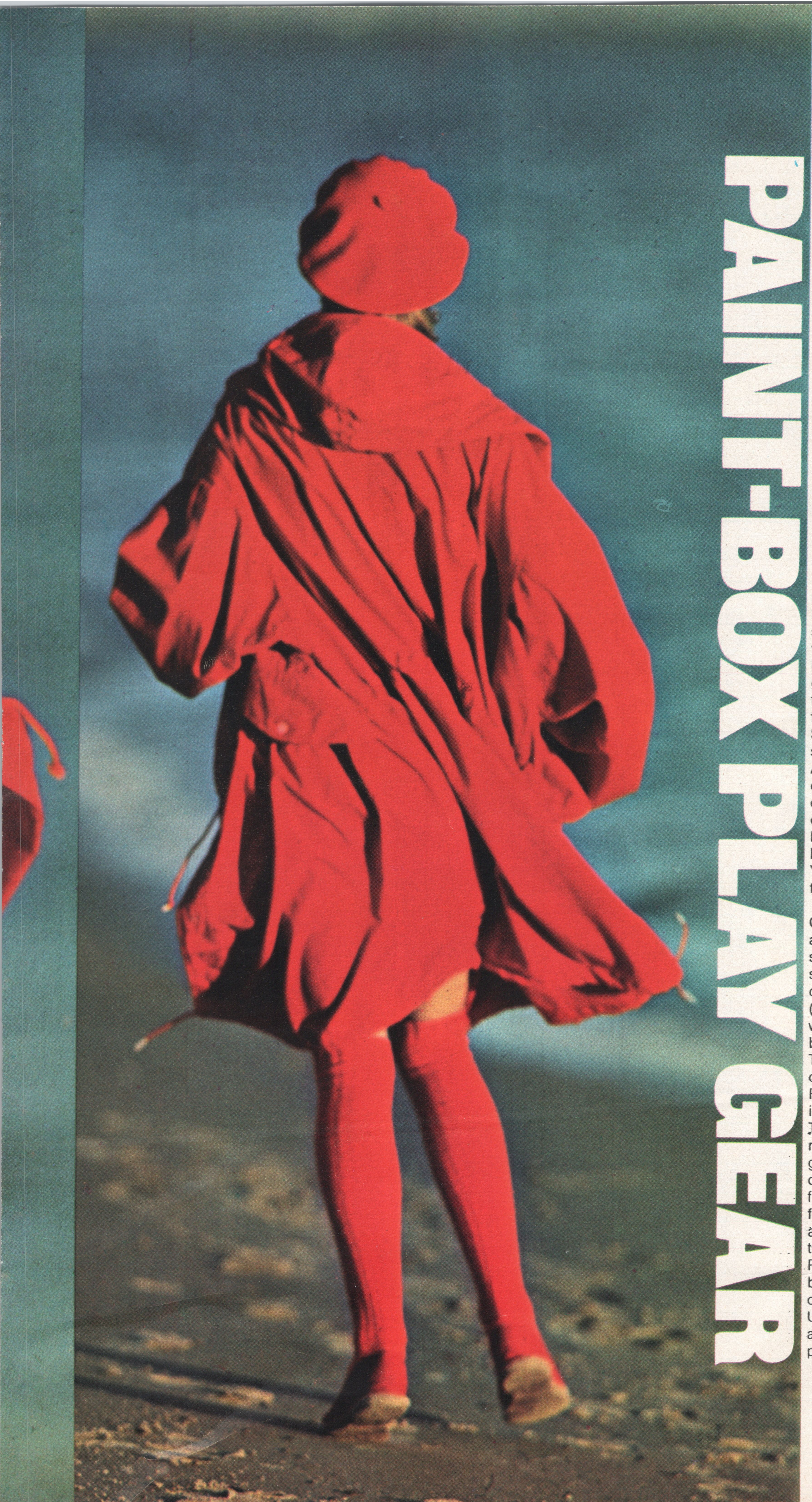
All that outdoor activity means lots of sun exposure—and that calls for a good body moisturizer like Keri Lotion Freshly Scented. Smooth some on after sunning. By Westwood Pharmaceuticals.

For info on exercise cassette, write "Listen to Lisa," Palm-Aire, Pompano Beach, Fla. 33060

GEORGE BARKENTIN

PATRICE CASANOVA

PAINT-BOX PLAY GEAR

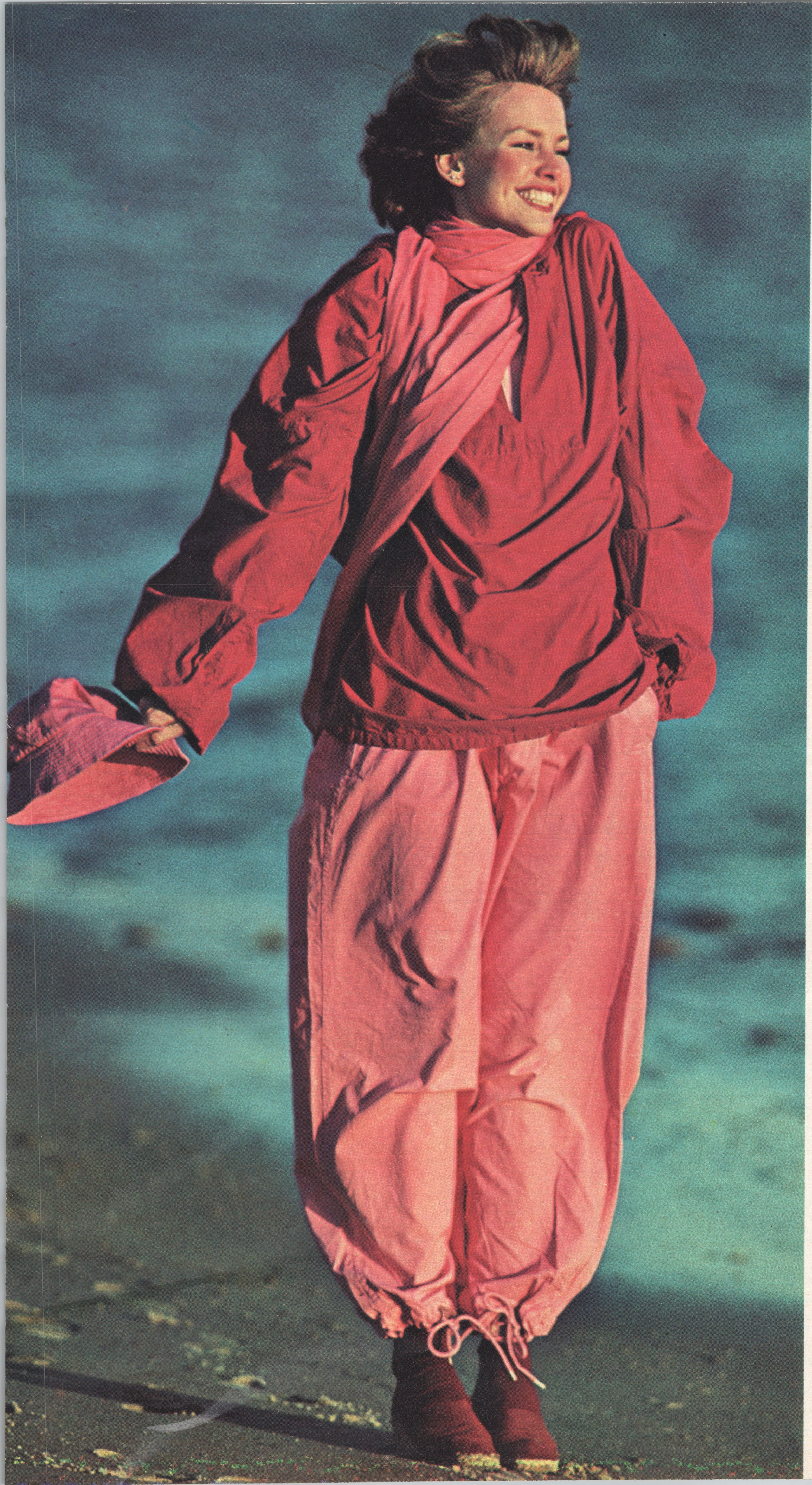


Big and spirited sports clothes in colors that dazzle, shapes that move. If you're in the habit of shopping the army/navy stores, you may recognize the shapes. But the colors—they're *something else!*

The clothes you see here and on the next two pages all started out as regulation whites—the kind you can find at a foreign/domestic army/navy surplus store. But *our* store, a place called Reminiscence, had the super idea of dyeing their whites bright. The result? Paint-box-colored play gear in roomy shapes that you drawstring down to size (some come in S-M-L; some in one size only). If there's an A/N store near you, you can buy the whites and experiment with your own color combos. Or write to Reminiscence (at 175 MacDougal St., New York 10011) for info on the combos shown here.

On these pages: Fore and aft views of the same color pile-on. It starts with a cap-sleeved cotton-knit undershirt ($4) rimmed at the neck with satin and dyed a brilliant golden yellow. That gets tucked into the drawstring waist of French army shorts ($6) in orange cotton muslin. Then comes the topper—revved-up red! It's a genuine bicycle jacket, complete with snap front closings, drawstrings for hood, waist and to go around legs. Of cotton twill; $10. All from Reminiscence. Kangol beret, Medalist-Ripon over-the-knee socks, Unisa espadrilles. Hair and makeup, these four pages, by Mark Nahmias.

PATRICE CASANOVA

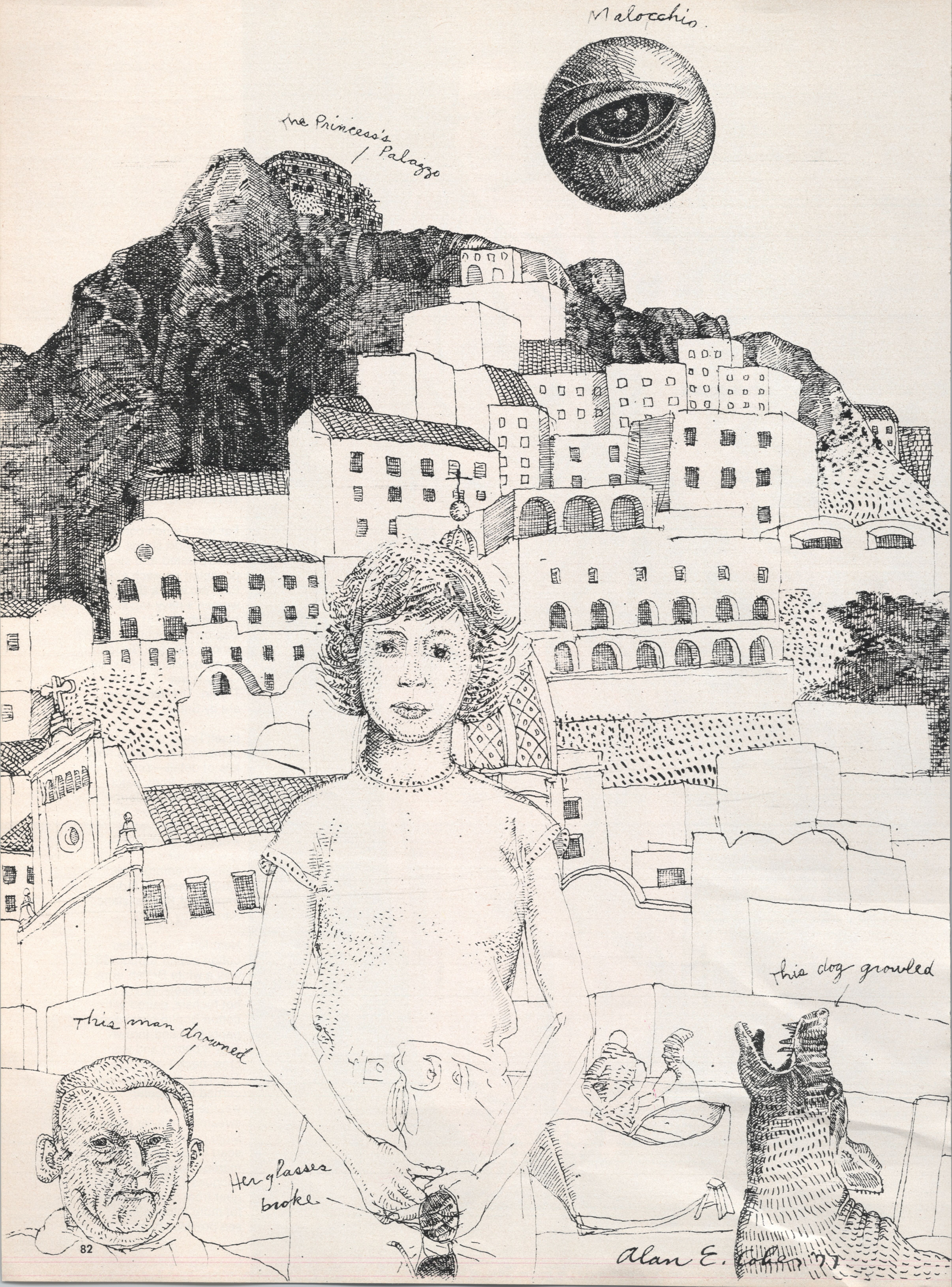


Room to move in! Pull-on, snap-on, tie-on play clothes that add up to big-time dressing!

Far left: French cotton muslin short shorts ($5), front-pleated and slash-pocketed on each side. Pair 'em with a British women's navy top in cotton duck ($8), then slap on a matching sailor's hat ($3). Sweater slung over shoulders, by Crazy Horse; Tric-Trac T-shirt. The sunglasses are by Sutain.

Inset: Royal blue canvas painter's pants ($14) have lots of detail—scoop pockets in front, patch pockets in back, loops for tools on sides. The V-necked top—alias a hospital shirt ($9)—is worn over a peasanty embroidered gauze blouse by India Imports of Rhode Island. Sandals by Oggs.

Near left: The hooded cotton poplin topper ($8) was a white British army snow jacket—now it's hot fuchsia, paired with cotton poplin paratrooper pants ($9) and thrown over a cotton and wool crew-neck T-shirt ($6). Tip: This layering can be carried into cooler weather by adding sweaters, heavier pants. More color, a pink scarf by Barbara Pope; maroon espadrilles by Jacques Cohen. All play gear from Reminiscence; for more information, see previous page.


Malocchio
the Princess's Palazzo
this dog growled
this man drowned
Her glasses broke
Alan E. Cober '77

SUMMER
SUSPENSE NOVELETTE

by Gerald Green

The Spell

One look from the mysterious Princess Malocchio and men drowned, dogs growled and people cowered. What were her special powers?

Cathy West poured milk into the cat's dish. Micho, the Rossi family's Siamese, sniffed it, then backed away and meowed crankily.

Signora Rossi, gray and elegant in a black dress and coral necklace, wandered into the kitchen and chatted with Assunta, the cook. The signora frowned as Micho continued his yowling.

"Micho!" Signora Rossi said. "So much noise?"

"He must be ill, Signora," Cathy said.

Assunta picked up the milk bowl and smelled it. *"Acido,"* she said. "The milk is sour."

"It can't be," Cathy said. "I bought it a half hour ago at the *latteria.*"

The cook's weathered face managed a smile. "Sour, sour. The cat knows."

Micho rubbed against Cathy's leg, protesting his lost breakfast.

"Signorina," the cook asked the American girl slyly, "how did you walk home?"

"Along the *lungomare,* past the bathing cabins, then up the path."

"Did you go off the path to look at the palazzo?"

"Only for a minute. It looked so beautiful in the morning sun."

The cook's face scrambled into a new pattern of seams and creases. "That is why the milk turned sour. Micho knew. Cats know before people know."

"Know what?"

"When something is cursed."

"Oh, Assunta. Just because I stopped to look at the palace? It's the loveliest building in Santa Angelina."

"Caterina, foreigners who know no better, *americani* like you, look at it. See what happened to your milk? Next time worse will happen."

"You mean the building made the milk sour?"

The cook made the sign of the cross and rolled her eyes to the ceiling. "God save us, not the palazzo—she who lives in it." Assunta moved to the stove.

Cathy West was sixteen—dark-eyed, brown-skinned, her thick black hair cut short. Her mother was an Italian, a Florentine, who had met Harry West when he was a guest lecturer in biochemistry at the University of Siena. Adriana, Cathy's mother, was a graduate student there, and after receiving her degree, she and Harry were married in the Cathedral of San Gimignano. For years, the family had been dividing its time between Italy and Hanover, New Hampshire.

An only child, Cathy was self-sufficient, responsible and fluent in Italian and English. Her father had been asked to spend July lecturing at Eastern European research centers, and Mrs. West had accompanied him to Prague and Budapest. Cathy chose to pass the month with the Rossis in Santa Angelina, a beach resort south of Naples. The Rossis were congenial hosts, delighted by the perfect Italian spoken by their young American guest.

In the lush garden Cathy saw Silvio, the Rossis' eighteen-year-old son. He was lithe, slim-waisted, wide-eyed and too handsome for his own good. His coal-black hair tumbled over his forehead in damp curls. And he was hopelessly spoiled, as vain as a TV star.

"Ciao, Silvio," Cathy called.

Silvio was standing at the stone wall, nursing a third cup of coffee and gazing at the tiny harbor of Santa Angelina.

"Ciao, Caterina. How are you?"

"Confused."

"When you are unhappy, you are even more beautiful."

"Silvio, who lives in the palazzo?"

To Cathy's astonishment, the young man spit three times into a bed of tulips.

"No offense, Caterina. One must be careful when speaking of that person." Silvio jerked a thumb toward the looming pink walls.

"I only asked who lives there."

"Why must you know?"

Cathy told Silvio about the soured milk and how Assunta claimed that her stroll past the palace had ruined it.

Silvio nodded. "That is true. It is well known that a *malocchio* can sour milk and do worse things. One must never walk past that place with milk or eggs or anything that can spoil."

"*Mal*—?"

Silvio extended the pinky and index finger of his right hand down toward the ground, retracting the middle fingers and thumb.

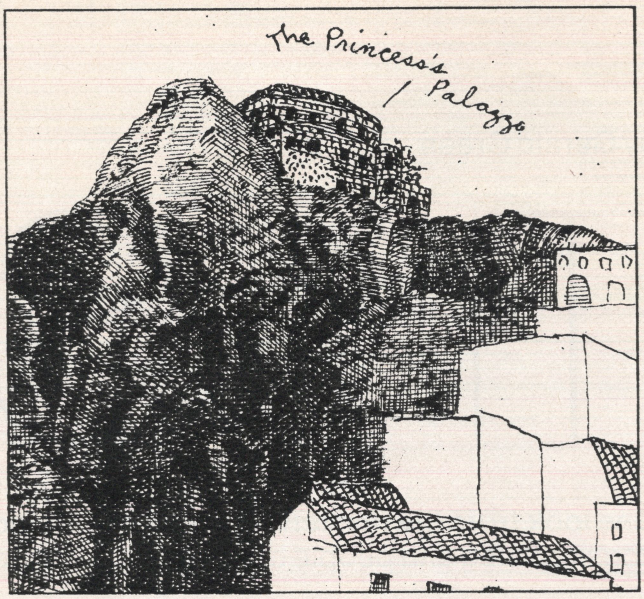
"A *malocchio?"* Cathy asked. "What's that?"

Silvio tugged at his sweater. It was eighty degrees in the sun, but he was fearful about his health. If he sneezed, Signora Rossi put him to bed.

"The woman who lives in the *(continued on next page)*

Gerald Green is the author of more than twenty fiction and nonfiction books. His latest is "An American Prophet," a novel published by Doubleday.

The Spell



palazzo is called Princess Malocchio," Silvio said cautiously. "That is not her real name. She is not an Italian, thank God, but a Hungarian."

"*Malocchio* means bad eye."

"*Evil* eye. The eye that does terrible things. God help anyone who meets that eye. It can make you break a leg, catch influenza, lose your money. It is a terrible curse to have such a person living in this town."

"You believe this nonsense? That because someone encounters a woman's eye, bad things will happen?"

"It's not nonsense. Her husband drowned, and her daughter was struck dumb when she was five. Later the child died in an automobile accident."

"Does anyone ever see her? Does she ever come out of the palace?"

"I heard my mother say that when La Malocchio first came and the villagers were unaware of her evil, she would stroll along the *lungomare* or ride in her car. But when people started catching colds and children were afflicted with ailments every time the princess appeared, the townspeople let her know she had to stay inside her home."

"That's just a stupid superstition!" Cathy seized his wrist. "I dare you! Come with me to the palace, and we'll look right into her eye!"

"Never. You do not understand, being an American."

"I'm half Italian. Come on." Cathy tugged at his cashmere sleeve. "You tried to kiss me the first time you saw me. How can you be afraid of an old lady?"

"I have a cough. My liver hurts. Maybe tomorrow."

"You're afraid of her."

Silvio moved away. Again Cathy saw him make the odd gesture with his right hand.

"What did you do with your hand?"

"I made the *mano cornuta,*" Silvio responded. "You'd better learn it if you go looking for La Malocchio. And buy a charm to put around your neck."

Cathy loved the seaside village. Santa Angelina seemed to her wonderfully adapted to its many worlds: the tourists who sat in the Nettuno bar listening to rock music; the gnarled fishermen mending nets; the merchants in their tiny shops; the visiting sailors. The town blended all of them into one colorful sunlit picture.

As she walked along the *lungomare,* the tree-lined promenade facing the Mediterranean, she found it impossible to accept Silvio's story about the evil woman in the palazzo and Assunta's insistence that a mystical force had soured the milk. Medieval nonsense, she told herself.

Cathy ascended the cobbled street that led to the palace. It loomed over her, a flaking pink fort. From the roof rose crumbling statues of overweight Roman gods. In the garden palms grew haphazardly around an empty pool.

Cathy put on her sunglasses and stared at the upper windows. Once, she thought she saw a fleeting figure—a gray head, a slender body. A shutter closed. The rose-colored facade stood silent, heat-laden.

Inside the courtyard, wheels crunched on the gravel. A stocky blond man in a white coat approached the gate and swung it open. Cathy noticed that his head was bent to one side. A black Jaguar with an English license plate emerged from the driveway.

"Morning, luv," the driver called to Cathy.

"Hi."

The driver was fat and sweaty and fortyish, with thinning black hair. An enormous cigar waggled in his mouth when he spoke. "Waiting for someone?"

"The princess."

"You've got a long wait for dear Magda."

"Isn't her name Malocchio?"

"That's what the locals call her," the cigar-smoker said. "She is Magda Szemveres, the Princess Szemveres. I wager they've filled your pretty head with that evil-eye nonsense."

Cathy introduced herself and told the man about the soured milk and the Rossi family's warnings. He laughed and introduced himself as Andrew Fromes, a Londoner, vacationing in Santa Angelina.

"Hop in, Cathy, and I'll tell you the truth about the old girl. Come on, I'm safe as a country parson."

Mr. Fromes parked his Jaguar on the *lungomare.* He escorted Cathy to the Nettuno and bought her a coke.

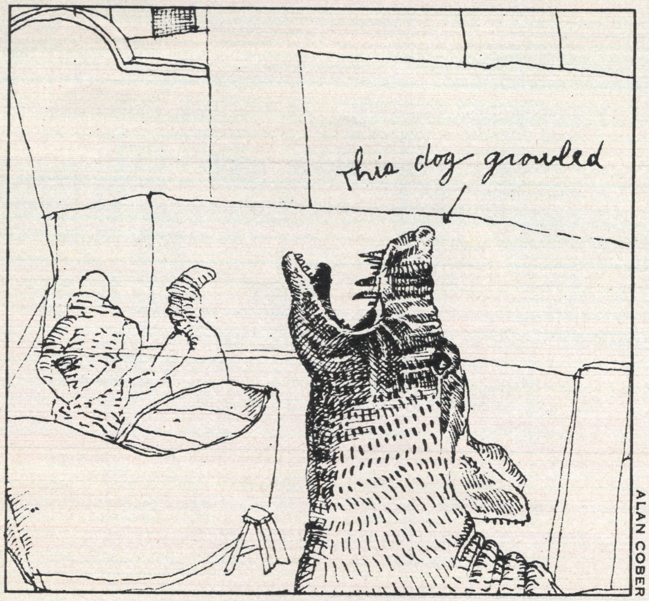
"She's been in that castle thirty years, deathly afraid to venture out because of what they say about her," he said.

"But *you* go to see her?"

"Because I'm English, ducks. She entertains quite a bit. Tea at four thirty. Swedes, Germans and other foreigners. But never, *never,* an Italian. Her servants are Hungarians or Yugoslavs. No local will work for her."

"Why do people believe such things?"

"Oh, that evil-eye business is all over Europe, especially here in the south. The bank in Naples hired an Englishman to handle her account after the fellow who looked after her



money claimed he began to stutter. The ruddy merchants won't even deliver. That bloke who opened the gate, Erno? He picks up her groceries."

"That's awful. I loved Santa Angelina until now."

"Not to worry. The Italians are convinced Mussolini had the evil eye, and a few of their own popes, and even a king of Spain, Alfonso something."

Curiosity and pity devoured Cathy. "Mr. Fromes, could you get me invited to her house? You said she had people over for tea."

"I'll give her a buzz. She fancies Yanks. Meet me here at four tomorrow. Do the old girl good to talk to someone young and perky like you."

The Englishman dropped her off at the road to the Villa Rossi. As he wheeled the car around, Cathy took her sunglasses from her bag. The left lens was cracked. She remembered staring at the palace windows and the fleeting glimpse of a figure. "Ridiculous," she told herself. The glasses had probably broken when she placed the bag on her chair at the Nettuno.

The following afternoon Cathy put on a light blue dress with polka dots and her new dark blue shoes.

"Where are you going?" Signora Rossi asked.

"I'm having tea at the palazzo."

Silvio slouched into the room. "Our *americana* fears nothing, Mama. She will look the evil one right in the eye."

"Beh, you had better take something with you," said the signora moodily. "I am responsible for your welfare."

From her purse Signora Rossi extracted a brass object tied to a chain. "Wear this. Be sure to make the sign of the cross before you enter and leave her house."

Cathy took the amulet. It was in the shape of a branch with twisting arms. "What is it?"

"Cimaruta," Silvio said. "A plant. I would not go near a *malocchio* without one around my neck."

Cathy frowned. "She'll see it, and she'll be insulted."

"No, little one," the signora said. "Put it in your purse. The *cimaruta* is the best antidote against the bad man that lives in her eyes."

Convinced she was among cave dwellers, Cathy walked to the Nettuno. Mr. Fromes was waiting for her. He said the princess would be delighted to have a young American girl come to tea.

When they reached the palazzo, the white-coated Erno ushered them into a vast foyer with two forbidding statues of satyrs in the center and Roman urns along the walls.

Erno led them to a vine-covered terrace. Below, Santa Angelina glittered. Parasol pines thrust their angled trunks and flattened tops from the rocky escarpment.

There were four other guests: a middle-aged Swedish couple, tall and athletic-looking, and two elderly French ladies in print dresses and floppy pastel hats. The Frenchwomen, themselves descended from some kind of nobility, were old friends of the princess. Andrew Fromes introduced Cathy. "Thought I'd give our young American a taste of the high life, or what passes for it in Santa Angelina."

Some desultory conversation followed. The Swedish man was a physician and recalled having read one of Dr. West's articles on the genetic code.

Cathy began to wonder, "Where is she?"

Mr. Fromes noticed her watching the double doors that led to the terrace. "Seems that Magda sleeps a bit later every day, doesn't it?" he asked the French ladies.

"Pauvre petite," one of the women said breathily. "It is the result of being locked up here. If only she would go into town, take a ride or visit someone. Celeste and I thought we had persuaded her the other day. But she refused."

The doors opened, Erno at one side. The guests rose.

Borne on a billow of turquoise chiffon, the princess entered. Mr. Fromes bowed and walked to her side. He kissed her hand and escorted her to a cane chair.

Then he introduced Cathy to the princess.

"How nice of you to want to visit me," Princess Magda said. "You are lovely, so young. You are partly Italian, are you not?"

"My mother is from Florence."

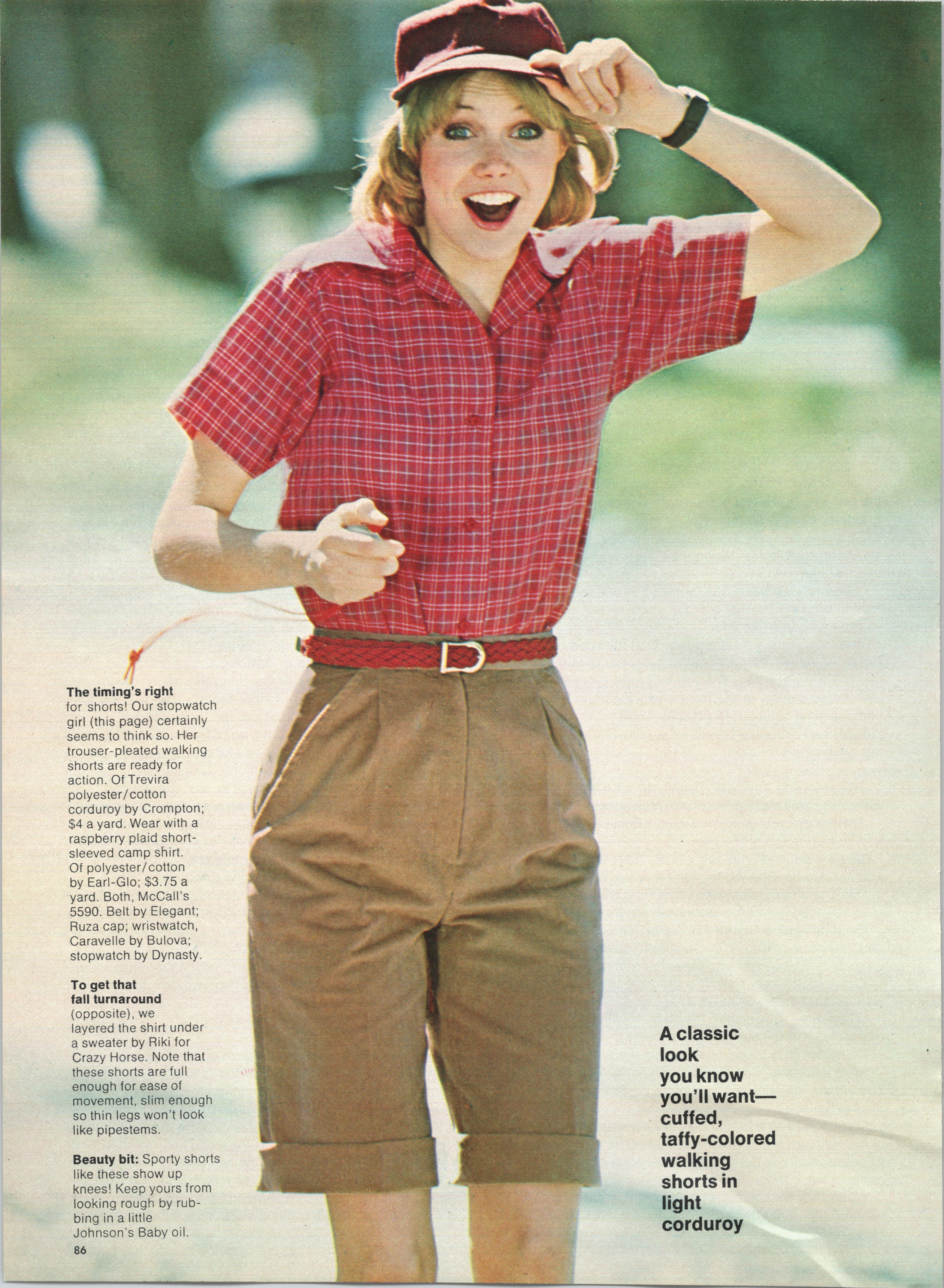
Princess Magda spoke carefully, with an indefinable accent. "Florentines are realists. No wonder you are not afraid to visit me."

"Now, Magda," Mr. Fromes said gently. "No cause to dwell on the old complaint."

The princess smiled and began a conversation in French with the two women. The Swedes talked to Mr. Fromes about the tremendous rise in hotel prices.

Cathy sipped her tea, nibbled an anise-flavored cookie, and stared at the princess. She was staggeringly beautiful. Her hair was white, thick and lustrous, and combed high over her clear forehead. The princess's nose was long and slender, the nostrils arched. Her mouth was red and animated-looking. She had a sharp chin, a long, elegant neck.

"Superb pastry," the Swedish *(continued on page 106)*



The timing's right for shorts! Our stopwatch girl (this page) certainly seems to think so. Her trouser-pleated walking shorts are ready for action. Of Trevira polyester/cotton corduroy by Crompton; $4 a yard. Wear with a raspberry plaid short-sleeved camp shirt. Of polyester/cotton by Earl-Glo; $3.75 a yard. Both, McCall's 5590. Belt by Elegant; Ruza cap; wristwatch, Caravelle by Bulova; stopwatch by Dynasty.

To get that fall turnaround (opposite), we layered the shirt under a sweater by Riki for Crazy Horse. Note that these shorts are full enough for ease of movement, slim enough so thin legs won't look like pipestems.

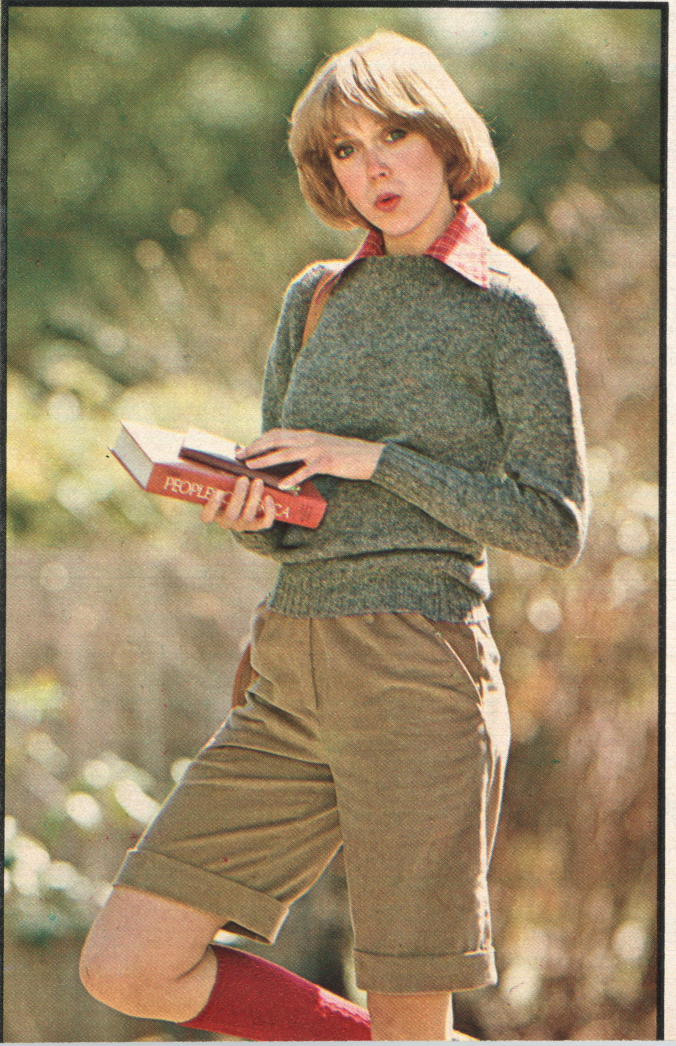
Beauty bit: Sporty shorts like these show up knees! Keep yours from looking rough by rubbing in a little Johnson's Baby oil.

A classic look you know you'll want—cuffed, taffy-colored walking shorts in light corduroy

How lucky can you get! While you're stitching up bright 'n easy put-togethers for summer, you're also getting a head start on clothes for fall. Just watch—we'll show you all the how-tos

Summer Sew-ups

look ahead to fall

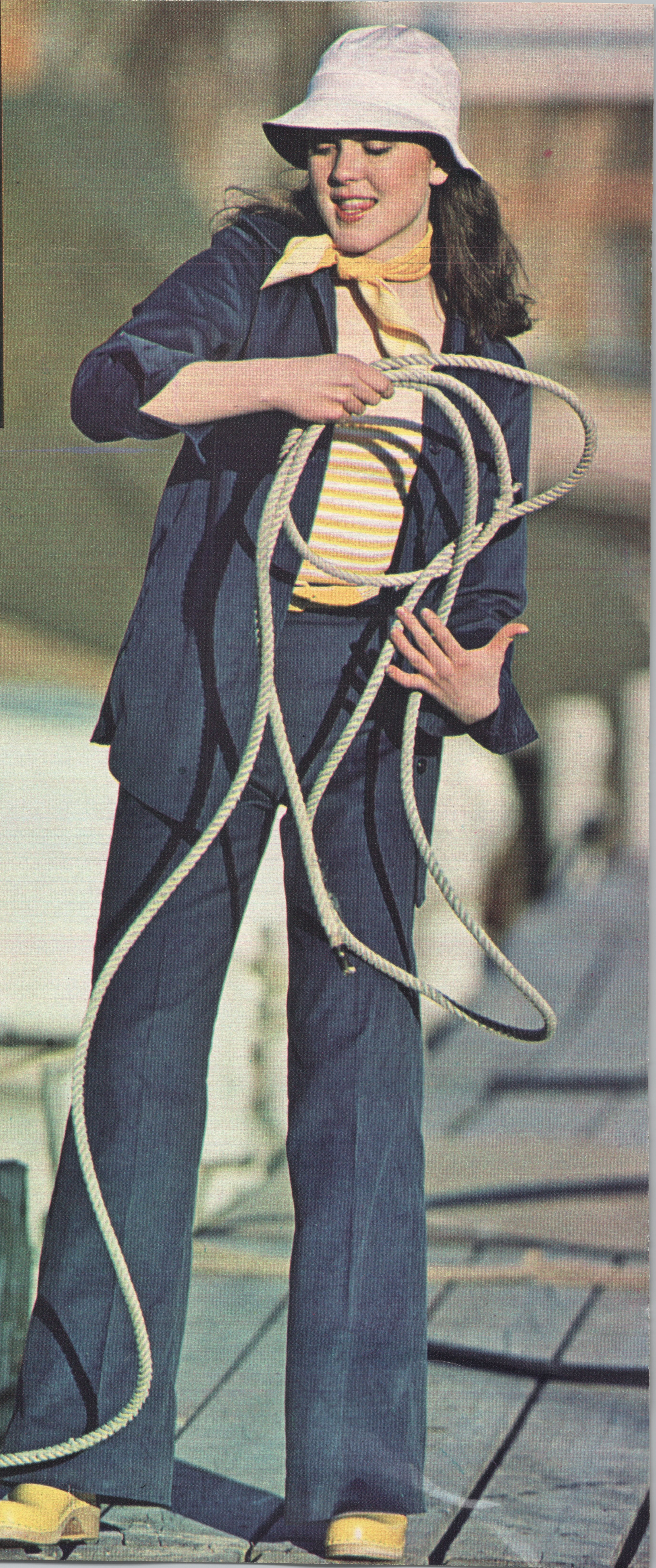


For fall, add a soft gray crew-neck Shetland sweater, plus woolly redberry knee socks

Fashion mileage

That's the name of the game—and these versatile summer sew-ups are what it's about. They're the kind of cool, easy warm-weather clothes you can sew now and just about live in all summer long. And come September and fall breezes, you just do a little layering (that's where fashion mileage comes in)—put a crisp plaid shirt under a heathery Shetland sweater, a peasant dress over a cozy turtleneck. Add a nubbly scarf, a pair of buttery-soft taupe boots or a crocheted shawl, and see cool summer staples turn into fresh fall news! You can start sewing a double fashion message—sew it now, wear it all year. Patterns by McCall's. More pattern, fabric info, next to last page.

PATRICE CASANOVA



Sew-ups

Blue can turn into a neutral color (just think of your blue jeans), especially when it turns up as a classic sailor-blue suit like this. You can wear it lots of different ways—dress it up or play it down. The cuffs on the corduroy shirtjacket roll back; the pants are straight-legged and roomy. Of Trevira polyester/cotton corduroy by Crompton; $4 a yard. McCall's 5435. Wharfside, the suit goes nautical with gleamy yellow accents and a tiny stretchy striped tube top. Ruza hat, cotton scarf by Glentex, belt by Accessory Street, clogs by OlofDaughters.

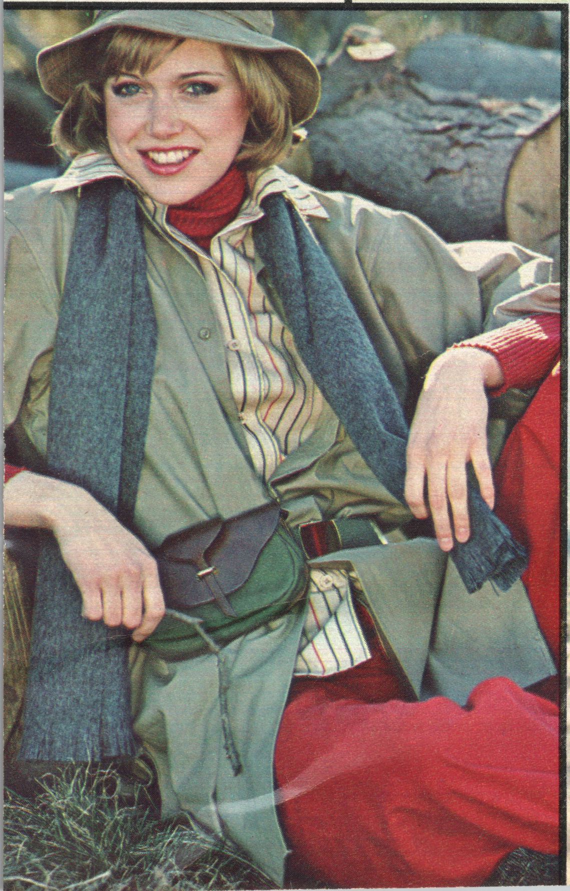
Autumn days take you primary bright (inset above). Tuck a yellow shirt under a cherry-colored pullover sweater. Add ribby yellow socks for warmth and a little color. Zippers, these pages, by Donahue Sales/Talon.

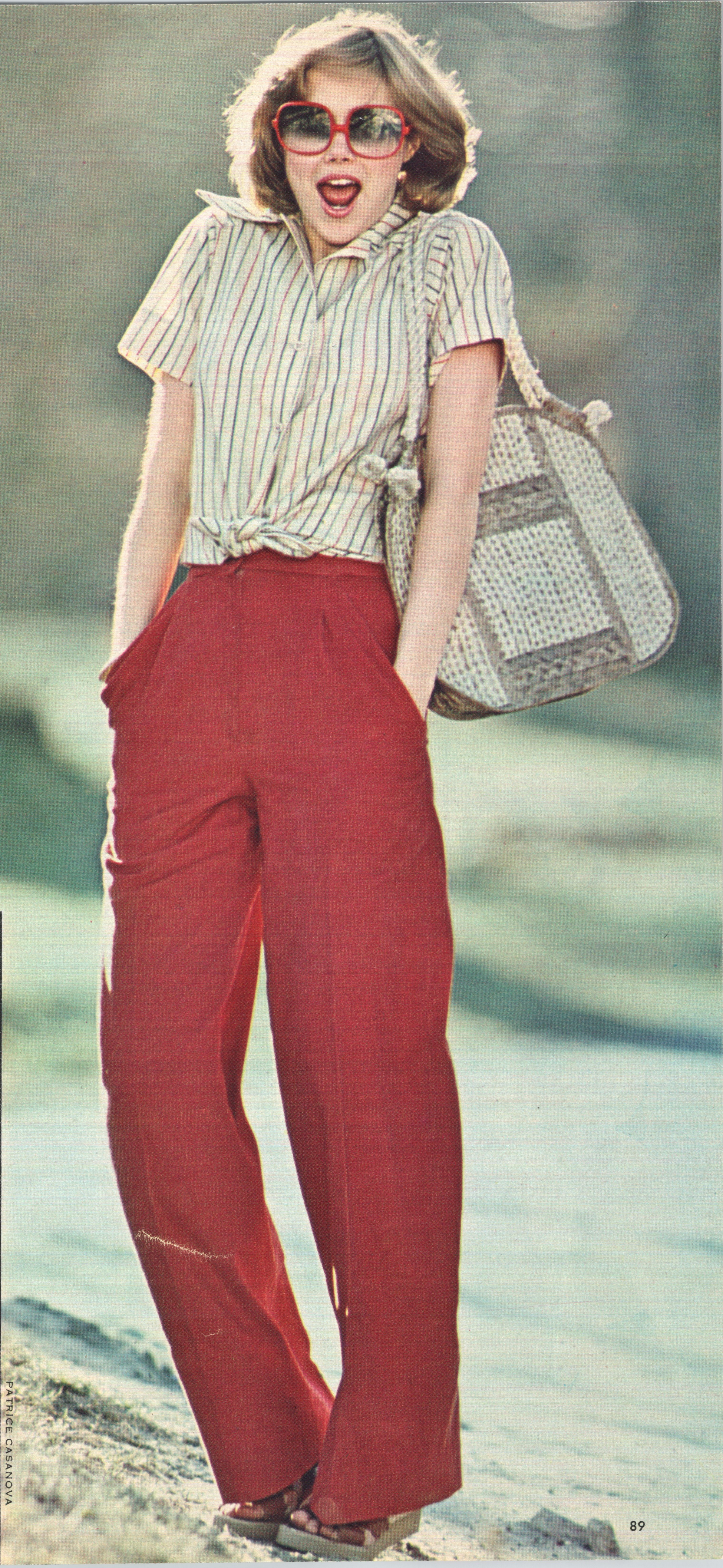
Beauty bit: a spritz of Babe spray cologne—m-m-m! It's a lively kind of fragrance *any* time of year. Fabergé.

The neutral suit (yes, blue can act as a neutral) . . . the boxy short-sleeved shirt—over pleated trousers

The boxy short-sleeved shirt: Everything about it looks fresh—the carefree sporty softness, the cool, easy way it falls. Here, it's in striped cotton/polyester by Ameritex; $2.70 a yard. We took the shirt and gave it a twist over paprika pleated trousers in comfy narrow-wale corduroy. By Crompton, of Trevira polyester/cotton; $4 a yard. Both, McCall's 5590. Riviera sunglasses; Jaclyn straw bag. For pattern and fabric info, see next to last page.

They're the same trousers, the same shirt (inset, below), this time ready for a crisp autumn trek in the woods. We layered a cinnamon turtleneck under the shirt, an oversized army shirt over it—and cinched it all together with a belt by Elegant. Nice fall touches: a sporty hat and a textured scarf (Cisco). Tuck the pants into high boots too. Army shirt by Reminiscence.



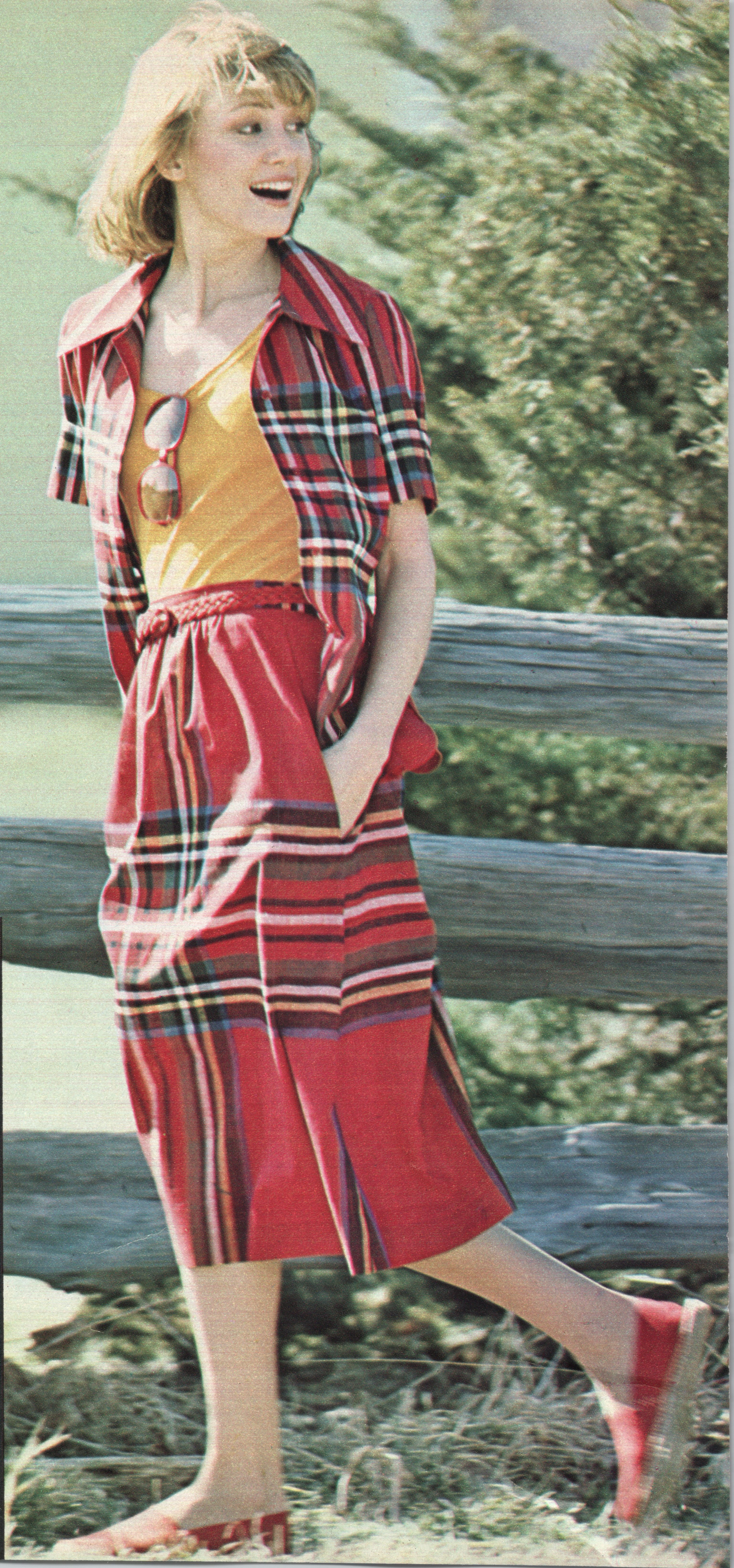


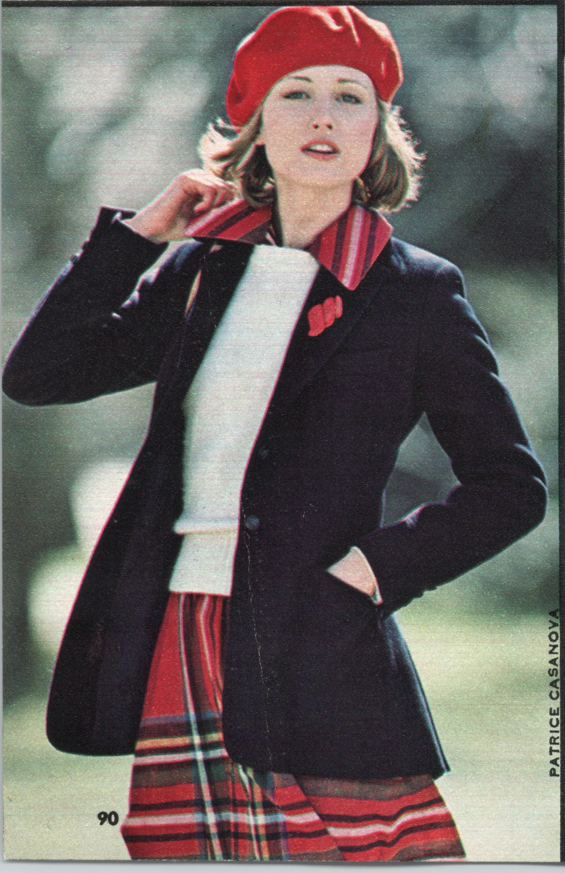
PATRICE CASANOVA

Sew-ups

Here's what you're always looking for—a shirt and skirt with a feeling that's casual but polished. The oversized madras tartan plaid shirt has a great squared, easy shape; the full, gathered skirt is cool, free-moving. Both, of cotton by Ameritex; $3.50 a yard. Blouse, McCall's 5597; skirt, 5666. Wear with a skinny yellow T (Reminiscence), a braided cord belt (Accessories by Pearl), red espadrilles (Unisa). Sunglasses by Riviera.

For cool-weather savvy, button up the shirt, and add a Shetland crew neck (be sure to pull out the bright madras collar), a sleek navy flannel blazer and a saucy red beret—tilted for a bit of dash. Pattern and fabric info, next to last page.





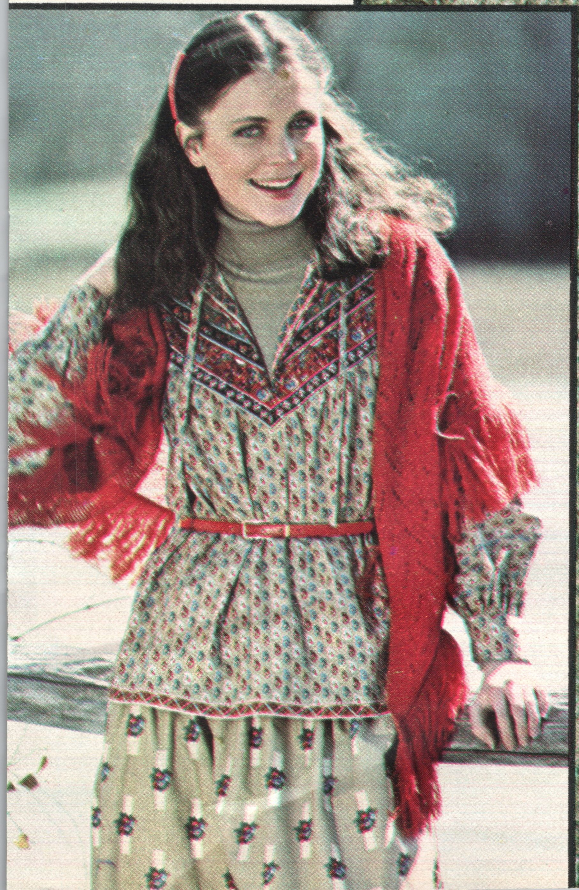
PATRICE CASANOVA

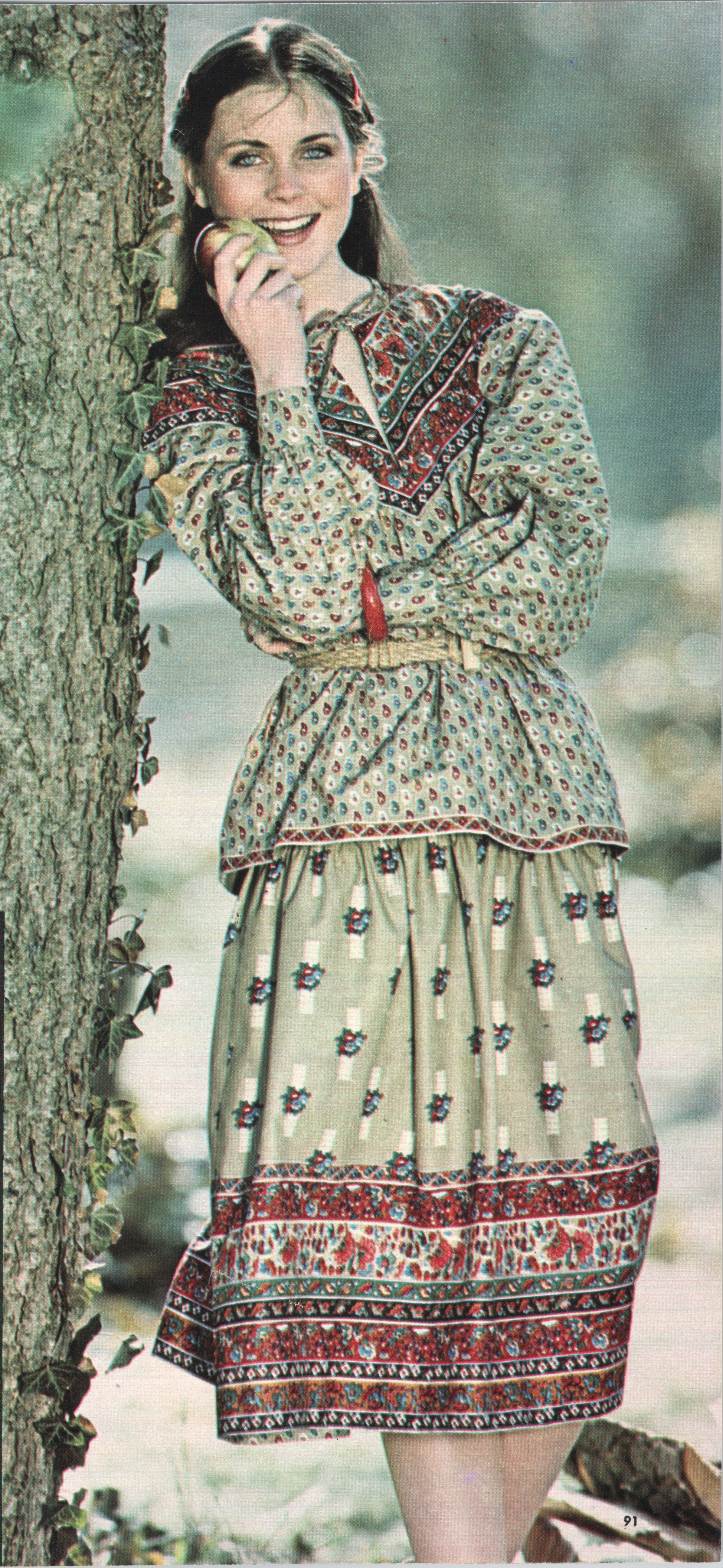
The swingy, natural feel of woven cotton madras; the whimsy of peasant fantasy, Russian folklore

There's a strong peasant flavor here: the big beautiful shapes; the festival colors of red, azure and emerald on a warm beige ground. The bright border print on the blouse ties at the neckline; a straw belt (Elegant) pulls in the waist. Both, of cotton by Concord, $2.70 a yard. McCall's 5431. Bangle by Eva Graham. All buttons, these pages, Streamline.

The bright colors hold true from season to season. For cooler weather, buckle on a sturdy red leather belt (Omega), and slip a snug turtleneck (Riki for Crazy Horse) under the top—it's blousy enough. Then wrap up in a fleecy crocheted shawl (Specialty House); add big boots.

Beauty bit: Summertime can find you washing your hair a lot more often. To help keep it from getting dry, try Everynight Moisturizing shampoo; Helene Curtis.

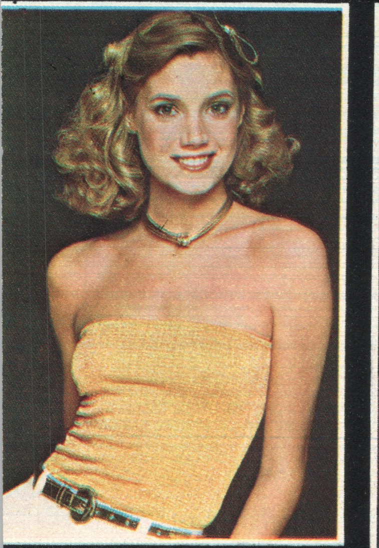




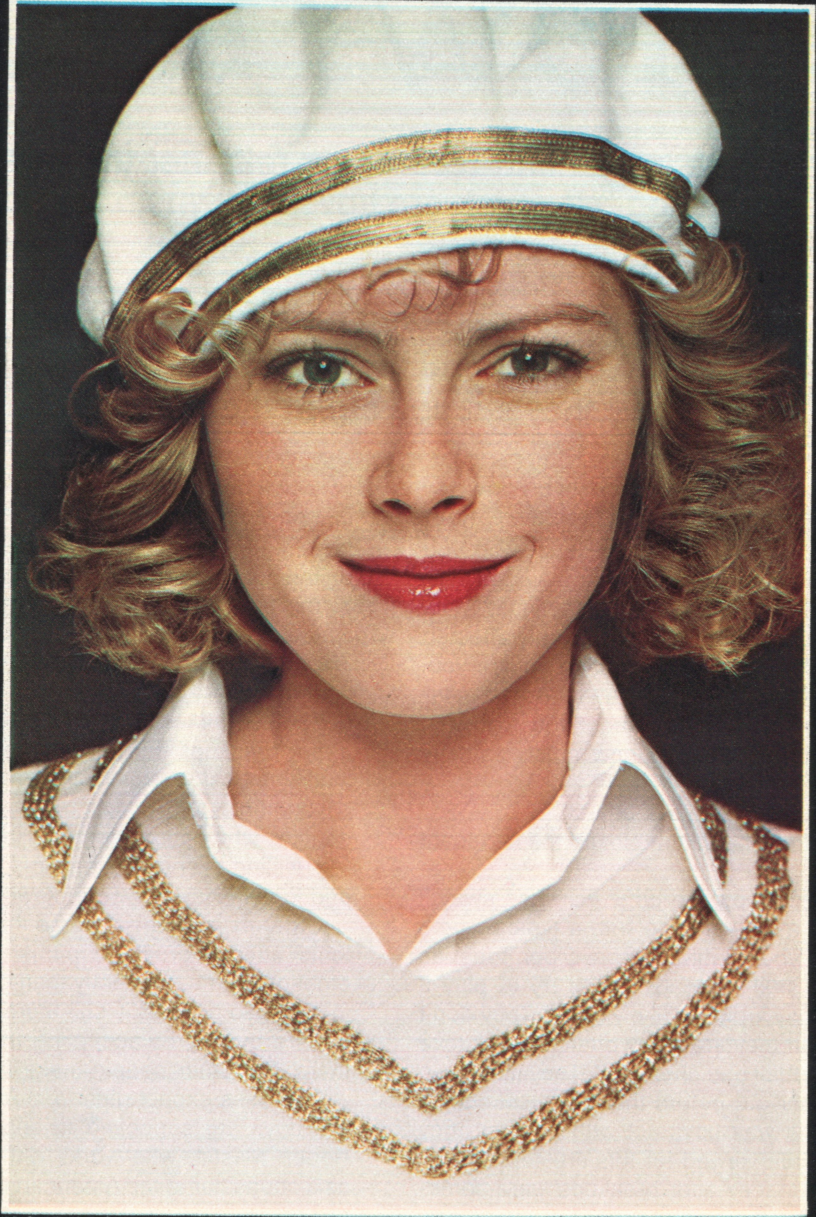
GOLD DIGGER
GOLD DIGGER

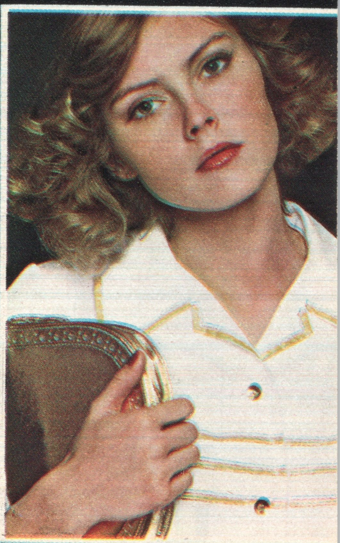
THE GOLD RUSH

Get in on it! Because nowadays, gold is at a premium—especially in fashion.
The formula? Start with something white, then lay on the glitter! How-tos, here and on page 124



Above: Be the golden girl in a glisteny tube top. You can whip one up in a jiff: Buy ½ yard of gold acetate/Mylar/elastic knit (it's by Emil Katz and comes already tubed; $6.50 a yard). Then hem top and bottom edges. Make the choker too. It's of gold cotton/metallic cording (Wrights; 25¢ a yard). Gold belt is by Elegant.

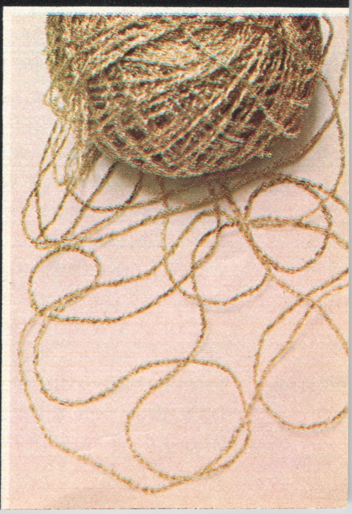




Above: This one's a you-make-it from start to finish. First, sew up the blouse (we used Kodel/cotton from Spring Maid; $1.80 a yard, Streamline buttons and McCall's pattern 5597). Then paint on the stripes—or whatever design you like. Our paint: Hyplar Thalo Gold by M. Grumbacher (2-ounce tube, $1.50). Garay bag.

GORDON MUNRO

Opposite: A skivvy and a T (both, Marie-France) are stenciled with gold lettering. The message is up to you. As for the medium—we did it with a kit from Stencil Magic ($5.95 postpaid) plus the gold paint used on the blouse, this page, above right. The shorts (left, Levi's; right, Smart Parts) are side-striped with flat gold metallic/cotton trim (by Hirschberg, Schutz & Co.; 40¢ a yard). Stitch it on with Talon metallic thread (60¢ a spool). Perfect go-withs for this look—the gold belts by Elegant.
Above: The beret (Veaumont) is banded with the trim we used for the shorts. The sweater (Chego) is crocheted with rayon/Lurex yarn from Reynolds Yarns (20-gram ball, $4.95). Shirt, Pulitz-her. Directions/where-to-buys, page 124. Hair, James Reda.



Breakup: how *he* feels

Here is how four teen-agers felt after the end of a romance. Can you tell which are boys and which are girls?

boy	girl	
		"I don't know how I can go on."
		"They never understand my feelings."
		"I sit in a corner and cry."
		"The way they cut you out of their life is devastating."

Every one of the above statements was by a teen-age *boy* reacting to a breakup. Did you realize how strongly boys feel or how insensitive they think their girl friends are to their feelings?

Many of you may doubt that boys are as deeply affected by breakups as you are. Their actions may confuse you. You don't understand some of the things they say. Sometimes you wonder if they really cared about you. You say:

"That guy doesn't have any idea how much pain he has caused me."

"I think he just wanted me as a sex object."

"I wonder if all the times he said he loved me he meant it. Or was he just kidding?"

"Whenever he sees me now, he turns his head away."

"Maybe he was just a typical male with a typical line."

It's easy to see why you might think boys don't feel as deeply as you do. But that's because boys try to play it cool after a breakup. They aren't as likely to cry. They don't tell their friends how hurt they are. They often act as if love matters less than basketball and chemistry. They may even replace you with another girl before the next weekend.

But don't confuse the way boys act with the way they feel. The young men I interviewed for this article said that their actions—on the surface—after breakups were sometimes very different from their emotions. One found new girl friends but couldn't forget the old one. Another young man threw himself into his studies, "but just because I was so depressed that I needed an escape." One made the break with his girl calmly as she cried softly onto her hamburger. Later he wondered, "How can I be such a creep?" A college student told his girl he was too busy with friends and school to make more time for her. But when she broke up with him, he cried. Another young man's girl friend called things off because she thought he was too independent to need her love. "For two years afterward, I couldn't run into her on campus without getting a twinge of pain," he said.

But that's not the only evidence that boys feel worse about breakups than most girls realize. In a Torrance, California, high school psychology class students recorded how they felt after a breakup. Choices included "I feel angry," "I feel hurt," "I feel nothing." They wrote their answer on a slip of paper and didn't sign their name. The boys' and girls' comments were kept separate and written on the blackboard. The girls were amazed to see that many of the boys wrote that they were hurt by a breakup. But when it came time for discussion, the boys wouldn't talk. They were willing to say they were hurt only if no one knew who they were.

Another indication that boys aren't really as cavalier about breakups as they're rumored to be comes from a study of Boston-area college couples. Dr. Zick Rubin, a psychologist at Brandeis University, interviewed a group of couples who had broken up. He discovered the boys were less willing to end relationships, reported more depression and loneliness, and were slower to recover than the girls.

Other psychologists agree that boys have special problems after a breakup, partly because boys cope with emotional pain differently than girls do. Boys hold the hurt in, trying to pretend it isn't there, when they might get over it more quickly by accepting the feelings and expressing them. But other people make it hard for boys to do this.

"Families expect girls to mope around after a breakup, but boys are supposed to snap out of it quickly," says Robert Mastin, who works with teen-age boys in his job as a counselor at the American Institute of Family Relations of Los Angeles. "Boys are in a real bind," he adds, "because they feel one way and have to act another." Even friends expect boys to act nonchalant or numb their pain with constant activity or a new girl.

Boys try to make themselves feel better by devising an explanation for the breakup. They may tell themselves, "She wasn't my type," or "She wanted to get too serious." Even so, Mastin says, "That doesn't change their basic feelings for her."

Even if a boy wants to break up, he can feel bad that it's over or guilty about hurting his girl friend. "I am surprised at the care and thought many boys put into their relationships," says Barbara Kafka, another counselor at the institute. She says girls may talk and think more about love than boys do, but in an individual relationship, a boy can fall as deeply in love as a girl can.

One young man who does talk about love is poet Peter McWilliams of New York City. He is one of the authors of

ARTICLE

by Victoria Billings

when it's over

What do I do
now that you're gone?
Well, when there's
nothing else going on,
which is quite often,
I sit in a corner and
I cry
until I am
too numbed to feel.*

the book *How To Survive the Loss of Love* (Bantam Books). At seventeen he was going through the breakup of his first serious romance. To comfort himself, he wrote poems like the one above.

When McWilliams's first book of poetry was published, many women wrote saying how surprised they were that a young man could feel so deeply. One accused him of being a woman using a man's name. "No man could be so sensitive," she insisted.

But McWilliams says it's not his feelings that are unusual—it's his ability to share them. After poetry readings young men who hear him say they feel as intensely about losing a love as he does. But even they are amazed that another man has strong feelings.

"The big secret is that boys feel as much as girls do," says McWilliams, "but they show it differently." A boy and girl can have the same feeling but not realize it, he explains, because the girl will overdramatize her emotion and the boy will downplay his. No wonder there's misunderstanding and each accuses the other of insensitivity.

Even boys who act tough or play around are apt to care more than they show. In *What Really Happened to the Class of '65?*, a recent popular book about high school classmates ten years later, a tough guy remembers the breakup of an early affair as the "most excruciating experience" of his life. The late comedian Freddie Prinze, who committed suicide, had many girl friends, but he cared about them all, his male friends said. After he became a star, he told a psychologist he still hadn't gotten over a breakup with his high school girl.

"Girls think boys are more together emotionally than they really are," said one young man. He felt that girls don't appreciate how risky it is for a boy to fall in love. After a boy has come to depend on a girl, "she can cut him out of her life," he said. A boy who isn't ready to take that risk may break off with a girl, giving some other reason, like "I need more time to myself," or "I want to be with my friends." He isn't lying. He just may not know or be able to express what he's feeling. A college student said, "When I used to stop seeing a girl, it was because of an insecurity in me that I couldn't put into words." Only maturity and experience gave these young men the insight to understand and express themselves. "Your first breakup is really hard," said a seventeen-year-old. "You don't know what to say. You just fumble around."

That means teen breakups have great potential for hurt and misunderstanding on both sides. Some young women I know got together recently to talk over their teen-age romances and decide whether they had appreciated how the boys felt. The women concluded that they had been too wrapped up in their own feelings to consider the boy's emotions. Belatedly, my friends saw that the boys had feelings, even if they didn't show them. One woman realized her boy friend's anger was the only way he could show he cared. Another woman recalled that her boy friend called things off because he thought they were getting too serious. "At the time I thought he was only protecting himself," she said. "Now I see how he was trying to protect me because I wanted more than he was able to give."

Knowing how much boys care doesn't mean you should exploit their feelings after a breakup to get them back. That only prolongs the agony for both of you. But remembering the boy's point of view keeps you from getting so absorbed in your own feelings that you don't consider his. During a breakup try to say how you feel and listen to him, so both of you can understand what is happening and why.

You may have trouble communicating without hurting each other's feelings, but this guideline a psychiatrist recommends may help. "Be honest," he says, "but don't use a knife." Don't say you hate your boy friend just to get rid of him. Don't accuse him of having no feelings if he wants to break up. If he seems wildly upset or angry, urge him to talk with you until he can calm down. If he is so angry that he may become violent, call his parents or friends so they know what has happened and can help him.

Seeing the boy's side of a breakup will help make the experience less painful for you and your boy friends. After the pain is over, you may be able to be friends with some of your former boy friends. But even if you can't, you will realize the boy you loved is neither a beast nor a thoughtless oaf, and that the breakup has not destroyed everything you shared. This leaves both of you not only free to recover but confident about loving again.

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ARTICLE

European teens: Would they like to be Americans?

Some say yes, some say no, but together, they offer a variety of imaginative explanations and humorous misconceptions about life in the U.S.A.

by Peggy Mann

Last summer I traveled around Europe and the Near East asking teens the question: Would you like to be an *American* teen-ager? I purposely chose young people who had never been to the United States and said they didn't know anyone who had. I spoke only with teens who knew English, but for most, English was

Scotland

Judith Fraser, 16, from Aberdeen (population 12,000): No, I wouldn't want to be an American. The mass media give the impression Americans are spoiled. Their parents give them too much—clothes, freedom and money. With all these good things they have (except drugs), you may ask why I wouldn't like to be an American. The reason is that they don't enjoy life very much. They've been given too much too easily, so they don't appreciate it. You know, American teens get paid every week for nothing. Most British teens pay their parents.

Sweden

Ingrid Norberg, 18, Stockholm (pop. 699,000): No, but I say no just because I'm fond of my own country and I like being Swedish. I think American teens live more like grown-ups than we do. Few Swedish teens have their own TV, and *no one* has a phone in her room. In Sweden there is more of a difference between teen-age life and grown-up life. Also I think school may mean more to an American. After school he has activities right there—clubs, sports, dramatics. In Sweden, no such thing. You go to school, and after classes, that's all. You go home again.

England

Simon Alper, 17, from Linton (pop. 5,000): No. But this is because I like life in England so much. In America I think boarding schools are mostly for children of divorced parents. But here they're for everyone who wants to go and can pay. I think basically it's good to be away from home eight months a year, even at age seven or eight, because it makes you independent. Also, the matter of discipline for young people is very different in the two countries. American parents are more inclined to say, "Push off, and do what you want." They're more permissive. This is bad because it's easy for the kids to get involved with the wrong type of people. British parents—even those who send their children to school eight months a year—are far more aware of discipline. And there is plenty of discipline at school!

Lebanon

Rabia Lozi, 17, from Beirut (pop. 500,000): No. I am very happy to be an Arab girl. A Lebanese boy has the most personality in the world. He makes you feel he can protect you, and he makes you feel feminine. But he is very aggressive. If he comes to the house and his food isn't ready, he begins to shout. If an American boy's food isn't ready, he opens a can and does it himself. That is good. But women's lib isn't too big here.

their second language. The majority of the teens had a middle- or upper-middle-class background. I tried to talk with students from iron curtain countries, but they were fearful of having their comments printed.

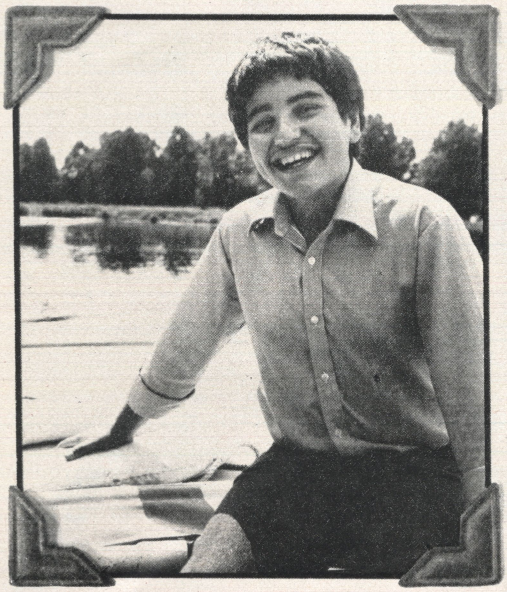
There were five observations that emerged with startling clarity in every interview:

1. Each teen-ager believed American cities to be truly dangerous places ridden with crime and drugs.
2. They said they derived their most vivid impressions of American life from a single source: U.S. television. The most-watched programs were crime or police dramas. Everybody watched *Columbo,* with *Kojak* and *The Streets of San Francisco* running close behind.
3. They believed American teens were better off in regard to clothes, rooms and record collections. But they also said Americans were given too much too soon. And therefore they were deprived of any sense of anticipation, and instead, experienced apathy and a notable lack of joie de vivre.
4. Some wished for more freedom in their life, but all objected to what they considered to be excessive permissiveness in American parents.
5. They claimed to be shocked by the pot situation in America. None of the teens I spoke with had smoked pot or knew people who had.

Do these opinions come as a surprise? You're in for more when you read what these teens think of the way we live and compare it to life in their own country.

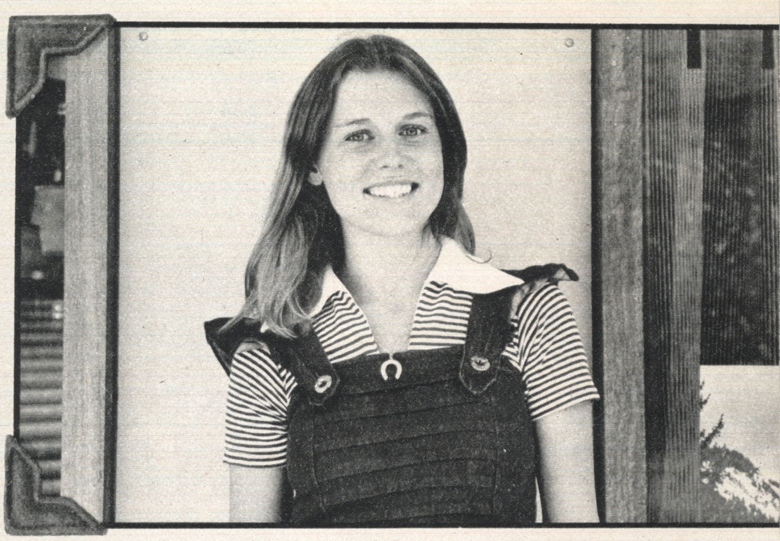
Spain

Javier Tellez, 15, from Barcelona (pop. 1,800,000): No. I think American teens are not formed enough. Teens must be formed by their family, school and society. In America there is more smoking, drinking, drugs and homosexuality. Why? Because of the quick growth of the cities and industry. People need stimulation through drinking and drugs—or think they do. What's my life like? Better now, since there is more freedom under King Don Carlos and the President. Before I would not have told my thoughts in a magazine—the government might not have liked it. Now I can.



Iran

Masoud Sadghi, 15, Isfahan (population 800,000): Yes. Because the American teen-ager is very happy and free. He can do anything he wants. His mother and father don't tell him, "Do this, do that." And not *must* anything! But American teens have no discipline. And if they have no discipline, they have drugs. In Iran boys and girls do not go to school together; in America they do. But they can't get their lessons done because they want to be together, and this is bad for studying. Until I'm ready to marry, I cannot date. I like it that way. In the U.S. boys go out with girls at twelve. In America most marriages are finished. If people cannot live together for ten years, they get a divorce. In Iran, marriages are arranged, for men at twenty-four, for women at eighteen, and divorce is a very bad thing.



Switzerland

Yvonne Welke, 19, from Anzere (population, excluding tourists, 500-600): I want to say yes. And I want to say no. I want to say yes because I like the openness of Americans. I want to say no because I don't like the big cities in the U.S. They make me afraid. We hear a lot about crime. Of course we hear nothing about the teens who don't live in big cities. I suppose you have many places of beauty, quiet and no crime. What many see of the U.S. are television shows—this is what gives them ideas about America. Mostly, I think they are wrong ideas. I live and work in Anzere, and I am lucky to see many real Americans, because this is a resort for skiing where Americans come with their families. I see that real Americans are different from television Americans.

France

Veronique Müller, 15, from Rambouillet (population 20,000): No. But ten years ago young people in France would have wanted to be like Americans. It was considered chic. Everything here was American—American clothes, American music. Now my teen-age friends are rejecting American things—except for blue jeans, because they are useful! We now realize we have our own culture. It is better adapted to our mentality than the American culture, which is more superficial than ours. But in general, maybe American and French teen-agers are more similar than different. All young people like to be like one another.

by Edwin Miller

Daddy's girl makes good

Rhythm and blues singer Natalie Cole shied away from following in the footsteps of her famous father, Nat "King" Cole. Now her talent has at last surfaced

PHILIPPE MOGANE

Natalie Cole has a double-barreled vocal heritage. Her mother, Maria, was a featured vocalist with Duke Ellington's orchestra before she married the late, great ballad singer Nat "King" Cole. But growing up, Natalie never felt any desire to entertain. In the privacy of her room she would lip-synch—mouth the words—to the hit records of her time in front of a mirror, while to the outside world she seemed to be an "outrageous tomboy." She says, "My dad treated me like a son—until he had one." The two were very close. "I'd watch him and do whatever he did, while my mother just shook her head. If he'd eat sardine sandwiches, I'd eat sardine sandwiches. If he wanted to go to a baseball game, I'd go too. If he golfed, I'd tag along, even though I hated it. He was always hitting balls up on our roof or in the swimming pool, and I'd have to get them. He inspired me as a person," she remarks. "We both loved music. But I didn't want to sing in those days. I left that up to him."

At twenty-seven Natalie is a regally handsome woman, who has finally found her own identity in becoming an electrifying performer. But the process was gradual. Bewitching listeners in person and on TV, she has progressed from small clubs to vast auditoriums, from being known only as Nat Cole's daughter to hostess of national TV shows. Her three Capitol albums, *Inseparable* (1975), *Natalie* (1976) and this year's *Unpredictable,* have all gone "gold"—selling more than half a million copies each.

Her father, who died a dozen years ago when Natalie was fifteen, is never far from her thoughts. "He never really liked rock and roll," she says. "But he might have done more jazz if he had had the chance. In that sense, I feel like an extension of him, the other side of the coin. People don't really compare us now, vocally; only when I sing *Nature Boy"*—one of Nat Cole's trademark ballads—"do I sound a little like him. But if I had concentrated on singing my father's hits, like *Mona Lisa,* from the beginning, I would never have been able to go on to do anything of my own. People look at what you do and put you in a niche; then you can't get out of it. I've seen that happen to a lot of performers who go the way they're told instead of the way they feel. Singing isn't something you really learn how to do—it's based more on emotion. I have no gimmicks, no props."

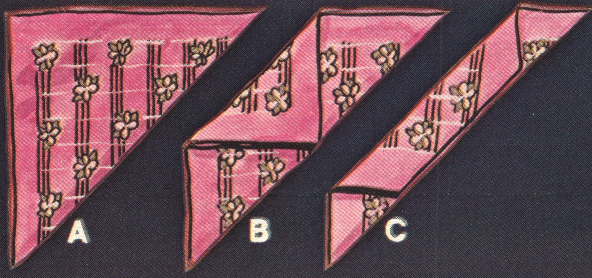
Singing a ballad like *I've Got Love on My Mind,* Natalie's face is radiant, her soaring soprano an irresistible blend of soul, pop, rhythm and blues, propelled by a gospel beat. Last year she was winner of the record industry's Grammy Award for Best New Artist of the Year. She was also named Best Rhythm and Blues Female Vocal Performer for '76 and '77. "My music lies on the progressive side," she says. "It's not a typical sound. I like to balance a sad ballad, such as *No Plans for the Future,* with an up-tempo one, like *Can We Get Together Again*—and go back and forth for a psychological change of pace. Whatever I sing has an undertone of gospel," she adds. "It just comes out of me, my life." Raised an Episcopalian (her mother's denomination), she has become a Baptist, like her father. "In a Baptist church eight out of ten preachers are fiery and emotional. And that's the way I am when I'm into a song."

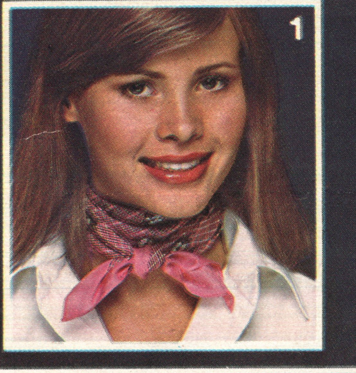
As a little girl Natalie listened to such jazz singers as Ella Fitzgerald on radio or records. Then, she recalls, "The Supremes opened my eyes to rhythm and blues." She did make a couple of childhood recordings with her dad, and when she was eleven, she briefly appeared with him onstage in *I'm with You*—a black version of *Gigi*—but that's as far as it went.

Celebrated faces were a familiar sight around the house to young Natalie. "Those who had really worked to get where they were—like Harry Belafonte, Danny Thomas, Pearl Bailey, Andy Williams—they were the nicest. The ones who had had it handed to them were obnoxious. I used to fantasize about Elvis Presley, the Beatles. What were they really like? People think stars are superhuman. People meet me and say, 'Gee, you're not anything like what I thought you'd be.' " She finds herself

(continued on page 106)

How to tie up a summer wardrobe with scarves

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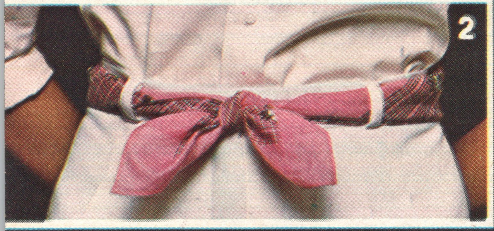
There's no accessory like a scarf for versatility. But if the how-tos of scarf tying have you all wrapped up in knots, read on . . .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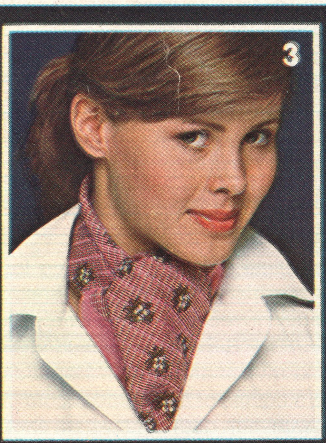
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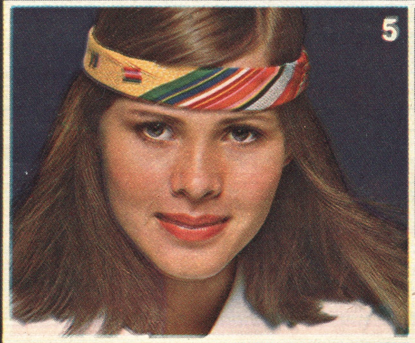
For the tie-ups on this page, we used two cotton squares—a 21-inch geometric-patterned scarf by Symphony ($4), a 27-inch floral scarf by Glentex ($4). They all start with the *A-B-C* fold shown above. 1. For the knotted choker, fold the larger scarf, wrap it around the neck twice, and knot in front. 2. The scarf belt is the larger square, folded, then wrapped around the waist and knotted in front. 3. The ascot's for when you want to look a little dressed-up, very together. Use the larger square. First, fold it, then drape it around neck so ends fall loose in front. Tie once so that one end lies on top of the other. Fan out the top layer, and then tuck the ends into the open neck of a shirt, as we show here.

5. The headband: *A-B-C*-fold the smaller square; fold lengthwise again. Wrap around head; knot in back. 6. The twisted choker: Fold smaller scarf; twist it tightly; wrap it around neck; knot in front. Tuck in the loose ends by wrapping them around the twist.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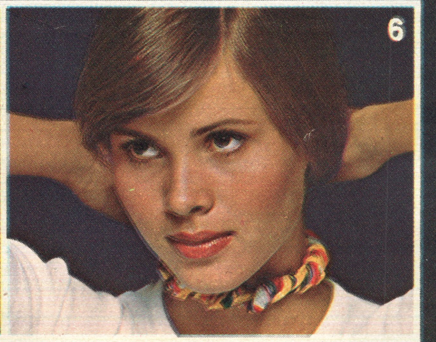
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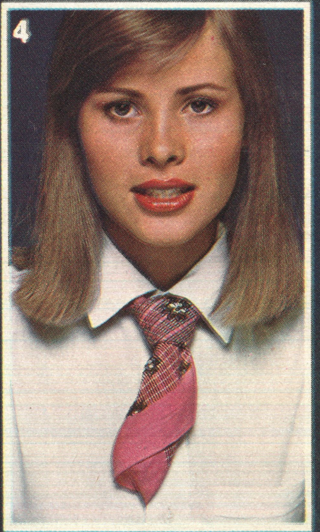
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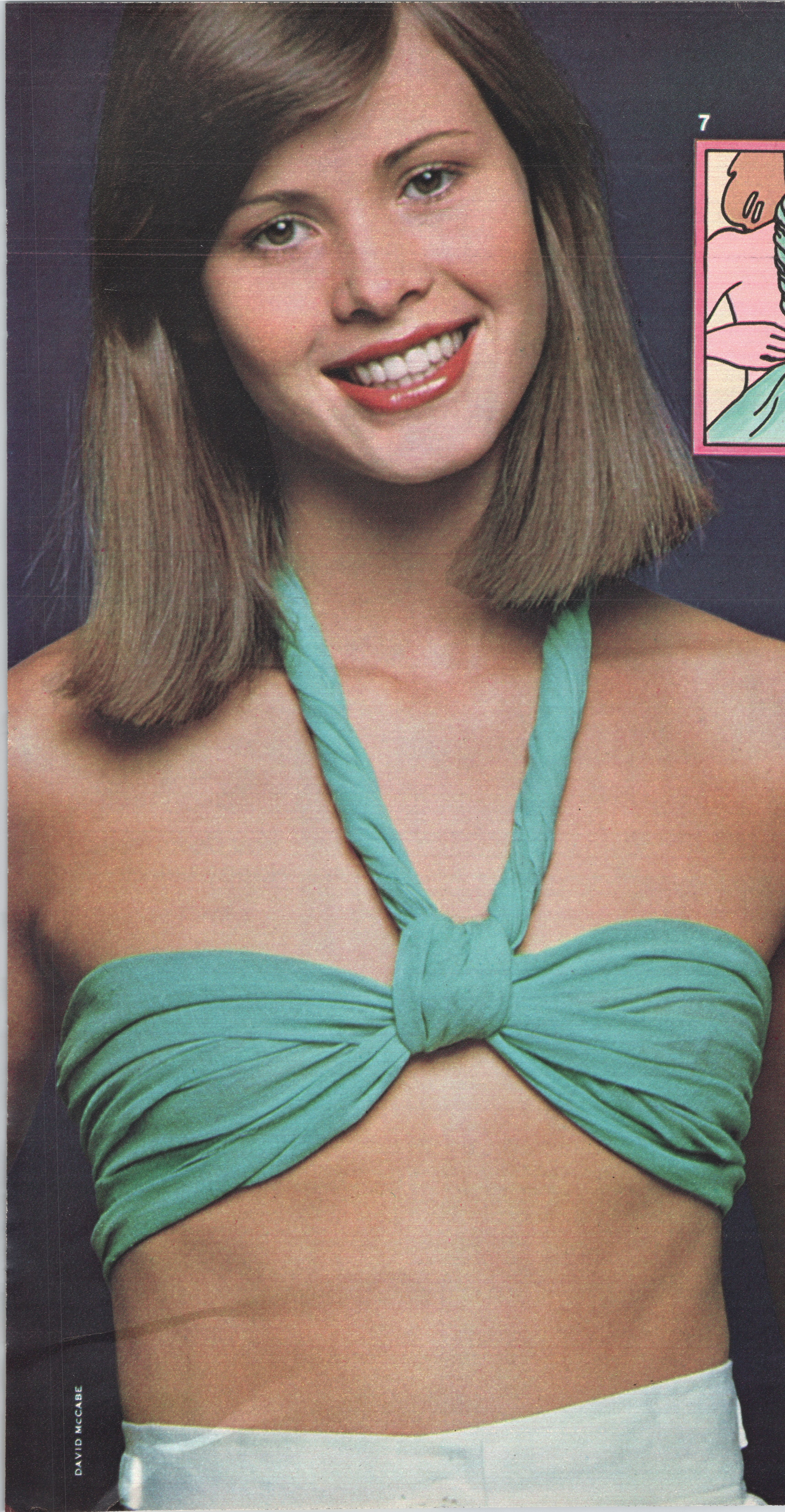
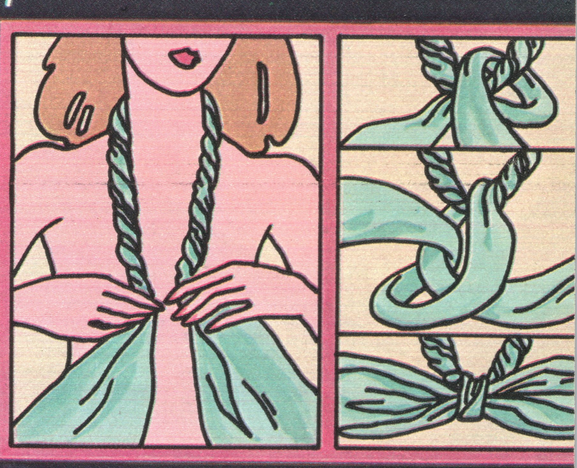
4. The necktie'd scarf: You'll be using the larger square for this one. First, do the *A-B-C* fold, then drape the scarf around your neck so that one end hangs down lower than the other. Take the longer end, wrap it over and around the shorter end twice, pull it up through the scarf from underneath, then pull it down through the wrapped part to make a knot. Shirt by Pulitz-her. Store information, on next to last page. Hair, these pages, by Salvatore Favia of Le Salon; makeup by Mark Nahmias.



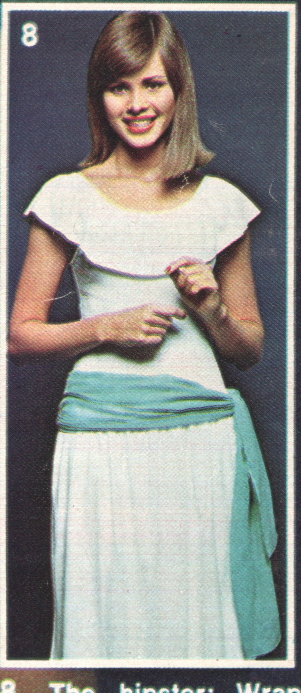
DAVID McCABE

7



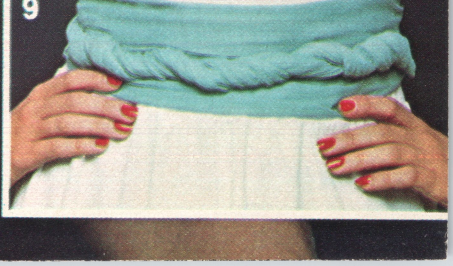
For these you'll need a long stretch of scarf like this 18-by-72-inch cotton oblong by Echo ($8). 7. The halter: Starting at center, twist scarf; drape around neck; knot (see above). Tie in back.

8



8. The hipster: Wrap scarf around hips; tie at one side. (Gaston Jauret dress.) 9. Waist wrap: Wrap scarf around to back; tie; twist ends; tie in front. Tuck in ends.

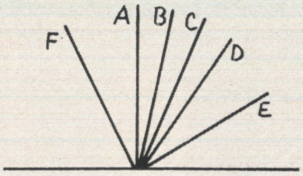
9



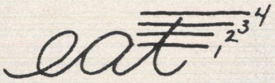
MEMO TO:
DATE 7/4
Dad—
Send Cash!
Debbie
Wonderful
Watch Out
Super
FROM: Melissa Stewart
4902 Pinecrest
Lewis, Del.
TO: Lisa Evans
3 Maple Hill Drive
Jamesburg, Pa.
i'd rather be playing tennis.
Meet me at 5:00
for net results!
Bearer this Card
You deserve it...
Happy Birthday!
Love, Diane
100-124G
July 3, 1977
Dear John,
Can you read between the lines?
All my notes have
been flat since you left
Write soon.
notes

THE *Handwriting's* ON THE WALL

. . . and on our bright selection of letter paper and notes too.
Because what you write *on* can say as much about you as the way you write



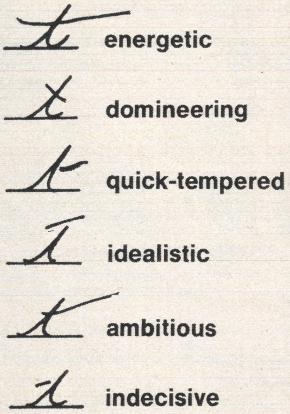
Want to analyze your handwriting (or his)? First, look at the slant of the letters, to see whether the writer is influenced by the head or the heart. What's your angle? If the slant is between *A* and *B,* you're self-contained, poised. When the angle leans to the right, from *B* to *C,* it means you're extraverted, responsive. *C*-to-*D*-slanters act spontaneously; *D*-to-*E* are supersensitive. Left angle? Backward-slanting script (*A* to *F*) reveals a reserved nature. A changing slant may mean the writer has a moody or changeable temperament.



What does a crossed *t* tell about you? Where you place your bar on the *t* (see above) may indicate you have:

1. A low self-opinion.
2. A practical nature.
3. Long-range ambition.
4. Your head in the clouds.

Cross-strokes (see examples at right) are clues to the writer's temperament.



The size of the script shows the writer's approach to life. Large writing? You're on the go, restless, enjoy activity. "Small printers" tend to be concise, thorough. If you're versatile, handwriting size will vary with your mood. Connected letters reveal a methodical, logical mind. A writer whose letters are disconnected tends to be creative, intuitive, often impractical. Look at the loops on the letters *h, k, l*: If they're tall, they indicate idealism. Lower loops, on letters like *z, p, y,* show the degree of your physical drives: The longer they are, the stronger the drive. Are you vain? See if your *d* and *t* stems are much taller than the other letters. Independent? Check for short, retraced *d* and *t* stems. Giant first-letter flourishes or a flourished stroke before any letter indicates a sense of humor. For more detailed information on deciphering the mysteries of your scrawl, consult a book on handwriting analysis.

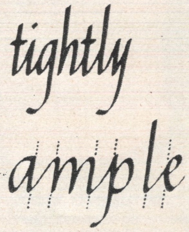
Stationery is another form of self-expression. Opposite, clockwise from bottom right: legal-look yellow ruled letter sheets by Eaton; playful piano keys note pad by Coronet General Corp.; rainbow-striped foldover notes from Van Dow-Fenton; attention-getting money notes—a memo pad by Eaton; superbright note cards by Childstar, from Jeanne Teller; plastic cards with greetings by Perma-Greetings, from Van Dow-Fenton; tennis ball notes-in-the-round by Designsense. More info on page 113.

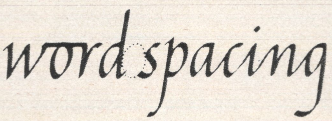
BILL MARGERIN

Italic Handwriting

Calligraphy— the art of elegant handwriting. It's a pretty way to write an invitation or card, especially in the italic style shown here. And doing calligraphic exercises can improve your handwriting. You'll need a special pen and nib (beginners should start with the broadest point; lefties should use the oblique nibs—see below), fountain-pen ink and lined paper for practice.

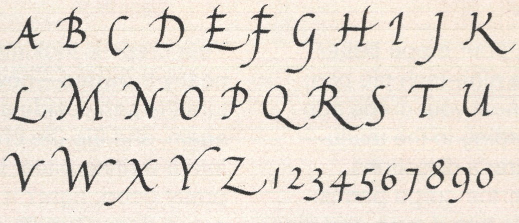
Okay, ready? Sit up straight. Hold the pen lightly at a 45-degree angle to the right. Don't press down! Use light pressure for upward strokes, only a little more pressure for downward strokes. And keep a steady writing rhythm.



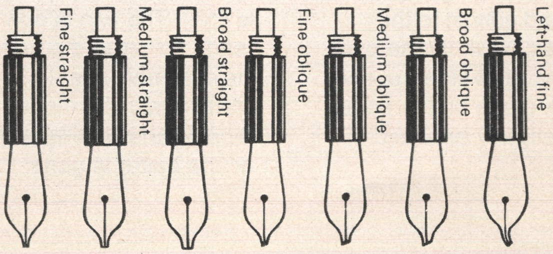


Slant your letters at the same angle, and don't squeeze them together!

Leave enough space for a *u* between the letters and for an *o* between the words. Keep a neat margin on all four sides, and remember it takes *practice* to write a fine italic hand.


A B C D E F G H I J K
L M N O P Q R S T U
V W X Y Z 1 2 3 4 5 6 7 8 9 0

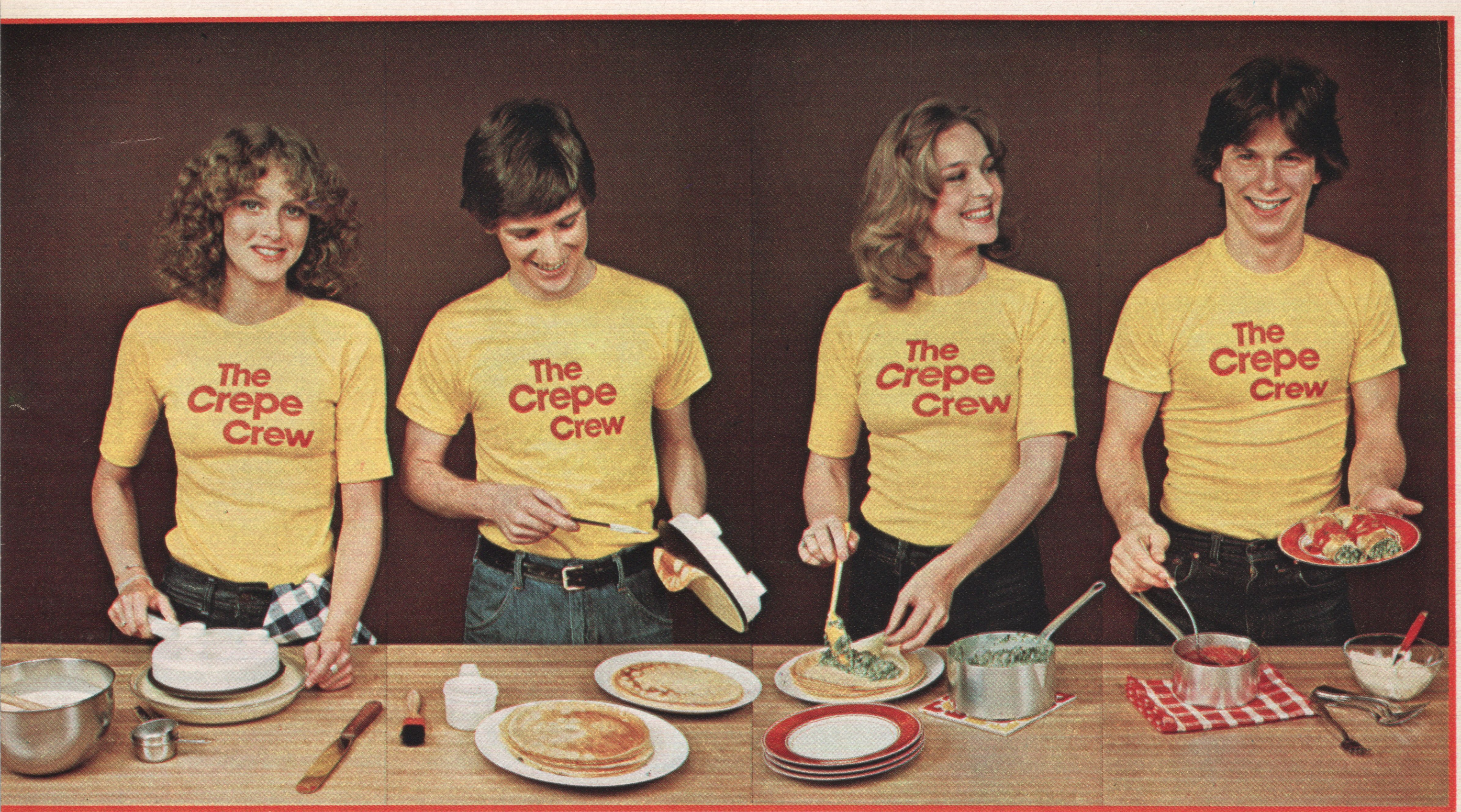
To get the right slant on your writing: the Platignum Italic Pen set (with five assorted nibs, $6) and the book *Italic Calligraphy and Handwriting* by Lloyd J. Reynolds ($3.50), both from Pentalic Corp.; available at art supply stores.



The catered crepe...

can make a bundle for you

Crepe catering—it's a great way to earn money this summer or on weekends for the rest of the year. All you need is an electric crepe pan or two, an assembly line of willing partners, and you're in business! Think of a catchy name for your crepe-making team (like our "Crepe Crew," below); it will help people to remember and identify you easily. And have T-shirts made up with the name of your business—it *does* pay to advertise. After you learn to prepare the basic crepe, you can offer a variety of party services—from cooking crepes to serving and cleaning up. You might even park cars for guests. For more tips on setting up a catering service, turn to page 126.



DIP

First, pour crepe batter into a nine-inch pie pan; then heat your crepe pan according to the manufacturer's directions. When the crepe pan is ready, turn it over, and dip it quickly (5 to 10 seconds) into batter at a slight angle, leveling it off till it's coated almost to the edges. Now, lift the pan, turn it right side up, and cook crepe till the edges are slightly browned.

FLIP

Your crepe is looking neatly browned—now turn the pan upside down again, and flip the crepe into a waiting plate. Looks pretty good, right? If the crepe doesn't quite cooperate but sticks a bit, help it along with a spatula (rubber or plastic is fine). The pan is now ready for more dip action; the assembly line starts again. Continue dipping and flipping crepes till the batter is gone.

FILL

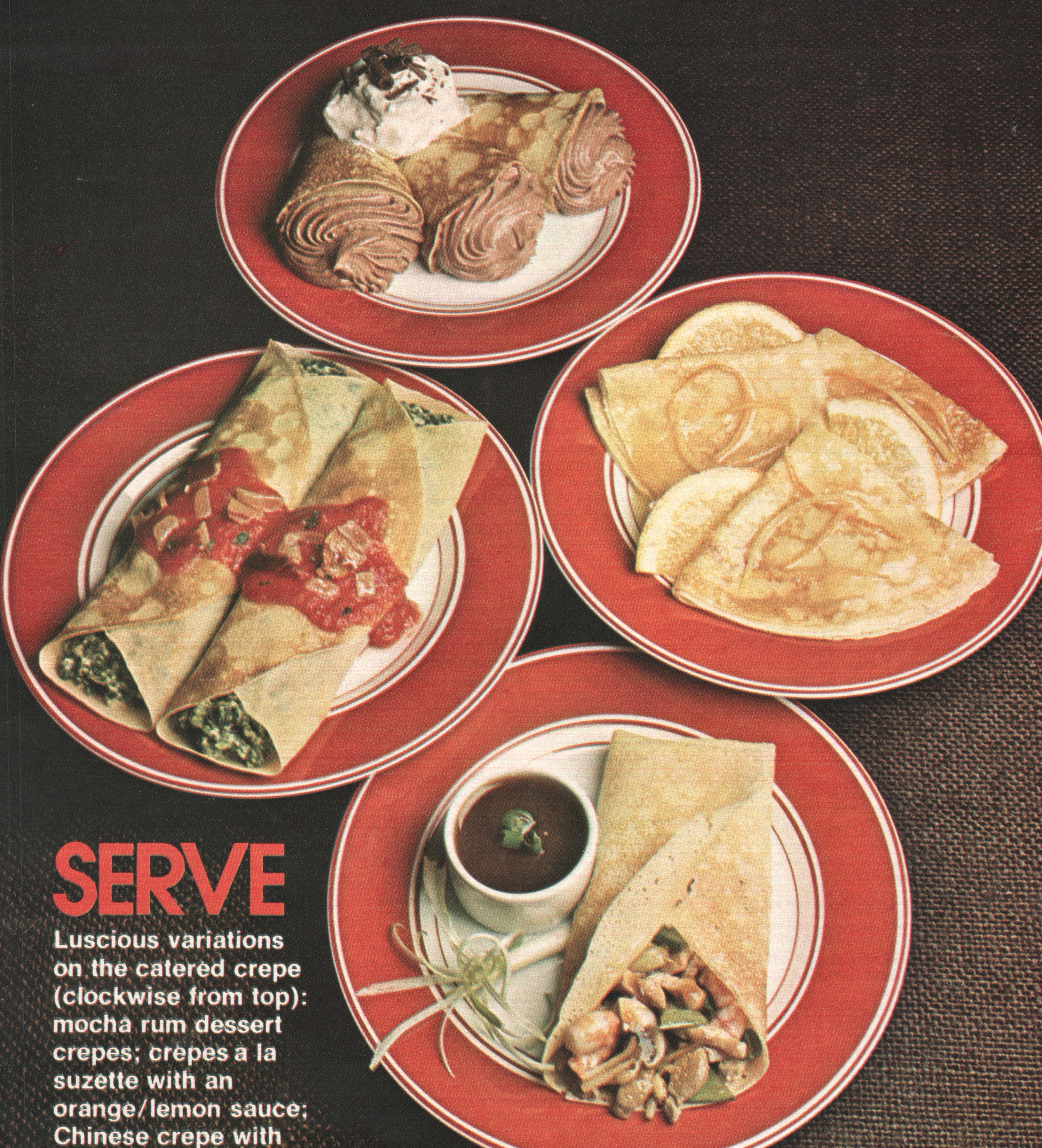
Now you have a stack of crispy crepes waiting to be turned into main-course meals or scrumptious dessert treats. You can easily offer a variety of crepe fillings—hot, cold, sweet, spicy. Above, we show you the simplest way to roll up a crepe; on the opposite page, some fancier fold-ups.

TOP

The crowning touch? A hot sauce or cold topping to pour over the filled crepe or serve on the side. Offer a choice of fillings and toppings; the bigger the gathering, the more variety. You can serve a main-dish crepe and a sweet dessert crepe; round out the menu with a green salad and fresh warm bread. The how-tos and recipes—plus a special crepe-pan offer—are on page 126.

MICHEL TCHEREVKOFF

ELECTRIC CREPE-MAKERS BY CONTEMPRA INDUSTRIES. GIRLS' T-SHIRTS BY TRIC-TRAC



SERVE

Luscious variations on the catered crepe (clockwise from top): mocha rum dessert crepes; crepes a la suzette with an orange/lemon sauce; Chinese crepe with tangy dipping sauce; manicotti crepes with cheese, spinach and tomato/bacon sauce

DADDY'S GIRL . . .

continued from page 99

awed by some stars still. "To me," she says, "Elton John seems unreachable. His publicity makes him seem so fantastic that he's not for real. He wears crazy clothes, owns a see-through piano. He'll take over three or four floors of a hotel, or fly from Europe to America just to see some show. And when I saw Diana Ross in Las Vegas, I was so knocked out when she actually let me into her dressing room! We all have our little fantasies in the back of our mind, and I guess I look at her in the same way someone might look at me!"

Because of her dad, she grew up feeling somehow special. "I wasn't spoiled," she remarks, "but I never wanted for anything. Sometimes I'd be so happy for no particular reason, very content to be by myself sitting in my room. Getting off the school bus every day in front of our house in the Hancock Park area, in Los Angeles, where we lived, was my biggest thrill. It was the most beautiful place in the whole, wide world, and I never ceased to get a special butterfly in my stomach. That house holds a lot of memories for me—like trying to sneak down the back stairs to get something to eat without letting my mom know. There was one squeaking stair that I must have tried to cross quietly for at least six or seven years."

Natalie wasn't an only child. Her sister Carol preceded her by five years. "There were two of us," she says, "then three, then five, but by then I wasn't little anymore, so I had a chance to enjoy my childhood almost as if I were the only one. Carol and I got along pretty well. Like typical sisters, we'd have crazy fights and then make up right away. She was very beautiful and had thousands and thousands of boy friends, while I didn't have any. I used to think I was very ugly. Not that I would hide in a corner. I wasn't shy, but I wasn't pretty or even cute. I was just fair, really skinny, like Olive Oyl in the Popeye cartoons. I didn't date until I was sixteen, didn't really like boys until eighteen."

At twelve Natalie wanted to be a stewardess. By thirteen her goal was to be a brain or heart surgeon. Although Nat Cole was ill for a long time with lung cancer, her mother didn't tell her until a couple of months before he died. "She didn't want it to interfere with my schoolwork," she recalls. "It took me a year to get over his death." In high school she realized she wasn't very good in the sciences and gravitated toward psychology, which she later majored in at the University of Massachusetts at Amherst.

During her last year in college, she began singing. A friend, with whom she would vocalize casually, came down with a strep throat and asked if she would stand in for him with his group on some weekend dates. At first she still didn't take singing seriously because "it was too much fun." She adds, "I started out doing wild material, influenced by Ike and Tina Turner, Janis Joplin, Jimi Hendrix, the Rolling Stones. My voice has changed a lot since then. I can reach higher notes now and control it much more." After graduation she was signed by a talent agency run by the same man who had worked with her father and who had known her since she was small. Natalie laughs. "My mom would call him up and say, 'Now, you make sure she's doing the right thing. Make sure she's got the talent. Don't have her out there making a fool of herself!' "

The people around Natalie believe in her. She and her producers, Marvin Yancy, son of a Baptist preacher, whom she married last July, and Chuck Jackson, both from Chicago, help write her material, select songs for her albums. "I am black, and I'm soulful," she says with pride. "I get to the black people faster but no heavier than I do to a white crowd. It might take white people two more songs to understand soul, but the reactions are the same." She spends thirty to forty weeks a year on the road, finding the traveling life "pretty easy" except for some of the physical aspects, like the long waits at airports. "I travel with thirteen people—including my band, backup vocalists and road manager—but since I found out Muhammad Ali travels with forty," she jokes, "I don't feel so bad."

Her first cousin is her "spiritual adviser." "We go way back," Natalie says. "She gets me ready when I perform, worries if I'm sick. She knows if I'm doing well, when I get upset. Things can get very disorganized on the road. Sometimes you get to a place, and your equipment or your clothes weren't on the same plane. Sometimes you just want to talk to somebody to know if you're still all right or if you're going crazy." Even before she married, socializing on the road was almost nonexistent. "Although people are always inviting you out, you're too tired to date. You have to get up too early. Even marriage has to come second in this business; when you become a public figure, you have to make certain sacrifices, and one of them is that you're not ordinary anymore.

"Society says that when you grow up, you have to start being serious," Natalie muses. "Mary Martin in *Peter Pan* singing *I Won't Grow Up* made a big impression on me because I didn't want to grow up either. I never want to lose that early sense of eagerness and beauty. But I really enjoy what I'm doing now. The thing that really makes me feel good is if I can bring happiness into someone's life, if I can communicate love. That's longer-lasting than anything else you can give anyone."

THE SPELL

continued from page 85

man said. He offered one to Cathy. It was a small, powdery cake, rich with nuts.

"It's marvelous," she said.

The princess smiled at her. Her white face seemed carved. "It is a recipe I got from the pastry cook at the Vorosmarty, the best coffeehouse in Budapest. Poor man, he came to Santa Angelina to train my chef, and he died on the way home on the Orient Express."

Cathy gulped. "Oh, dear."

"You can imagine what these people said about me when they learned he had died," the princess said. "They did not care a fig that he was old and had a bad heart, which just stopped."

Suddenly the princess rose and walked gracefully to the balustrade. She looked out over the lemon groves, the tile roofs, the beach and harbor.

"So be it," she said. "Whatever they say about me, I will stay! This is my only home, and I adore it."

"She's off again," Mr. Fromes whispered to Cathy. "Memories of Budapest. She can't go back there, y' know."

One of the French ladies leaned forward. "We must try again to make her go into town. Andrew, please talk to her again, and this time, make her listen."

Mr. Fromes dabbed at his forehead with a napkin. "Dash it all, she seemed on the verge a week ago. Almost had her mind made up. That's what she needs. A bit of shopping. A nice stroll. A drink at the Nettuno."

The other Frenchwoman nodded. "It is true, and Magda knows it. If only she could be assured they would not run from her or insult her."

The Englishman nudged Cathy. "Go over and talk to her, luv. She rather fancies you, I think."

Cathy joined the princess at the marble railing. They both looked out to the sea.

"Your friends are right," Cathy said. "You should go into Santa Angelina again. The village is so pretty."

The flawless face smiled at Cathy. "Oh, my innocent girl. Mr. Fromes put you up to this, did he not?" She wagged a finger at the Englishman. "Foolish Andrew, getting a child to do your errands."

"But he's right," Cathy said. "Everyone says you owe it to yourself to be seen in the village."

Princess Magda touched Cathy's bare arm. "My dear, you know little of the hatred in these people. Look in my eyes. Quick! Are you afraid?"

"Of course not."

"Do you see a little man in them?" the princess asked.

"A little man?"

"People claim he dwells in my eyes and does evil things to them. Thus they take the curse off me. 'The princess cannot help it,' they mutter over their wine, 'but the evil is in her.' "

"That's the cruelest thing I've ever heard," said Cathy.

She was full of pity for the handsome woman. Below, a dog howled. Cathy saw the yellow cur pawing at the gate.

"Your highness, it is time."

Princess Magda turned. Erno was standing at the doors to the terrace. He bore a tray that held a medicine bottle.

"The penalties of my years. Excuse me, Caterina. All of you may remain and talk. About me, if you wish."

The old woman glided across the marble floor. Mr. Fromes explained to Cathy that this was how tea usually ended: The princess would retire to her quarters and the guests would stay a while longer.

After the others had gone out, Cathy accompanied *(continued on page 110)*

Janet and other members of her boating club volunteer to take kids from the inner city out to have fun. And to learn water safety.

She believes it may help those kids grow as people. She's sure it's helping her.

We can help you find organizations in your town that really need you. Call the Voluntary Action Center where you live. Or write: "Volunteer", Washington, D.C. 20013.

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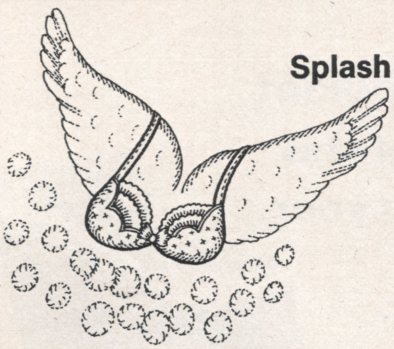
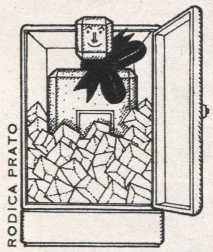
Whiff!



Splash on a scent that's light but lasts—a cool *summertime* fragrance

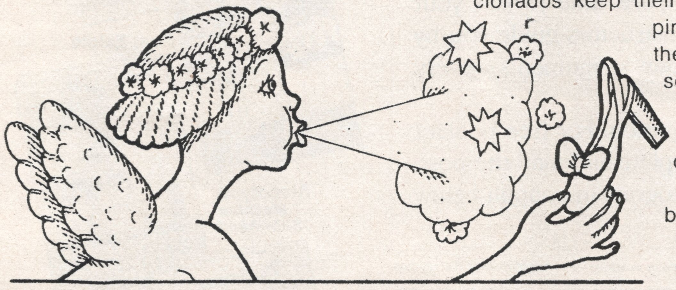
When days turn hot and humid, scent "blooms" more, travels faster. That's why it's a good idea to keep your summer scent light, fresh, subtle. Two breezy warm-weather fragrances to try: Cool Spell from Coty (the name says it all) and Cool Skin Spray by Bonne Bell. But don't wear *any* scent while sunning: You might end up with spotted skin or find yourself irresistible—to mosquitoes!



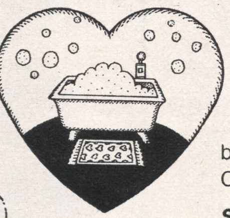
RODICA PRATO

Summer is really a time to have fun with fragrance. You can soak cotton balls in a pretty scent (Jovan's Eau Fresh is a good one), cool them in the fridge, then slip them into your bra. Or spray a crisp floral bouquet like new Cie (Shulton's Contemporary Fragrance Group) on your pillowcase, plastic wrap it, and tuck in the freezer for a few minutes. In fact, most scents are extra refreshing when chilled. Try chilling a classic favorite—in a new form—White Shoulders Splash by Evyan.

Powder up for summer too. Before hitting the courts or track, joggers and tennis aficionados keep their cool with a soothing pinch of talcum powder in their footgear. Try it yourself with Johnson's Baby Powder, especially if you're on your feet all day. And sprinkle some on your sheets before bed. Helps absorb moisture, keeps sheets from sticking to you all night.



Bare summer nights call for maximum *pow*—hit all the pulse points: temples, wrists, behind the ears; dab the backs of your knees, insides of elbows, the ankles and insteps.



Nice way to turn your bath into a cool, smoothing, luxurious indulgence—add a drop or two of baby oil to the running water. Afterward, splash on lots of tingly cologne. Two that we like—Prince Matchabelli's Wind Song Summertime Splash and Clairol's Herbal Essence Body Splash.

Scented body oil is fun to experiment with—slather some on after a long day in the sun or after a bath. We like to mix our own flavor variations—you can try it too—with unscented body oil (from i Natural Cosmetics) as a base and cooling peppermint or spearmint oil from the local pharmacy.

You can also use scent to create subtle mood lifts in your room. Spray some of your favorite perfume on a light bulb; the scent gently diffuses, lightly perfuming the area. For the same effect, you can put some in the vent of your air conditioner too.

THE SPELL

continued from page 106

Mr. Fromes through the lofty corridors. Behind glass doors they could see Princess Magda. She was seated in an ornate chair, her head back, her neck extended. Erno was bending over her.

"Eye drops," Mr. Fromes explained. "Along with her other problems, Her Highness is a hypochrondriac."

In the garden, amid flaming oleanders and blooming cacti, the guests went to their cars. The Swede spoke to Mr. Fromes. "She needs a bit more confidence, I daresay," he said. "I think if we all keep at it, she'll take that walk."

"We must make it our duty," the Swedish woman said. "At the right moment, she will do it."

"From your pretty mouth to God's ears," Mr. Fromes said cheerily. He gunned the engine. "Who knows? She may surprise us someday, put on her walking shoes, and light out. After all, she's nobility, and she can't let them ruin her last years on earth."

The big car crunched through the open gates. As it swung to the right, the yellow mongrel Cathy had seen howling darted in front of the right wheel.

"Bloody cur," Mr. Fromes shouted.

There was a shrill yelping, a dull thud. Cathy screamed.

The car rammed into a low stone wall. Fifteen feet behind them, the dog lay dead on the cobbled street.

"That dog," Cathy said shakily. "I saw it howling when it looked at the princess."

The Englishman was studying his crumpled front fender. "I need a mechanic. Or one of those charms they sell."

The next morning Cathy went to the library at the end of the *lungomare*. It was a musty place with a selection of books in English, German and French, in deference to Santa Angelina's tourists.

She found a volume entitled *Amulets and Talismans,* by Sir E. A. Wallis Budge. In a chapter called "The Evil Eye" she read:

> The oldest mentions of the Evil Eye are found in the texts which the Sumerians . . . wrote in cuneiform upon clay tablets; the Sumerian texts date from the third millennium before Christ. . . . The Sumerian words *IGI-HUL,* literally "eye evil," are translated by the Assyrian words *i-ni limut-tum*. . . . In this text it is said: "The roving Evil Eye hath looked on the neighbourhood and hath vanished far away . . . it hath looked on the wanderer and like wood cut off for poles it hath bent his neck."

Bent his neck. With a shudder, Cathy thought of the manservant, Erno, with his slanted head. She read on:

> The belief in the Evil Eye has existed in every country of Europe and still exists. In Germany it is called *böse Blick;* in Italy . . . *mal' occhio* . . . in Spain, *mal de ojo;* in France . . . *mauvais regard;* in Hungary, *szemverés*. . .

Cathy gasped. *Szemverés.* The princess's family name. She shut the book. To believe or not to believe? She refused to accept the notion that the beautiful woman possessed evil powers.

Cathy walked into the sunlight and sat for a moment on the wall that fronted the library. A flotilla of naval vessels had anchored in the gulf. A launch filled with sailors chugged toward the shoreline.

Erno was standing in front of her. Where had he come from?

"Signorina, the princess would like to talk with you."

"Now?"

"Yes. Her Highness is alone."

Cathy found Princess Magda in her garden. She wore a tailored chartreuse pantsuit which showed off her youthful figure.

They sat on a bench under a palm tree, and Erno brought them lemonade. The princess stroked the girl's hand. "Are you afraid of me, Caterina?"

"No. I think you're beautiful."

"And good?"

"Yes. I don't believe what these people say about you."

"What do they say?"

"I don't want to repeat it."

"You need not. I am weary of these people and their life. But it is my destiny to live out my years in Santa Angelina."

"Why? If they're so cruel and won't visit you, and . . ."

"I have royal blood. I cannot be shamed by them. It is a question of character."

"Then you mustn't stay cooped up here. You have to show them they're wrong. You've got to be seen in town, as all your friends have told you."

"It is not easy, Caterina."

Cathy took her hand. It was smooth and strong, not the hand of a woman in her seventies. "Mr. Fromes and I will go with you. Tomorrow, at six o'clock, when everyone comes out for the *passeggiata*. We'll sit in the Nettuno and have a *gelato*, and they'll see you're no different from anyone else."

"I am afraid not, Caterina."

Erno materialized in a corner of the garden. In his hands was a tray.

"My devoted Erno, always ready to soothe my eyes." She got up. Butterflies fluttered around her slender figure.

"Princess, please." Cathy said. "Mr. Fromes can drive us to the piazza. Then it's just a short walk to the Nettuno."

"I shall think about it. Perhaps I shall call you in the morning."

Cathy looked at the narrow street outside the gate. Why not try a dry run?

"Princess," she said, "suppose you and I walked into the street right now? It's quiet there. Just a few steps."

The princess looked at Erno, as if appealing for advice. But the bent-necked servant made no move.

"Very well," Princess Magda said. "Take my arm—but only a few steps."

They walked to the gate. The cobbled street dozed in the late afternoon heat.

An ancient woman, swathed in black, leaning on a cane, shepherded two small boys in immaculate white clothing up the hill. Princess Magda saw them and started to retreat.

"Stay," Cathy said to the princess. "Don't go away."

Princess Magda grasped the girl's arm. "They will run from me. The old one will make a sign with her hands."

But the black-clad woman and the children walked by unconcernedly.

"You see?" Cathy said. "They don't care at all."

"No, my child. One was too old and sick to remember me, and the children are too young."

Erno phoned. The princess would do as Cathy wished. With his Jaguar repaired, Mr. Fromes would drive them to the piazza. There they would join the evening promenade.

Cathy was ecstatic. But when she mentioned the princess's name in the Rossi household, the usual mutterings and gestures greeted her.

"*Americani,*" Silvio said sullenly. "You think you can change things. It is not the same as an atomic bomb or making fresh water from the sea."

The princess wore a lavender and sea-green dress. Her white hair was bouffant and lustrous. She carried a parasol that matched the dress. Her eyes were hidden behind dark green glasses.

Mr. Fromes drove carefully, puffing his cigar. Princess Magda, in the back seat, joyfully identified parts of the town: the old theater, the Church of San Giuseppe, the covered market.

At the Piazza San Marco, Mr. Fromes parked next to the horse-drawn carriages. He opened the door and helped his royal passenger out. She tossed her hair and surveyed the grizzled carriagemen and the horses. A stout man and his stouter wife walked by and looked at the woman in the pastel dress. They said nothing.

"It's working," Cathy whispered to the princess. "They aren't afraid."

"No, my dear. They have not yet recognized me."

With Mr. *(continued on page 112)*

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THE SPELL

continued from page 111

Fromes on one arm and Cathy on the other, Princess Magda crossed the piazza, then turned and walked along the *lungomare* toward the Nettuno.

"I believe the princess is right," Mr. Fromes said loudly. "The people have no idea who she is. Look at the sidewalk photographer waving his hand at us."

In the distance Cathy saw the naval vessels. It was a few minutes past six, the height of the *passeggiata,* the ritual promenade. Sounds of band music drifted toward them.

Mr. Fromes told Cathy of his little plan. Some foreign friends would be on hand to greet Princess Magda and help her stiffen her resolve.

The Swedish couple appeared from a photo shop and stopped to chat with her. A few yards along the *lungomare,* the Frenchwomen got up from a bench and came toward the princess.

"Bon soir, Princesse," one said.

"A lovely evening, is it not?" the other asked.

Mr. Fromes winked at Cathy. Their plot would succeed.

A carabinieri team, tall men in beige uniforms, walked by. As the princess approached, they came to attention and saluted.

"It's *working,* Princess," Cathy said. "Take your glasses off. Let them see that your eyes do no harm."

"Go on, luv," Mr. Fromes said. "Cathy's right as rain."

"And so I shall," Princess Magda said. She removed the sunglasses. The dark blue eyes surveyed the vivid scene: sailors, children, tourists, carabinieri, the ships at anchor, sailboats scudding on the placid gulf.

Guido, the aged owner of the Nettuno, hurried forward with his regular customers. "See, see," the old man said. "She walks among us, and no harm comes."

Cathy spied Silvio, who was watching with some of his friends. Even they seemed unafraid.

"Caterina, life is good," the princess said. "I was so foolish to give in to them."

"I knew it could be done," Cathy said.

They halted at the seawall that rose above the beach.

Fifty yards away a motorized launch packed with sailors headed toward the town pier. The men were singing, waving tasseled caps at the tourists.

"Look at them," Magda cried. "So full of life! Look, Caterina, all the young men in their uniforms!"

The explosion, unexpected and deafening, hurled sailors and debris into the air in a geyser of foam and bubbles.

Fishermen were launching boats to rescue the sailors. Police whistles shrilled. Women screamed. A few sailors struck out for shore. No one seemed badly hurt, but the launch was a smoking hulk, settling slowly into the salty waters.

"Oh, my poor children," Princess Magda moaned.

"Not your doing," Mr. Fromes said quickly. He put an arm around her.

"That's right," Cathy said. "Princess, we can't give in now."

An old woman in black was shrieking at them. "Always thus with La Malocchio! She comes to us smiling, and then the curse of her eye makes a disaster! Go back to your palace, and sin no more!"

Across the street, Silvio was making the sign of the cross. Guido was lowering the blind of the Nettuno.

"Yes, yes," the old woman shouted. "She praised the sailors! I heard her! From a *malocchio,* such praise is a curse!"

"Away," a carriage driver shouted. "Go away before the horses die!"

Mr. Fromes guided the princess to the car. Cathy was a step behind. She heard a rising chorus of curses and shouts.

"I'll take her home by myself," he said to Cathy. "Afraid it didn't work out very well."

"That launch," Cathy gasped. "It had nothing to do with her. You know it."

"Watch out, Cathy," Mr. Fromes shouted. He tugged Cathy down to escape a hurled soda bottle. Then he slammed the princess's door, got in the car, and drove off toward the palazzo.

A mob of boys raced after the Jaguar, tossing rocks, bottles and cans. Cathy shuddered and turned away.

Cathy did not see the princess again. No further invitation was extended. Andrew Fromes left a few days later. Hurt by the coolness of the Rossis, Cathy cut short her stay in Santa Angelina. She wired her parents she was bored and on her way to Sicily.

Two years later, during her summer vacation, Cathy West returned to Santa Angelina. Now in college, she was doing research for an art history paper on the ruins of Herculaneum. She decided she wanted once more to see the village where she had met Princess Magda Szemveres.

Cathy arrived in Santa Angelina on the Naples bus and got off in the piazza. No one recognized her. But at the Nettuno, Silvio spotted her and became excited. They embraced warmly. He had been insulted that she had left his parents' home early, and he had missed her. Nothing had changed in Santa Angelina. At six every evening townsfolk and tourists paraded up and down the *lungomare.* Vessels of the Sixth Fleet docked every few weeks.

"And Princess Magda?" Cathy asked. "Does she still live here?"

"Oh, yes," Silvio said. He did not make the *mano cornuta.*

"Is she all right?" asked Cathy.

"Si, si," Silvio said. "As well as one can expect an old woman to be. Look, you can see her there, across the street."

Cathy's head spun. *In town?*

It was undeniably the princess. She had her back to them. She was as slender and as fashionably dressed as ever. Her dress and shoes were lavender. Erno walked a half-step behind. His hand was on her left elbow.

A naval officer bowed to the princess, looked her squarely in the face, and walked on. An elderly couple saluted her and exchanged pleasantries. Signora Rossi walked by, with Micho straining at a leash. Cathy's former hostess chatted cordially with the woman she had once shunned as La Malocchio.

"I don't understand," Cathy said to Silvio. "No one is afraid of her anymore. Everyone looks directly at her. Even your mother." Then Cathy smiled. She had succeeded! The venture two years ago had not been a failure!

Cathy ran across to the seawall. The princess was gazing toward the gulf.

"Princess Magda," she cried. "Do you remember me? Cathy West? Two summers ago?"

The serene face turned. The eyes were the same dark blue, but they seemed distant. "Caterina . . .?"

"Don't you remember? When we walked here? With Mr. Fromes?"

With a strange fumbling gesture, Princess Magda reached toward Cathy and found her arms. "Yes. I remember you."

"I'm so happy you can walk through town," Cathy said breathlessly. "You see, it just took time and courage."

Erno was placing a pudgy finger to his lips and gesturing to Cathy.

"My child," the princess said. "They fear me no more because I am blind."

Cathy gasped. "Oh, I am so sorry."

"I lost my vision a year ago. At once they accepted me. They said the evil died with my sight. The little man was gone." She laughed. "And so I am no longer Princess Malocchio."

The aristocratic head lifted. The unseeing eyes looked past Cathy, out to sea. "Do not pity me. I am invited everywhere. They come to my house, all of them. Will you come for tea tomorrow? The mayor will be there, and Signor Lamparelli, the owner of the grand yacht. And the best people of Santa Angelina."

Erno guided her toward the piazza. Cathy followed her for a few steps.

"Thank you, Princess," Cathy said, "but I must return to Naples."

"Perhaps later, then. Slowly, Erno. I cannot see, but I know that the *passeggiata* is especially grand tonight. Goodbye, Caterina."

They moved away. From a distance her bearing was that of a woman in her twenties.

Cathy began to weep. She crossed the *lungomare.* At the Nettuno she saw Silvio holding his palms upward in a curious gesture—of shame? Confusion? Apology?

She put a handkerchief to her nose, waved at him, and walked to the depot. Perhaps there was a late bus to Naples. ✾

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THE HANDWRITING'S ON THE WALL

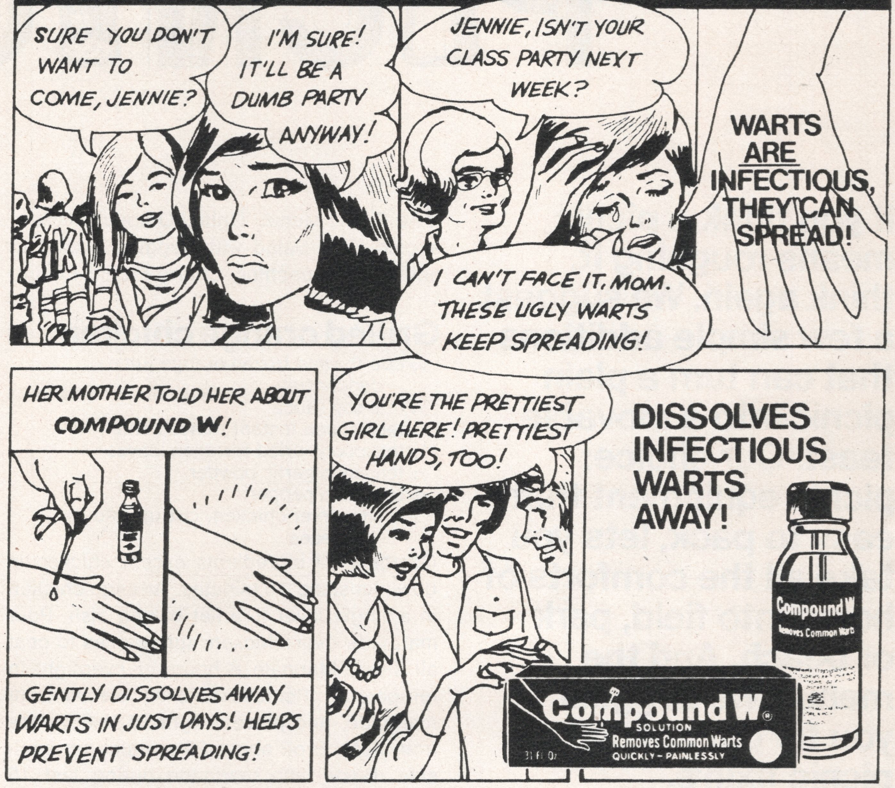
For more information about the merchandise shown on page 102, write to the addresses below:

Cork board ($3.98), from Azuma, 415 Fifth Ave., New York 10016. Yellow ruled letter sheets (also available in white or brown; box of 66 sheets, $2; package of 22 envelopes, 95¢) by Sheaffer Eaton, division of Textron, at fine stationery and department stores. Piano keys note pad (200 sheets, $4.50) by Coronet General Corp., at fine stationery and department stores. Rainbow Stripes foldover notes (box of 20 notes with red seals, $4), from Van Dow-Fenton, at fine stationery stores. Ransom "money" note pad by Sheaffer Eaton, division of Textron. "Wonderful," "Watch Out" and "Super" note cards (each 75¢) by Childstar, from Jeanne Teller, at Bloomingdale's, Lexington Avenue at 59th Street, New York 10022. Plastic greeting card (comes with plaque-insert card and mailing envelope, $1) by Perma-Greetings, available at department stores and card shops. Tennis ball notes (200 memo sheets, in reusable white acrylic tray, $6) by Designsense, from A. Spigelman, Inc., at Eclat, 6 Spencer Place, Scarsdale, N.Y. 10583.

ON THE COVER

It's a *wow* of a way to look this summer—pretty pastels played against a sunny tan. To heighten that tan even more, our cover girl, Jayne Modean, opts for makeup from the new Babe cosmetics collection by Fabergé. It starts with an overall foundation of Basic Peach liquid makeup, plus Lustrous Mauve Soft Crème blush on her cheeks. The eye color: Blue Horizon Frost, highlighted with Pewter Matt shadow on the brow bone; for lashes, brown mascara. The lip color is Raisin Frost, polished with Liquid lip gloss. The pastel-colored clothes—part of our play gear (see them again on page 80). From Reminiscence. Makeup by Mark Nahmias. Our cover photographer for this month is Patrice Casanova.

"I pretended I hated parties because of ugly warts on my hands!"



SURE YOU DON'T WANT TO COME, JENNIE?
I'M SURE! IT'LL BE A DUMB PARTY ANYWAY!
JENNIE, ISN'T YOUR CLASS PARTY NEXT WEEK?
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Round up your four best friends, grab some supplies, and go on a

PICNIC!

If you think a picnic means roughing it, think again. We suggest a few simple additions that can turn a plain picnic into a movable feast. Our choice: picnic equipment that's easy to pack, lets you take all the comforts of home into field, park or beach. And the menu? We suggest you try our special picnic fixin's.

The Picnic Menu: Grilled Orange Chicken, a cold Rice Salad with veggies tossed in and thirst-quenching Cherry Picnic Punch.

Grilled orange chicken

½ cup thawed frozen orange juice concentrate
¼ cup soy sauce
1 tablespoon instant minced onion
1½ teaspoons dried tarragon leaves
½ teaspoon garlic powder
¼ teaspoon pepper
1 broiler-fryer chicken, cut up into 10 pieces

Combine all ingredients except chicken in bowl; let stand 10 minutes. Arrange chicken in a single layer in a flat baking dish. Pour marinade over chicken; turn pieces to coat all sides. Marinate 8 hours or overnight in refrigerator. Remove chicken pieces from marinade, and place on grill, 6 to 8 inches from heat. Broil about 20 minutes on each side. Baste with marinade during last 15 minutes of cooking. Serves five picnickers.

Rice salad

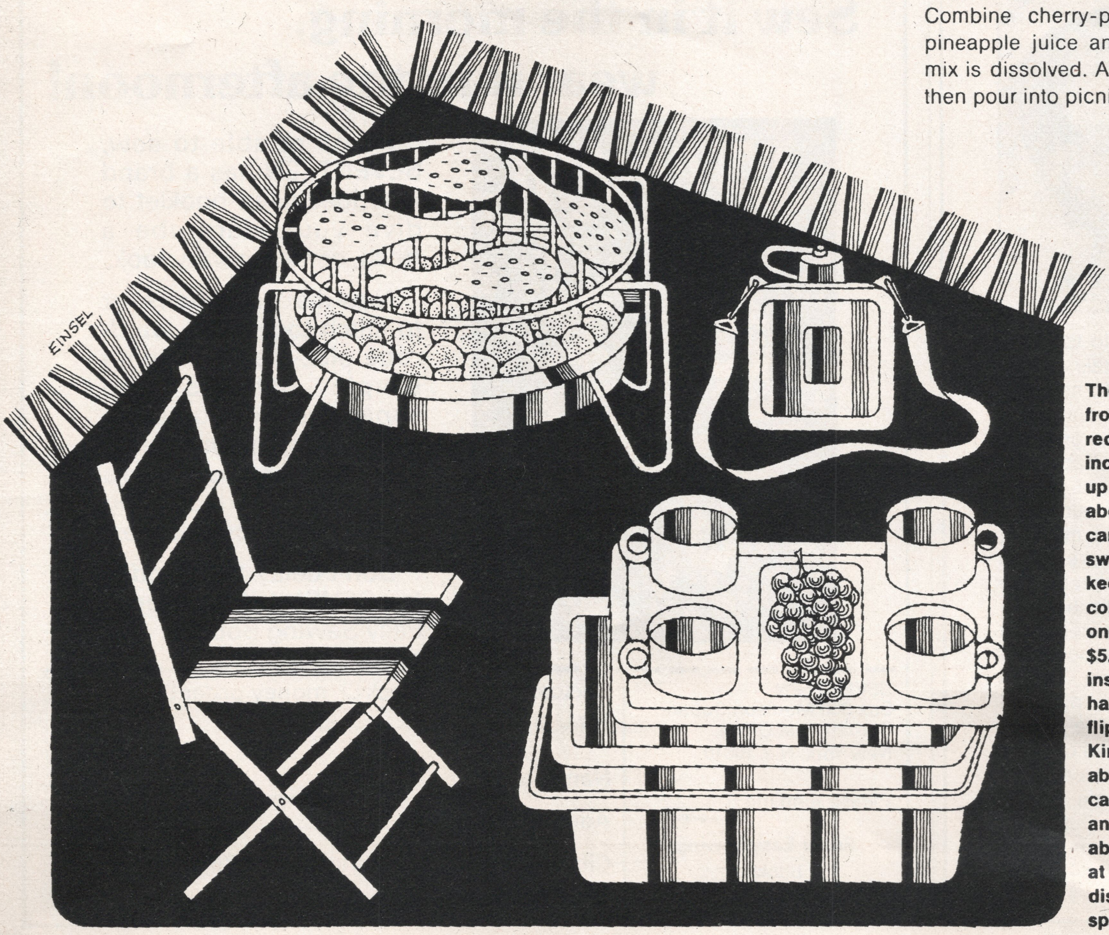
2 cups chicken broth
2 tablespoons tarragon vinegar
1 teaspoon salt
1 cup uncooked rice
½ cup diced, peeled cucumber
¼ cup finely chopped green pepper
2 tablespoons thinly sliced scallions
¼ cup diced pimiento
¼ teaspoon pepper
½ cup plain yogurt

Combine chicken broth, vinegar and salt in a saucepan. Bring to a boil; add rice; bring to a second boil. Cover, reduce heat, and simmer 20 minutes or until rice is tender. Cool to room temperature. Add all remaining ingredients; toss lightly but thoroughly. Cover; refrigerate until ready to serve. If you like, garnish with olives. Makes 4 cups.

Cherry picnic punch

1 envelope (7¼ oz.) cherry-flavored Hawaiian punch drink mix
5 cups cold water
1 can (18 oz.) pineapple juice
3 tablespoons lemon juice
Ice cubes

Combine cherry-punch drink mix, water, pineapple juice and lemon juice; stir until mix is dissolved. Add ice cubes. Stir again, then pour into picnic jug. Makes 1¾ quarts.



The picnic scene (clockwise from top left): The bright red barbecue grill is 13 inches in diameter, has fold-up legs. Garco Mfg. Co.; about $4. The Sportpak canteen, of insulated plastic, swings from a shoulder strap, keeps hot drinks hot and cold drinks cold. By Poloron; one-quart size, from $5 to $5.75. The Sun Packer, an insulated plastic food carrier, has a lid you can sit on or flip over for a tray. From King-Seeley Thermos Co.; about $15. The collapsible camp stool is made of canvas and hardwood. By Sun Line; about $3.50. All picnic gear, at supermarkets or drug, discount, department or sporting goods stores.

RELATING

continued from page 34

A It's true— *everything* is easier when you like yourself. Shaping up your body becomes a project instead of a struggle when you can say (with conviction), "I am worth whatever special care and effort it will take." But first, let's do a reassessment of your problem. Things may not be quite so bad as you've painted them: You are, for example, quite within the normal range of weight for your height!

Right now you sound so disappointed in yourself; it's as though you think that in having gotten to your current dimensions, you went too far and missed your chance for happiness. (Of course that isn't true.) Perhaps your lack of self-esteem stems from having idealized not only the way you think you should look but also the way you think you're supposed to feel. Feelings may cause guilt in all of us; but really, whatever they are, they are perfectly legitimate (and a part of everyone's life). That includes envy of your mother, for example, or even a fierce resentment of what seems to be a too-casual response on her part to your despair (but which may actually be her way of telling you that looks are not everything and/or that yours are not so bad). But instead of seeing yourself as second-rate or hopeless and longing to be something that you aren't, why not set yourself some realistic goals—like shedding ten pounds and working on proportions.

That means diet and exercise, yes; but this time, instead of turning to unhealthy fad diets or obsessive calorie-counting, just use your own common sense and reduce portion size and cut out sweets. It's even good to skip the special dietetic foods: Eating "normal" things will make you feel less deprived, thus, less likely to binge.

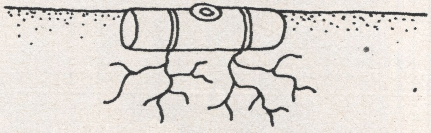
Exercise doesn't have to be punishing to work either! Jogging, beach volleyball, hiking and swimming are good—especially now that school is out, and other people (without a great yen to reduce) will be doing those things for fun and sociability. If you want to be really systematic, you might also check your bookstore or library for a guide that appeals to you. One of the best is *Miss Craig's 21-Day Shape-up Program for Men and Women* (Random House). Written by Marjorie Craig, the supervisor of Elizabeth Arden's famous exercise program, the book shows you a no-sweat way to a fine figure. There's no gym-class-type huffing and puffing; if you do these exercises for half an hour a day while you're listening to records or watching TV, you can take off an inch in a week if you diet (or in two weeks without dieting). Miss Craig includes a great many special exercises for hips, thighs and rear. Another valuable reference is SEVENTEEN's diet and exercise booklet —"Shape-up, Slim-down, Feel-great Guide" (see coupon on page 42).

Besides making you trimmer and more attractive, consistent programs such as these will help you to feel graceful, firmer and more alive and in touch—*all* of which are great for the ego.

The rooting section

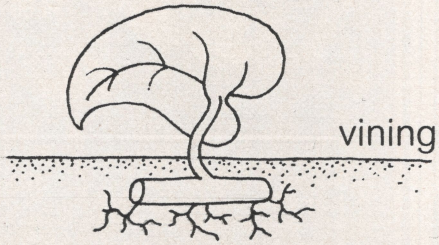
. . . in which we tell you how to turn a cutting into a plant. The trick? It's all done with rooting mediums

A rooting medium is pretty much what the name suggests. It's a substance you stick plant cuttings into, so they'll take root for repotting in soil. Two of the best mediums: perlite and vermiculite, which absorb water well. They're available at plant shops.



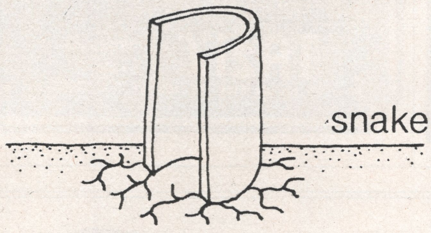
dieffenbachias, dracaenas

Because these plants shed bottom leaves so readily, they can become stalky-looking. To renew them, do this: Cut off the topknot of leaves, with four inches of stem; root it in water. Then cut the remaining stem into three-inch pieces. Fill a shallow pan with perlite or vermiculite. Moisten. Submerge each stem piece just below the surface; a shoot will grow from one of the "eyes." Repot each stem piece separately.



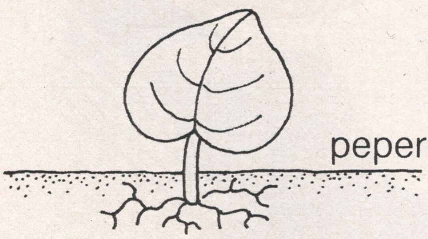
vining philodendrons

Cut off one leaf with a good piece of stem attached. Place it in a clay pot filled with moistened perlite or vermiculite (the cutting should be close to the surface). Then, to maintain humidity, place the pot and its saucer in a plastic bag. Close top with a rubber band. Remember: Keep the leaf moist and the pot away from sunlight.



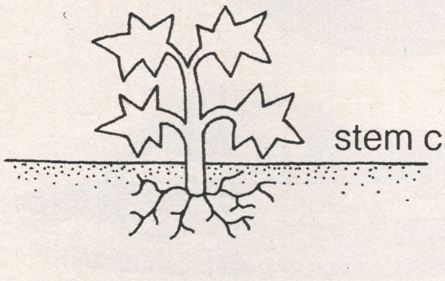
snake plants

Cut a two-inch-long piece from a full-grown leaf, being sure to note which end was on the bottom because roots will only grow from that side. Let it dry out for an hour or so. Place bottom cut edge in moistened perlite or vermiculite, and keep cutting moist and away from sunlight. Repot after the cutting takes root and new leaves begin to appear at its base.



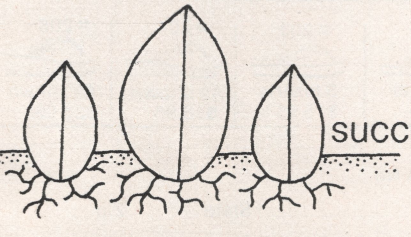
peperomias, African violets

Cut off a leaf with a small piece of stem attached, and insert the stem just below the surface of moistened perlite or vermiculite. Cover with a plastic bag (as described above, for philodendrons) to maintain humidity. Keep moist and out of the sun. After roots form, small "plantlets" will appear at the base of the parent leaf.



stem cuttings

You can take cuttings from any number of houseplants—coleuses, begonias and geraniums, to name just a few. First, cut a piece with good leaf growth from the main stem, being sure to snip just below one of the nodes. Remove lowest leaves. Let cutting dry out an hour or so; place cut end in moistened perlite or vermiculite. Cover with a plastic bag until roots form.



DEBORAH SIMS

succulents

Easy. Just cut several healthy leaves, and place them stem-side down in moist perlite or vermiculite. Keep moistened and in a shady spot. When leaves take root, repot in sandy soil, and place in the sun.

For more info, send for "Propagation of Houseplants," Cornell Extension Bulletin No. 1086 (request by name and number). Write: Mailing Room, Building 7, Research Park, New York State Dept. of Agriculture, Cornell University, Ithaca, N.Y. 14853 (enclose self-addressed, stamped envelope). Note: It's free to New York State residents; others must include 10¢ to cover handling.

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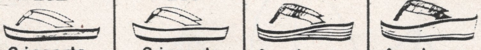

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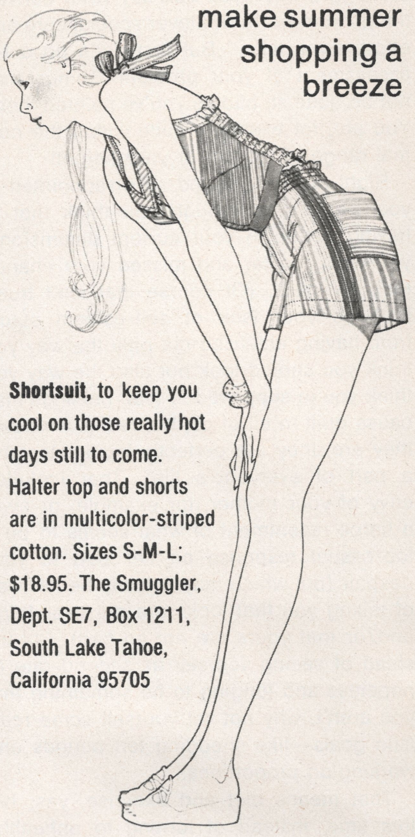
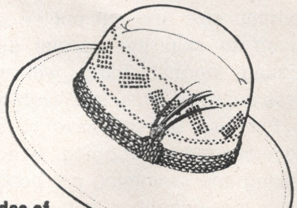
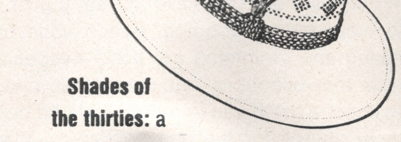


Shortsuit, to keep you cool on those really hot days still to come. Halter top and shorts are in multicolor-striped cotton. Sizes S-M-L; $18.95. The Smuggler, Dept. SE7, Box 1211, South Lake Tahoe, California 95705

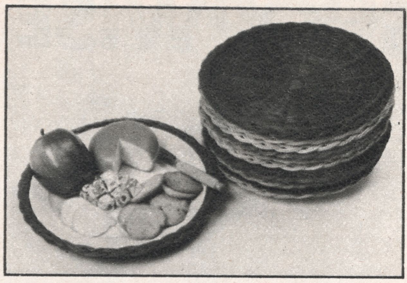


Shades of the thirties: a brimmer of natural sea grass from China, with a jute band and perky feathers. One size to fit most heads; $6.75. Lillian Vernon, Dept. S7E, 510 S. Fulton Ave., Mount Vernon, New York 10550

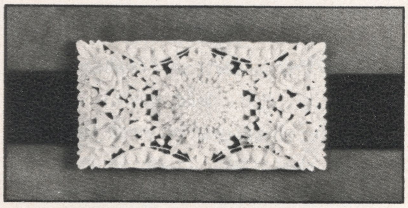


A real catch for your room: Fish-patterned mini chests are bold, beautiful and practical besides. Of cardboard covered in navy and white cotton. Twelve-drawer chest (13½ inches long), $11.98; three-drawer chest (3¼ inches), $3.50. Azuma, Dept. S7, 415 Fifth Ave., New York 10016

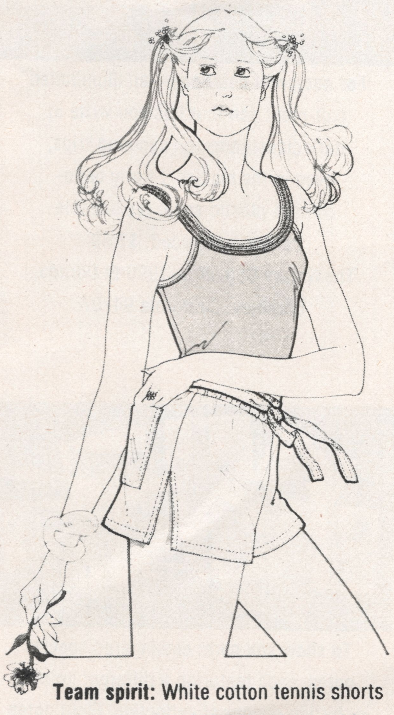
To order by mail, see page 123



Have a beach picnic or a backyard cookout. These handsome rattan baskets are great for serving chips, crackers and fruits, as well as providing a firm base for paper dinner plates. Twelve baskets, 9 inches in diameter, in natural or a color mix; $7.95. Sunset House, 533 Sunset Bldg., Beverly Hills, Calif. 90215



Antique collector's belt: elasticized waist-liner with antique "carved" celluloid buckle that looks just like ivory. Choose navy, burgundy, black or brown belt; $10. Medusa, 1207 First Ave., New York 10021



Team spirit: White cotton tennis shorts (sizes 3 to 15; $13.25) pair up with a winning cotton-knit tank top in your choice of light blue, red, cream or black (P-S-M-L; $8). Tantra, Dept. ESG, Box 489, 121 Union St., Providence, R.I. 02901

More on page 118

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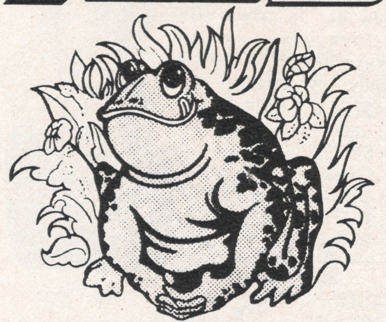

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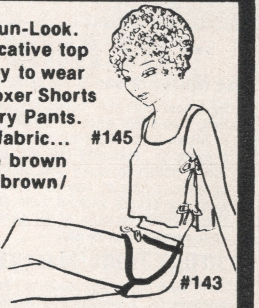

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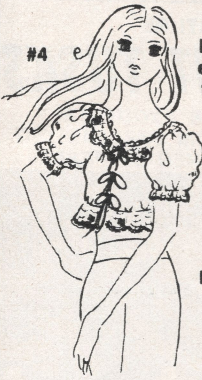

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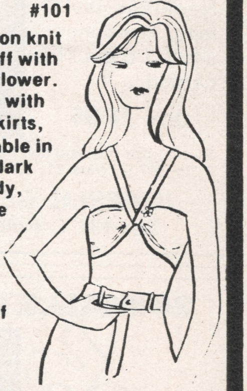

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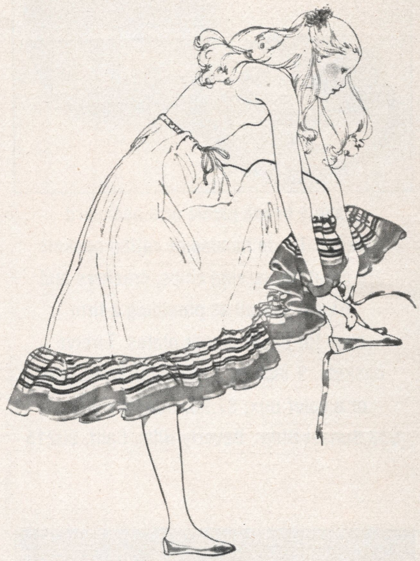

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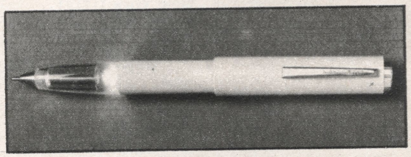

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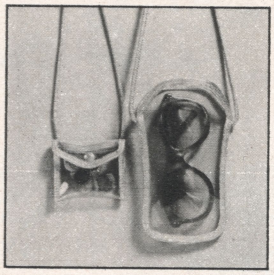

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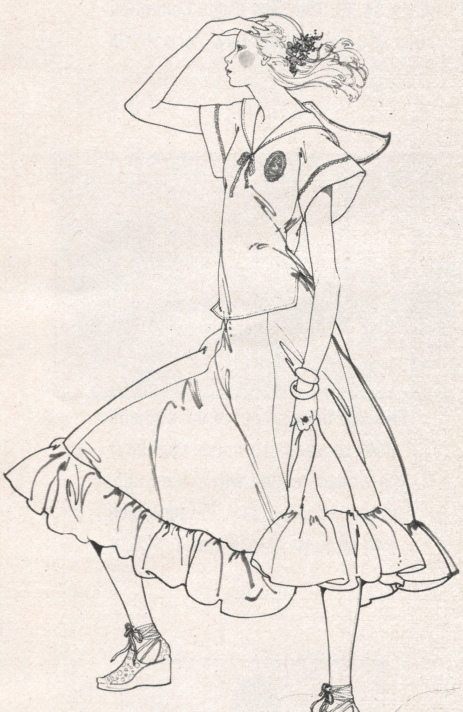

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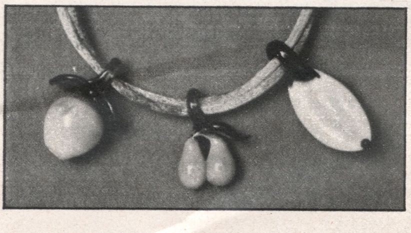

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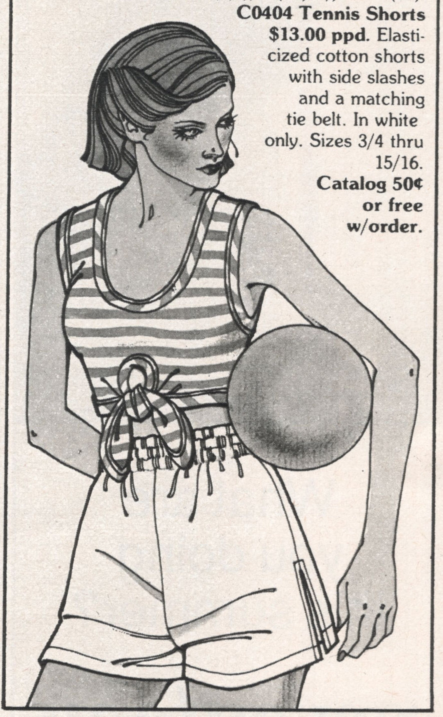

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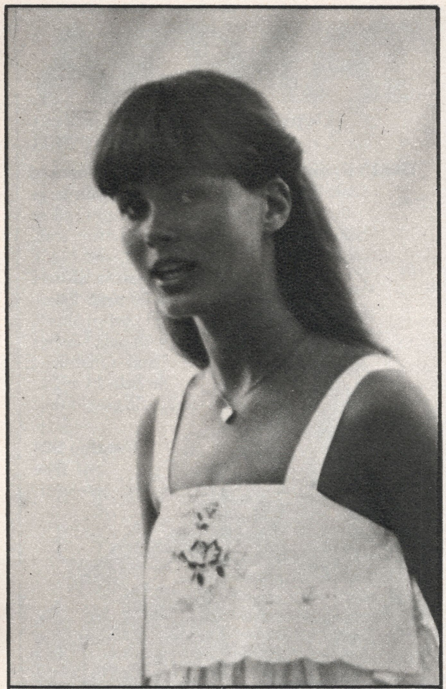

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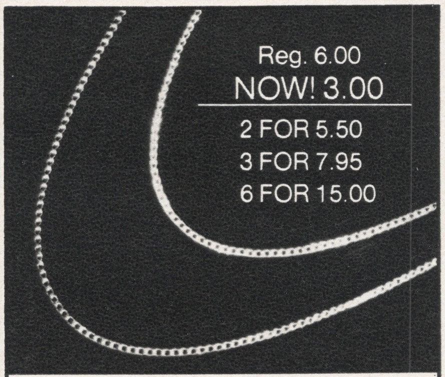

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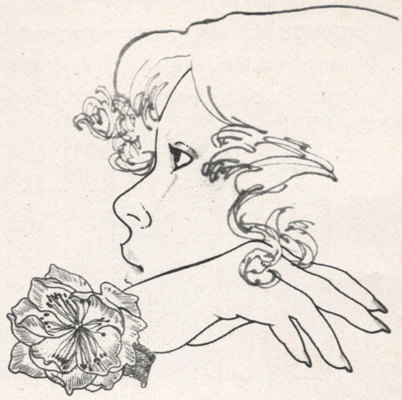
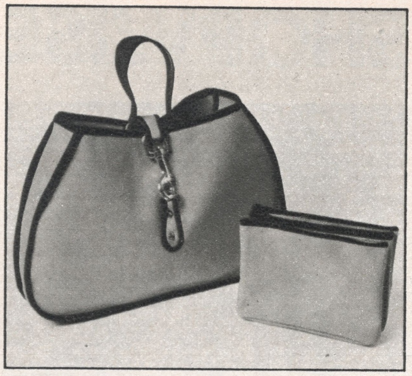


Romantically inclined: a magnificent silk flower to wear on your wrist. (It's attached to an elasticized color-coordinated band.) Apricot or pink dahlia (shown), white daisy, or poppy in blue, pink or apricot. State first and second choice. Each $4.50. The New Ridge Collection, Box 658, Bronxville, New York 10708

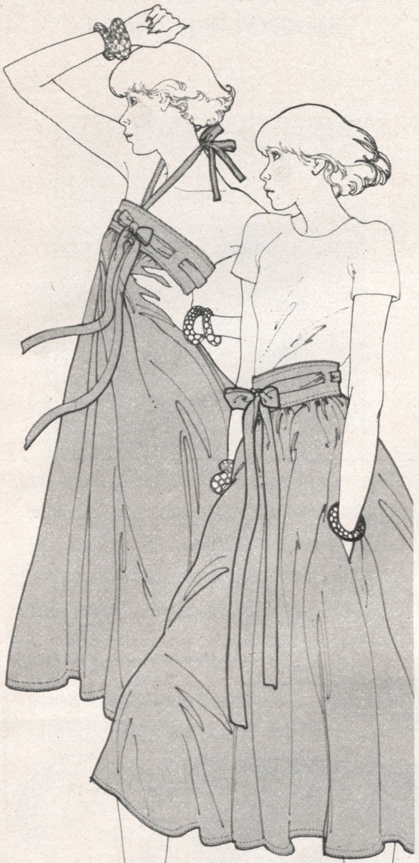
The real thing: A set of six authentic Coke glasses (10-ounce capacity) in a wooden caddy will make a hit at your next party; $15. Presentables, 140 Main St., Fishkill, N.Y. 12524

Colorful and comfy rainbow sandals with soft leather topsole and thong. Stacked rubber bottoms have three inserts. Choose tan, yellow and red combo; blue, yellow and red; or tan, blue and beige. Pair, $23.95. For a perfect fit, send a tracing of your feet. Rainbow Sandals, Box 313, South Laguna, Calif. 92677

To order by mail, see page 123

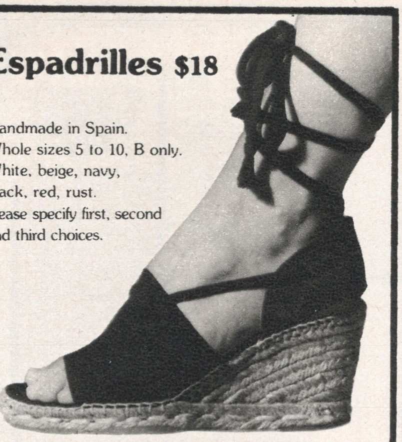


Canvas bags, big and little, work well together or separately. Shoulder bag, 13 by 8½ inches, has a rubberized lining, comes with a three-compartment zippered organizer (great to tuck in a beach bag too). Tan with navy trim; $9. Sales Line, Box 366, Rye, N.Y. 10580



Sun-sational—the two-in-one dress. Wear it as a skirt—or pull it up, and it becomes a halter-tied sundress. In black, white or red cotton. Sizes S-M-L; $17.50. Handloom House, 233 Fifth Ave., New York 10016

More on page 122



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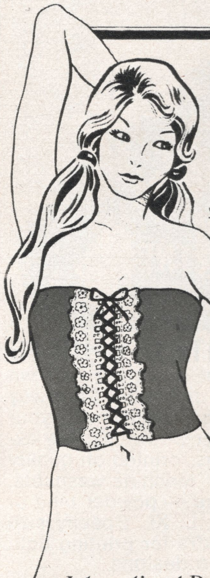

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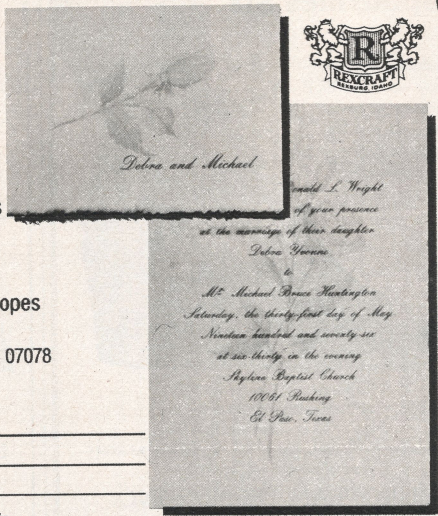

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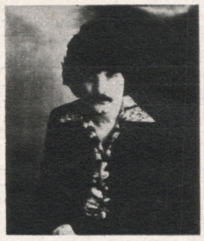

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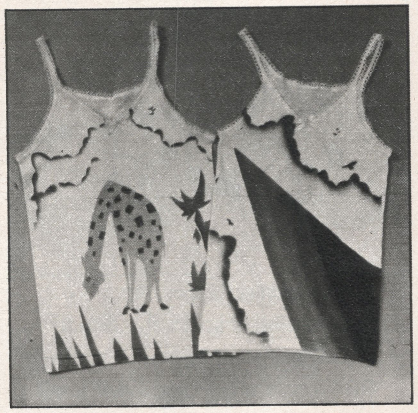
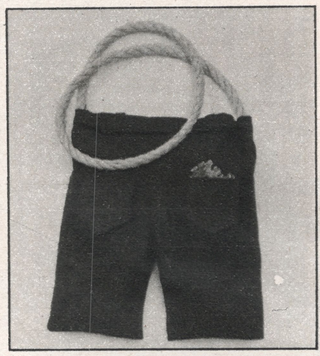
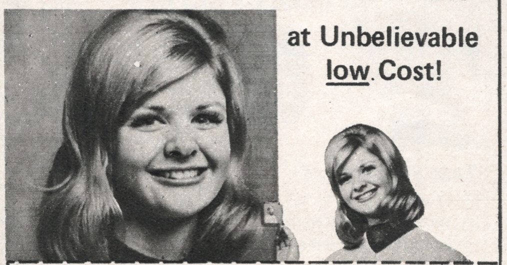


Tee-rific tanks, pretty enough to frame, with air-brushed giraffe or rainbow motif (there's a design on the back too). Bright yellow with vivid print, in polyester and cotton with lace trim. Sizes S-M-L; each $9.99. T-Shirts Inc., Box 630134, Miami, Fla. 33164



HERB GORGOGLIONE

If jeans are your bag, sew this shoulder bag in denim with a rope handle. The finished bag is 10½ by 12 inches. Pattern only, $2; complete kit, $5.95. Annie's Attic, Dept. ST2, Route 2, Box 212b, Big Sandy, Texas 75755



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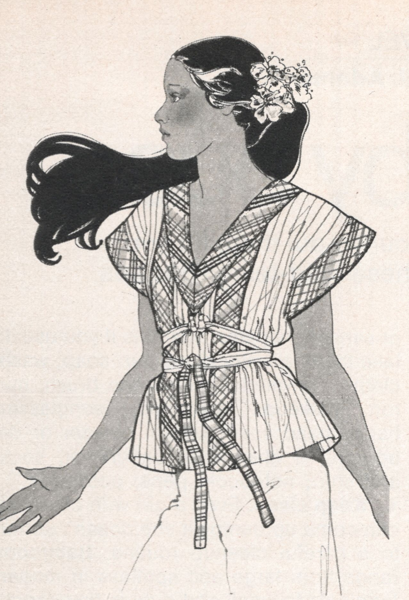

Striped right: Pop this cotton top over jeans and skirts. Blue engineer's stripes on natural background, with checkered borders around the neck and sleeves and down the front. Sizes S-M-L; $9.95. Sweet Willy, Dept. SE7, 114 East 32nd St., New York 10016

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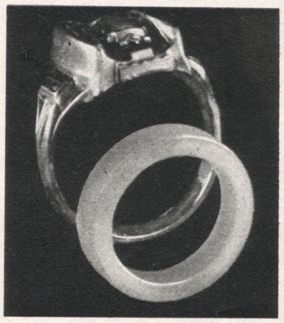

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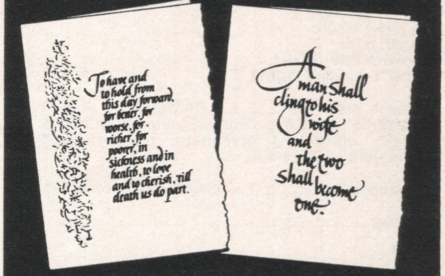
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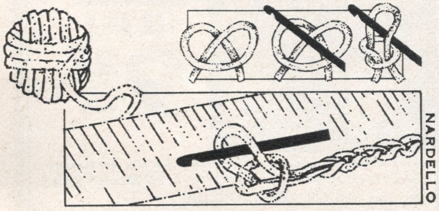
THE GOLD RUSH

How-tos for the glitter gear, pages 92-93

Gold choker

Materials: 2½ yards Wrights cording; a barrel bead; white glue; two rubber bands.

How-tos: Cut lengths of cording: three 20-inch, one 21-inch and two 4-inch. Group the four longest pieces together so they meet evenly at one end, and make a single knot at the center. Wrap a rubber band around ends to hold cords. Put a little glue inside bead; force even cord tips into bead. At other end, form a loop with tip of 21-inch cord, just big enough for bead to go through. Push loop end under rubber band. Remove filler from 4-inch cords. Wrap one piece around cords next to bead, the other around base of loop (remove rubber bands as you work). Glue.



NARDELLO

Crochet-striped sweater

Materials: A plain white V-necked sweater; one 20-gram ball Reynolds Feu D'Artifice yarn in gold; one size *F* crochet hook.

How-tos: For each stripe, make a loop of yarn (see diagram). Holding yarn inside the sweater, pull a loop up through the shoulder seam below the neck ribbing. Pull a second loop up ¼ inch from the first, drawing it through (and securing) the first loop. This is the chain stitch. Working loosely to allow for stretch, continue doing chain stitch around ribbing, till you have four close-together rows. Break yarn; pull loop to wrong side; fasten off. Start next stripe ½ inch from first. Repeat to make stripes at cuffs and waist.

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TRAVEL

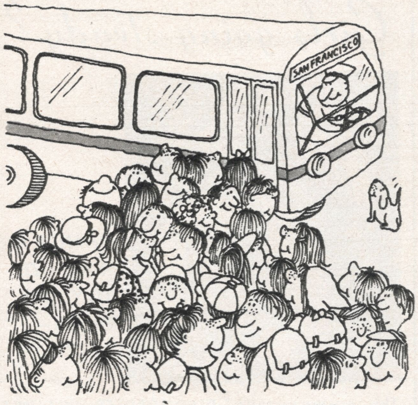
by Muriel J. Adams

Going by bus

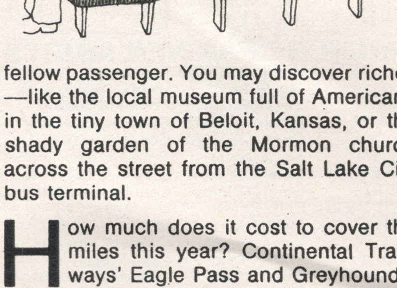
There's a big, beautiful country out there for you to see close up! So check these road-tested bus tips

Traveling America by bus is like hitting the road in a fast-moving show with a colorful cast of characters. The journey is as exciting as the destination—and it's inexpensive too. Though you may be sitting and/or snoozing for long stretches, there are ways to make the trip run smoothly, so you can relax and enjoy it.

- **Double-check schedules.** It can save a lot of grief. The day before you leave, phone the terminal to confirm departure time. On long trips loaded with stops and connections, you may get conflicting information from harried clerks. So learn to read timetables. Confusing at first, they can be mastered.



- **Get on line** as early as possible; some popular runs are crowded, especially in summer. Get to the terminal in plenty of time, since it may be mobbed! (I usually arrive an hour ahead.) If the bus makes a meal stop, and you're switching to a different bus—carrying all your gear—hit the line fifteen minutes early to beat the crowd.
- **Choose your seat carefully.** I like window seats for both view and comfort. If I travel with a friend, we change off now and then. When you're on the aisle, you'll find yourself talking with people of every age, shape, color and accent—it's the joy of "getting to know ya." When I can, I like to sit up front, to avoid smokers. An extra advantage: friendly drivers who provide interesting chat about the run and the locale.
- **Wear clothes that are adaptable** to varying temperatures on long trips. On one run, from San Francisco to Denver, I encountered desert heat during the day and chill nights. I always wore a cotton shirt with long sleeves, which I rolled up when warm and down when cool. I also wore comfortable cotton pants, and socks for comfort and to keep my feet clean. And I like wearing clogs on bus trips: I can slip out of them easily, curl up my legs on the seat and slip them back on later. Remember to take a watch and a warm sweater.
- **Here's the gear** to carry in a roomy shoulder bag or day pack and keep with you (while your suitcase or backpack is stashed in the luggage compartment): money, traveler's checks, ID; camera; toothpaste and brush; tissues; tampons or sanitary napkins; vitamins if you usually take them; a water container; soap; washcloth or towelettes; comb and brush; mirror; makeup; eyedrops; sunglasses; hat or head scarf; talcum powder or deodorant; a change of underwear, socks and shirt; notebook; pens; postcards.
- **Keep clean.** Even a girl with clear skin can come up bumpy if she doesn't adhere to a careful cleanup routine. Bathrooms range from large and spotless in modern terminals to small and dirty in tiny depots. If your gear is well-organized, you can wash up, brush your teeth and comb your hair in minimum time. In on-bus bathrooms, be sure to lock the door; it might swing open when the bus rounds a turn.
- **Eat well.** Bus depot food is only passable, at best. If you have a daytime stop of at least thirty minutes in a town, explore eateries on the main street near the bus station. Eat at one, or get a takeout order. Have nourishing (but not heavy) meals for energy. Don't skimp on breakfast, usually the best and cheapest meal; dig in.
- **Get up; move around.** Buses stop every so often; step out for a breath of air and to rev up circulation. A short walk unties the knots in your legs, back and neck.
- **Don't miss the bus!** When you get off, make sure you know how long the stop is. Some travelers never let the driver out of sight, but if you're careful, you won't have to go this far. Some drivers count noses. But some don't; so be on time.
- **Explore.** It's always exciting to bound off a bus during a rest stop in a new city or town. But don't do it alone, especially when the terminal is in a sleazy part of town; team up with your travelmate or a fellow passenger. You may discover riches—like the local museum full of Americana in the tiny town of Beloit, Kansas, or the shady garden of the Mormon church across the street from the Salt Lake City bus terminal.



DEBORAH SIMS

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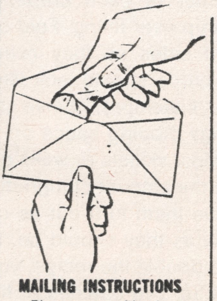

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The Catered Crepe

How to turn batter to dollars and have fun at the same time

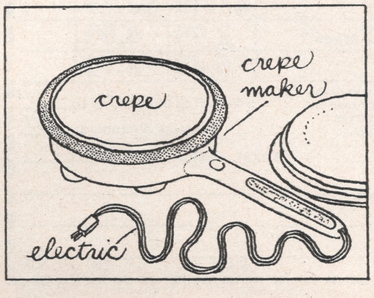
Before you launch your catering crew in public, start out with a few practice runs—you should know the whole operation inside out. Friends and family are usually willing guinea pigs (and crepes are inexpensive to make, so the cost shouldn't hurt). Then, on to pricing. Find out what the going rate is—and price yourselves slightly below that. Stay low enough to attract customers *and* make a profit. Keep your rates flexible too, since food prices can vary with the season. Once started on the road to entrepreneurdom, develop a reputation for dependability. Stick to commitments—*no* last-minute back-outs! And even if cleaning up isn't part of the deal, don't leave the place looking like bedlam (a lot of business can come your way by word of mouth, you know). Best idea: Clean up as you go. What about advertising? Do! Post announcements. Put an ad in the classifieds. And if your group is a hit, contact the local women's page editor. It's a story for her, free publicity for you.

Basic crepe batter

4 eggs
¼ teaspoon salt
2 cups flour
2¼ cups milk
¼ cup butter, melted

To make batter: Combine the ingredients (in above order) in a blender; blend for about a minute. Scrape the flour from the sides of the blender; blend again till smooth, about 15 seconds. Cover; let stand for an hour. If you don't use batter at that point, refrigerate—but don't prepare batter more than a day in advance. Before using, let it come to room temperature. Recipe makes 32-36 crepes.

To make crepes: Pour some batter into a shallow dish or pie pan slightly larger in diameter than your electric crepe-maker, then plug in crepe-maker, and heat according to manufacturer's directions. When it's ready, turn the crepe-maker over, and holding it at a slight angle, dip it into the batter. Level it off so it gets evenly coated almost to the edges, then lift it out (see photo on page 104). The dipping should take no more than 5 to 10 seconds. Turn crepe-maker right side up; cook crepe till just browned at edges. When done, invert crepe-maker over a plate. If crepe doesn't drop off easily, loosen around the edges with a small plastic spatula. *Note:* You can make crepes ahead of time, then reheat them quickly by placing them on a heated crepe-maker for a few seconds. Crepes will keep up to a week in the refrigerator, up to a month in the freezer. To freeze, stack a batch on a paper plate with waxed paper between every 4 or 5 crepes. Cover with paper plate; place in a plastic bag. To use, allow crepes to thaw; peel apart gently.

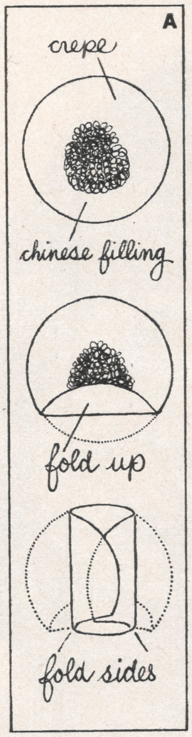


Chinese crepes

½ lb. lean pork
¼ lb. shrimp (optional)
3 tablespoons soy sauce
1½ teaspoons cornstarch
1 teaspoon sugar
1 teaspoon salt, divided
2 garlic cloves, minced
½ teaspoon powdered ginger
½ package (6 oz.) frozen pea pods, thawed
3 eggs, beaten
4 tablespoons oil, divided
½ cup sliced scallions
1 cup bean sprouts, drained
½ cup sliced mushrooms or
1 can (3 oz.) sliced mushrooms
12 crepes
Dipping sauce (recipe in next column)

Cut pork into strips 2 inches long and ⅛ inch thick. If using shrimp, cut into one-inch pieces. Set both aside. Combine soy sauce, cornstarch, sugar and ¾ teaspoon salt in a medium bowl; add garlic and ginger; mix well. Marinate pork in this mixture for about 10 minutes. While it's marinating, cut pea pods in ½-inch pieces; set aside. Combine eggs and remaining salt; then heat one tablespoon oil in a large skillet or wok. Add eggs; scramble till firm. Remove from pan; cut into fine shreds; set aside. Add remaining oil to the same pan; heat. Add marinated pork (about a third at a time), stirring and tossing for about 5 minutes. Stir in scallions and shrimp, if used; cook one minute. Add bean sprouts, sliced mushrooms and pea pods; cook for about 2 more minutes. Stir in shredded egg; lower heat to keep filling warm. *To fill/fold:* (See Figure A, above right.) Place ¼ cup of the filling in the center of each crepe, and fold bottom up over filling. Fold over right and left sides so they overlap (the folded crepe should look like an unsealed envelope). Serve hot with the tangy dipping sauce on the side. *Note:* Most skillets or woks can't hold double the amount of ingredients and still have them turn out as crisp and crunchy as they should be. So if you want to double the recipe, you'll have to cook up two batches of filling. After cooking up the first batch, keep it warm on the back of the stove while you prepare the second one.

A



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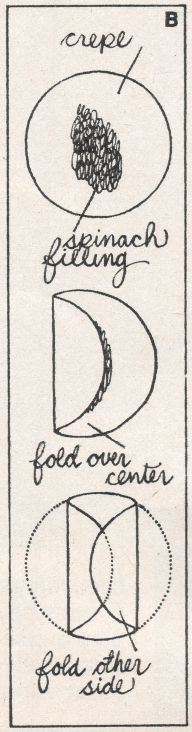


Dipping sauce

½ cup soy sauce
2 tablespoons vinegar
1 tablespoon sugar
1 clove garlic, minced
½ teaspoon powdered ginger
½ teaspoon salt

Combine all ingredients in a small bowl; mix well. Makes ½ cup.

Manicotti crepes

2 packages (10 oz. each) frozen chopped spinach
2 tablespoons butter
¼ cup chopped onion
1 cup grated Parmesan cheese, divided
1 cup ricotta cheese
¼ cup milk
2 eggs, slightly beaten
1 teaspoon salt
¼ teaspoon pepper
¼ teaspoon nutmeg
14 crepes
Tomato sauce (recipe on next page)

Cook spinach according to package directions; drain well. Melt butter in a large saucepan. Add onion; sauté till golden. Stir in spinach; cook a few minutes longer. Reserve ⅓ cup Parmesan cheese. Combine remainder with next 6 ingredients; add to spinach mixture. Mix well; heat through. Keep filling warm. *To fill/fold:* When ready, fill each crepe with ¼ cup spinach mixture; fold as shown in Figure B. Top with tomato sauce; sprinkle with remaining ⅓ cup Parmesan cheese.

Quick catering tip: You can prepare these crepes in advance. Fill crepes with spinach mixture; place in a shallow baking pan. Cover with plastic wrap; refrigerate. To serve, top with sauce; heat at 350°F. 15-20 minutes.

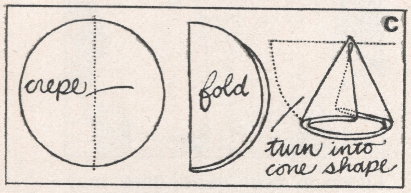
Save $$$'s offer

SEVENTEEN readers: If you're planning to try crepe catering, you can get the Contempra electric crepe-maker for $19.95 postpaid (retail price is $25), plus a recipe booklet and a pamphlet of catering tips. Send check or money order to Contempra, 371 Essex Road, Tinton Falls, N.J. 07753.

Tomato sauce

4 strips bacon
¼ cup chopped onion
2 cloves garlic, minced
1 can (15 oz.) tomato sauce
¼ cup chopped parsley

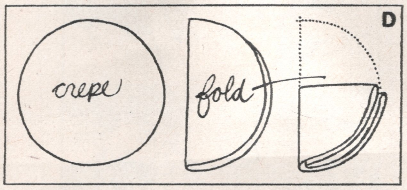
Cut bacon strips into one-inch pieces; sauté in a medium-sized saucepan until crisp. Remove bacon; drain on a paper towel. Drain all but 2 tablespoons of bacon grease from saucepan. Add onion; sauté till golden. Stir in garlic and tomato sauce; simmer mixture for about 5 minutes. Sprinkle on parsley; crumble drained bacon into sauce. Keep warm till ready to use. Makes 1½ cups.



Mocha rum crepes

1 package (4½ oz.) instant chocolate pudding
1¾ cups cold milk
½ teaspoon rum extract
1 cup heavy cream
1 tablespoon instant coffee powder
16 crepes
Garnish:
1 cup heavy cream, whipped
Shaved chocolate

Prepare pudding according to package directions, but use 1¾ cups milk rather than the 2 cups called for. Stir in rum extract. Combine cream and instant coffee; whip until stiff peaks form. Fold gently into pudding. *To fill/fold:* Fold each crepe in half; then into thirds, to form a cone (see Figure C, above). Holding crepe in hand, spoon in ¼ cup pudding mixture. Garnish with whipped cream; sprinkle with chocolate shavings.



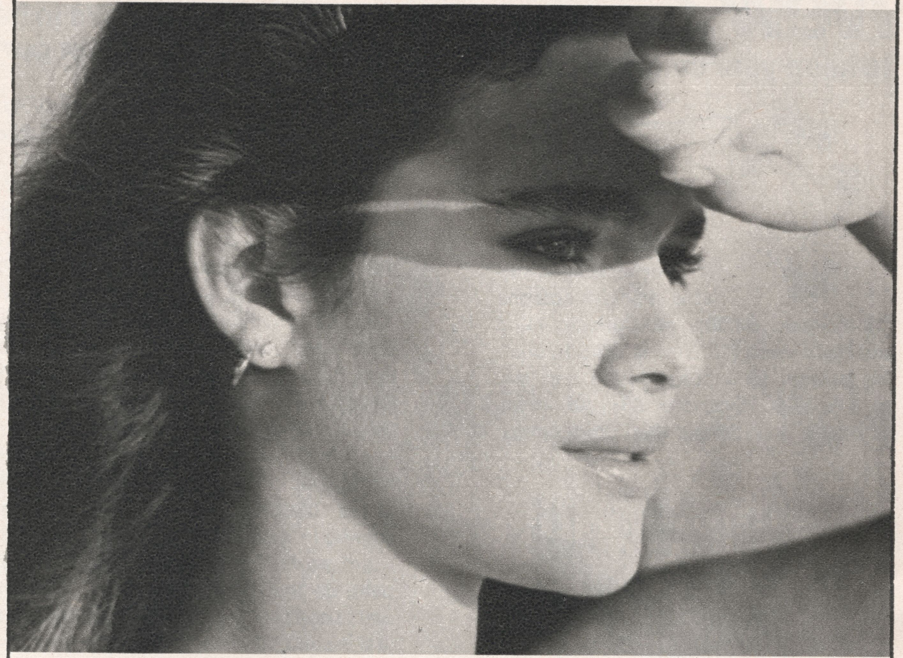
SHEILA CAMERA

Crepes a la suzette

4 strips (1 by 2 inches) orange peel
4 strips (1 by 2 inches) lemon peel
1 cup butter
¼ cup thawed frozen orange juice concentrate
2 tablespoons sugar
2 tablespoons lemon juice
¼ cup orange liqueur (optional)
16 crepes

Fill a small saucepan half full of water; bring to a boil. While waiting, cut peel from an orange and a lemon; cut into fine strips with a sharp knife. Add strips of peel to boiling water. Let boil for a minute; drain; set aside. Combine all remaining ingredients in a skillet; stir well; bring mixture to a boil. Add strips of peel; reduce heat to keep warm, or transfer to a chafing dish. *To fill/fold:* Dip both sides of crepe into hot orange sauce; fold as in Figure D. Serve hot.

IN ®Seventeen: COOL IDEAS



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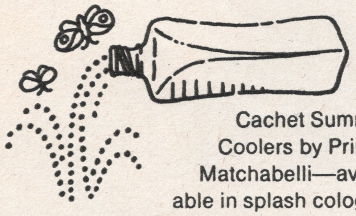
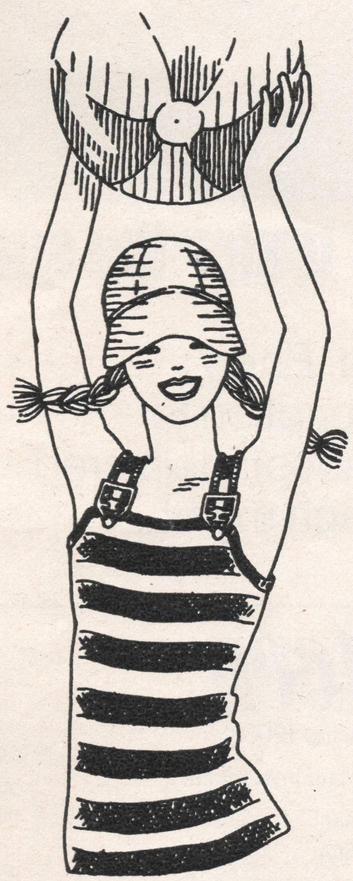
What's New?

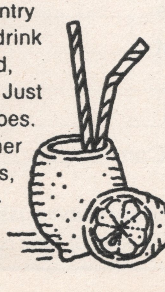
Nifty ways to keep your summer cool



Cachet Summer Coolers by Prince Matchabelli—available in splash cologne (12 ounces, $4.50), moisturizing hand and body lotion (12 ounces, $3.50), dusting powder (6 ounces, $4.25) and talc in a shaker (5 ounces, $3). All, these at chain, department and drug stores.



Start your own cool spell in a tank top with straps and stripes. It's a comfy cotton and polyester topper with hardware buckles on the straps, comes in a variety of colorful combos for summer (red, royal or black with white). Sizes S-M-L. By Name-droppers; about $8. Available at Hart, Zayres and Gertz stores.



MARY DUARTE

Super-refreshing Country Time pink lemonade drink mix is already sugared, plus'd with vitamin C. Just add water and ice cubes. The 33-ounce container makes up to ten quarts, comes with a measuring scoop. By General Foods; about $2.

BEAUTY

Shaping up your nails

Keeping your nails in healthy (and pretty) shape is just another part of good grooming

Do you pay attention to your nails? You should, you know. Because like clothes and makeup, your nails can really add to or detract from your looks. More important, the state of your nails can be an indication of the state of your health: If they're not in great shape, chances are you're not either. So if you want nice, strong nails, get plenty of **sleep, exercise, good food**—the same stuff the rest of your body thrives on. Take food, for example. Nails love a diet of cheese, eggs, milk, fish, whole-grain breads and wheat germ—all high in protein. Another way to strengthen nails—**henna**. At the Charles of the Ritz Salon, in New York, nails are soaked in a solution of natural henna and warm water. Three or four treatments usually do the trick. If you want to try this nail soak at home, you can buy natural henna at most drug stores.

Moisture is an important factor too. If nails don't have enough, they get brittle, break easily. One good aid: Shiseido Nail Treatment lotion. It's got special emollients to lube and condition nails to help prevent those breaks.

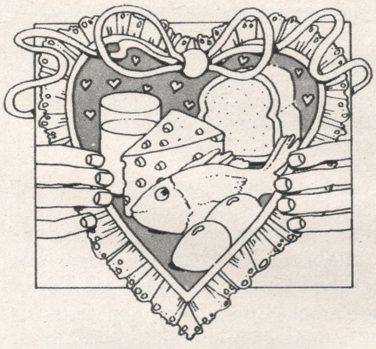
Okay. You've gotten into Health, with a capital *H*, and you're letting your nails grow long. Great! But be forewarned: It takes from six to nine months for nails to grow out, though they do grow a bit faster in summer. When you finally get a whole set of healthy nails, keep them looking pretty with regular **manicures**. For home or school, there's Germaine Monteil's Nail Care Everywhere kit with a conditioning cleanser, primer, emery board, orange stick and two polishes (one a tawny rose, the other a clear finish).

Of course, you should know that even a healthy nail can break off on occasion. When that happens, and you're stuck with nine beauties and one stubby little beast, you might want to try **sculptured nails**, a service that's offered at all Saks Fifth Avenue stores. Here's how it works: The offending nail is filed down, and the surface roughened. A nail form is then placed under the tip and coated with a mixture that hardens into a new "nail." When the nail's hardened, the form is removed, and the nail is filed to match the others. If you visit the New York store, ask for Tina—or call a good salon near you.

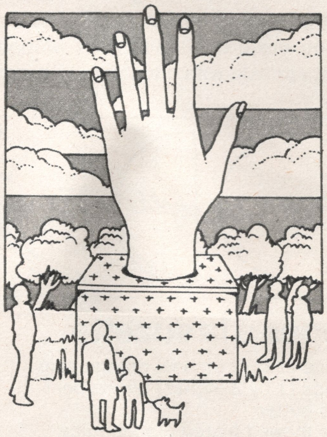
Neat tip from the Gil Ferrer salon, in New York: If **stained nails** are a problem, clean by "soaking" in a grapefruit half.

Toes have nails too, don't forget. To get them into shape, give yourself a **pedicure**, complete with a scented foot soak (like Scholl Soap 'N Soak), a pumice rub on rough spots, and a shaping. Afterward, brush on a fun **polish** like Christian Dior's Boubou Bleu (Batik Blue)—it looks great with bare feet and blue jeans.

Listen to your nails—they may be trying to tell you something



Just like your body, your nails really thrive on lots of protein

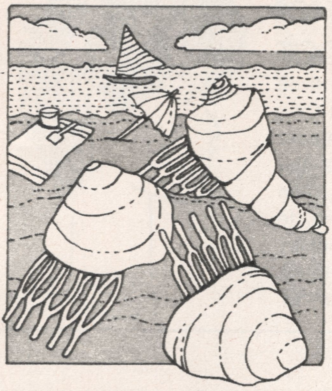


Sculptured nails can make your hands look like works of art

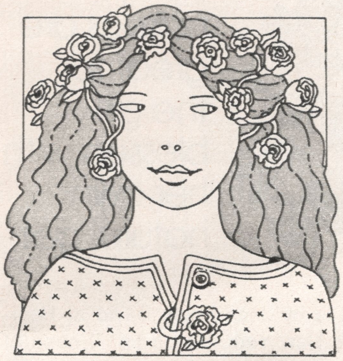
Put your best foot forward, and treat yourself to a pedicure

Hair: dressing it up

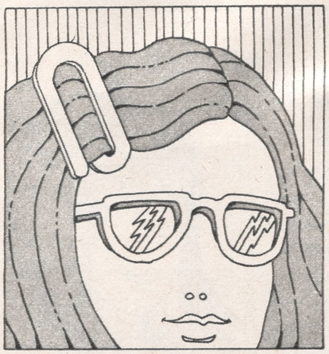
Summer's a great time to dress your hair with accessories for night *and* day



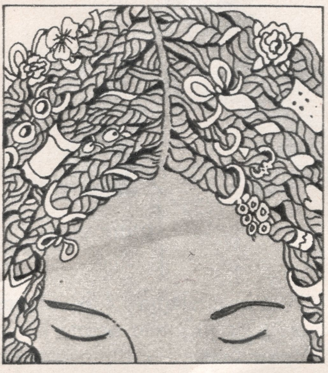
Beachcomb the seashore for shells to comb into your hair



Wear flowers in your hair—here, there, scattered everywhere



The super hair clip—a super-sized paper clip for making waves



Colored pipe cleaners to wind/braid/bow-tie like hair ribbons

TERESA ANDERKO

Ever notice how summer always makes you feel a little freer, a bit more daring? It's the perfect season for experimentation—especially where your hair's concerned. So follow your whims! Try braiding your hair. Crimping it. Waving it. And we've got just the accessory ideas that will help you do it all—beautifully. Stuff that looks as great on the beach as it does on the dance floor.

For starters, how about **shells**? They're fun to collect and very pretty when you glue them onto hair combs to hold those windswept locks in place. You could try the same idea with feathers, buttons, old jewelry—any colorful doohickey you can find. Or check out Gil Ferrer's summery hair-comb collection made with shells, fabrics, bolts, buttons, macaroni (!)—there's even one that glows in the dark. Peter Jaeger has come up with a clam-on-the-half-shell hair comb, plus some covered in plaids or menswear fabrics.

Flowers in your hair are a guaranteed eye-catcher. Doesn't matter whether they're fresh or fabric (you can buy some pretty ones in organdy or satin), twisted onto hair combs or scattered through your hair like wind-blown petals. More flowery thoughts: Entwine posies in braided hair. Weave a chain of them to wear as a crown (nice old-fashioned notion, that). Or perch one full-blown flower provocatively above your ear. (Why not? It worked for Dorothy Lamour.)

Another new wave in hair accessories: **big, bright paper clips,** from Gerard Bollei. Great-looking, and a great way to get a wave in wet hair. Just insert the clips wherever you want a dip (since they're coated with plastic, you don't have to worry about rough edges snagging or damaging hair), then remove clips when hair is dry and set. Or keep one in as a barrette. For a simpler look, St. Larel has a fabulous collection of **multistriped bobby pins** you can choose from.

Here's a head trip for you: **telephone wires**—those skinny multicolored things you find inside the telephone. Louis-Guy D thinks they look terrific when woven or braided in hair. We're not suggesting that you start taking your phone apart, but you could ask your telephone man about getting some wires, or check out an electronics shop. And how about colored **pipe cleaners**? These great ideas are from Cinandre, in New York: Wrap them around the top of a hair comb. Or at the beach, make lots of skinny braids, plaiting in the pipe cleaners as you go. Wet hair, let it dry, then remove cleaners. *Voilà!*—crimped hair. You can also tie them into hair bows. Which gives us another idea . . . But use your own imagination. And don't forget: Be a little daring. It's summer!

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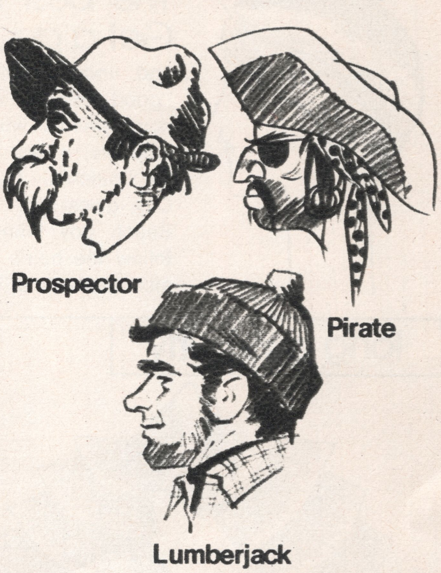

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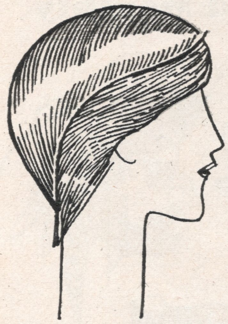
Summer Headliners

If your hair is short and straight



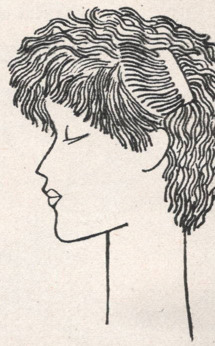
The best beauty tip: Get a good haircut...

and uncomplicate your life. By a "good haircut" we mean one that complements what your hair does naturally, wears well. For example, the Louis-Guy D salon, in New York City, gives short and straight hair a Beach Boy blunt cut, designed to follow the hair's own direction. (It's also available at Walter's in Boston.)

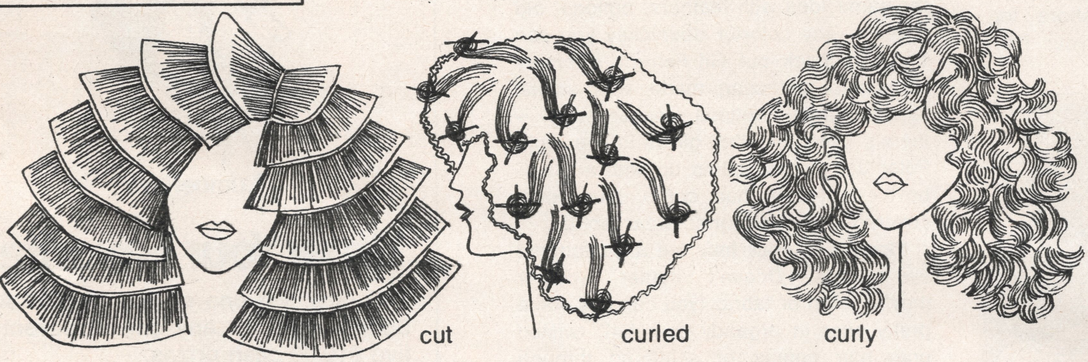
short and curly

A feathery new cut for even the curliest hair

It's the tousled-look haircut, from Bruno of Le Salon, in New York City. The hair is cut in even layers all over the head (slightly shorter at the nape), tousled with the fingers, then quick-dried under a heat lamp to give it maximum volume. The Glemby salons at Titche's department stores, in Dallas, Texas, have a similar cut.



long and curly



cut

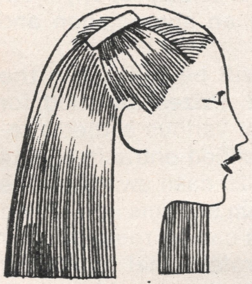
curled

curly

The new, "unstyled" hairdos are great for the girl blessed with her own natural curl

The hair above is carefully cut in layers, slanted around the face to give it balance. Then the tip of each layer is curled: The strands are twisted into shape with a curling iron, or held with hairpins, then set with the heat of a blow-dryer. (For straight hair, you need a perm on just the ends.) Then—heads down! You bend over for the brush-out, shake hair, stand up, and the style falls into place by itself. The cut and curl here is by Jean-Louis David at Henri Bendel, in New York. (Good tip: If none of the salons mentioned are near you, clip the illustrations shown here and take them to your own stylist as a hair-cutting guide.)

long and straight

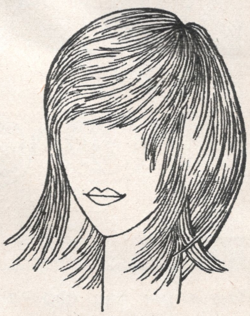


Straight hair has a style all its own...

and a good blunt cut's what it needs to give it the most flattering movement and body. It's also the perfect hair for showing off accessories (see page 129). Try parting hair on the side, then sweeping one side up behind the ear with a comb or barrette, in the Broom Style (left), suggested by the Jon Peters salon in Los Angeles.

A wispy-layered look is marvelous for hair...

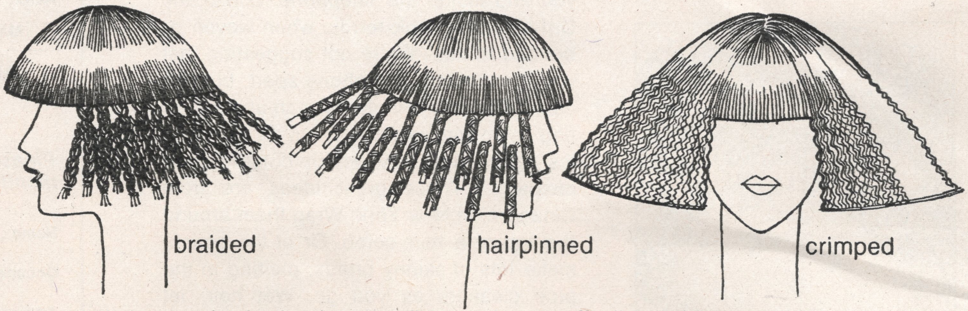
with no natural curl. Vidal Sassoon layers the hair from short to long lengths all over (right), to give hair an easy, fluid feeling. No permanent is needed—the haircut alone adds texture and fullness to straight hair. There are Vidal Sassoon salons located in New York, Chicago, Los Angeles, Atlanta and Toronto.



SHEILA CAMERA

medium-length

There's more than one way for a girl to get crimped—you can do it, with or without a perm



braided

hairpinned

crimped

Here are two techniques that are guaranteed to really curl your hair (or to be more specific, crimp it). First, braid just-washed hair into tiny plaits, starting at the midpoint of each section of hair. Then, when your hair is completely dry, let your fingers do the combing. The set should last for several days. At salons they get a similar wavy effect by using a permanent plus a set with special hairpins or a crimping, or "waffle," iron (always starting a few inches from the roots). The finished hairdo has a wonderful rippled fullness. For professional crimping, check out one of the Saks Fifth Avenue salons located across the country.

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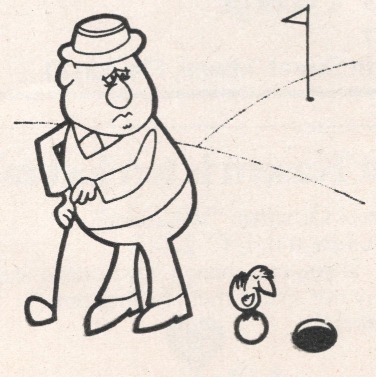

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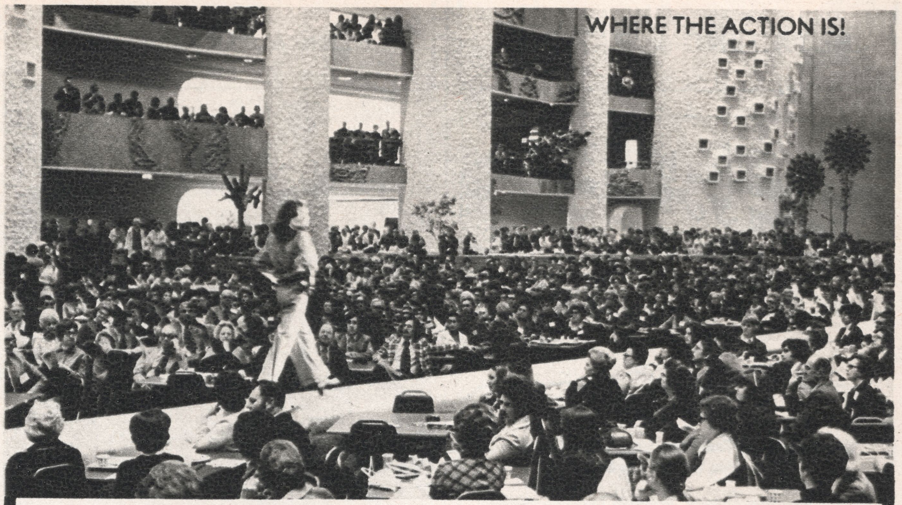
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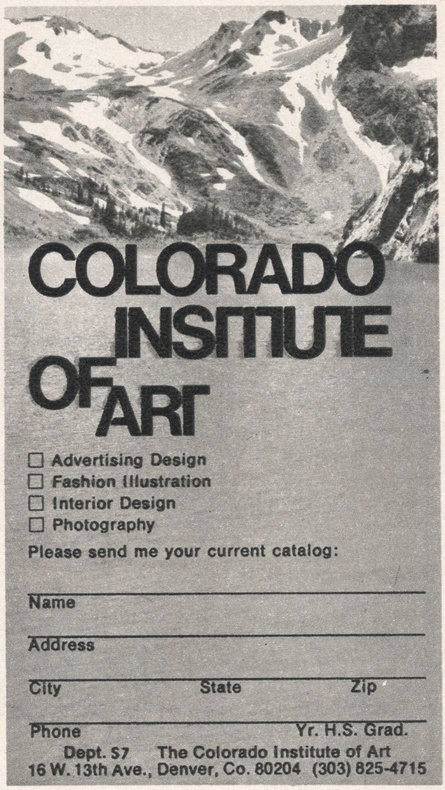

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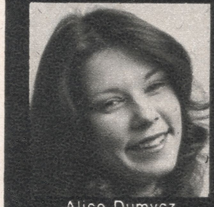

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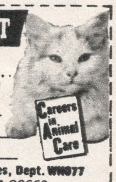

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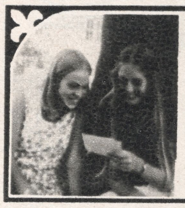

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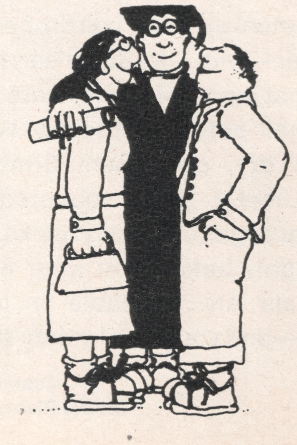

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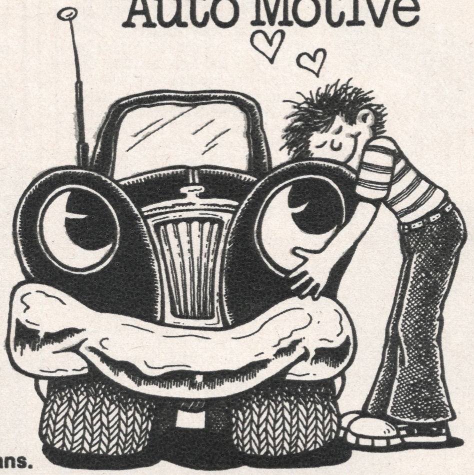


Boys and their cars—oh, my stars!
Can I compete
With a new bucket seat?
As you softly say, "I love you, dear,"
He's muttering, "First or second gear?"
His arm you gently touch,
And suddenly,
He's fooling with the clutch.
You sit down to rest,
And he says, "Time to test."
It starts with a spurt and a sputter,
And now your heart begins to flutter.
Everything's all right,
And you can go out tonight.
Guess I'll have to wait and see
Who means more to him,
His car or me!

—Bridget Happy, Belle Plaine, Kans.

Gone with the Wind

Love
is
like
holding your breath;
sooner or later
you have to
let go.

—Lisa Harris, Simi Valley, Calif.

For More Years

Suddenly they were staring me in the face—those three lines of unpronounceable extra ingredients in the snack cake I was eating. My first reaction was to drop it in fright. Who wanted all those strange substances invading one's cells? They weren't even organic!

Then I remembered why most of them were added. They were preservatives! If they kept food good longer, I reasoned, maybe they'd do the same for me. Ignoring my health-food-happy friends, I picked up my dessert and finished it in perfect peace. How could I deny myself the opportunity to become better preserved with each bite?

—Brenda McCullum,
Ridgewood, Ontario, Canada

Child's Play

In seventh grade, two friends and I had just discovered what a source of income baby-sitting could be when one of us dreamed up the idea of a summer playschool for children. The next two summers were very busy—and loads of fun. Everyone was happy: The kids had a change of scene and met new friends; the mothers had time to themselves at minimal expense; and incidentally, the three of us each earned $20 a summer, after expenses.

We sent pamphlets describing our service to neighbors with kids from two to six years old. School was held twice a week, from ten to twelve, at a location that rotated among our three houses. The cost was 75¢ a day per child. This covered coloring books, crayons, modeling clay and weekly purchases of cookies and fruit drinks.

When we'd picked up our "students" in the morning, everyone would join in a group activity like playing softball or building a tent. At eleven refreshments were served. Then the children played by themselves with the clay or coloring materials. Sometimes we all took a walk—to the park for a picnic, to the library for story hour, or to the local shopping district for our own tour. At noon we'd deliver each child safely home. We even held a graduation ceremony in August, with miniature handwritten diplomas. For entertainment the kids made puppets and put on their own show.

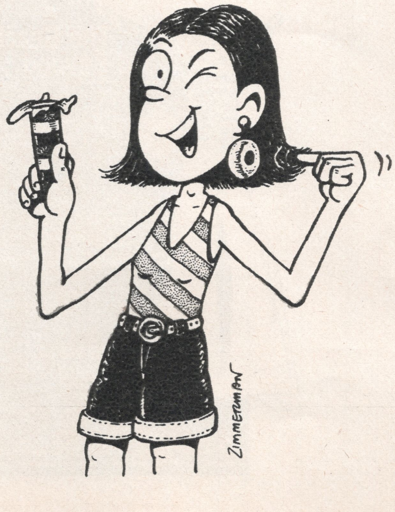
The playschool helped build confidence in ourselves and in the kids. We all learned to laugh instead of cry over small disasters. Our students acquired such social skills as how to get along with one another and how to eat in public—manners they couldn't always learn at home. But best of all was the love and good times we shared. I can't think of a more rewarding way to have spent those summers.

—Sue Stapleton, Chicago, Ill.

'Ear's How

Sweeten up your wardrobe this summer—with Life-Saver earrings! Just coat a pair of Life-Savers with clear nail polish or shellac. When they're dry, glue them firmly to round metal disks mounted on posts or regular earring backs. Dry thoroughly before you wear them. Materials are available in craft shops—and your local candy store.

—Jean Laird,
Morris Plains, N.J.



Teen Logic

He didn't ask me to the dance,
or take me to the game.
He doesn't have my number,
and he doesn't know my name.

He hasn't said a word to me.
He's never glanced my way.
When I sat by him in class,
he slyly moved away.

But I can tell (it's obvious
to one as wise as I)
this fellow has designs on me.
He loves me—but he's shy.

—Susan Roe, Vashon, Wash.

Booking It

y-sitters, camp counselors and in-ured older sisters of the world—take ! At last a book has been written ex-ssly for you. Lowi Price and Marilyn onsky have created an ingenious rec-e book filled with incredible inedibles.

Concoctions (E. P. Dutton, $5.95) offers instructions for making such items as Peanut Butter Polish, Marshmallow Soap, Toothpaste Putty and Strawberry Stamps, to name just a few. Some recipes are actually for practical play materials, like cloth dye (would you believe from hard-boiled eggs?), gelatin glue and grease-paint. The directions are simple, and the tools and ingredients you'll need are very inexpensive. In fact, most of them can be found around the house.

This ideal craft manual will keep kids happy, fascinated and maybe even away from TV for a few hours. And they're not the only ones—I've spent hours with fellow teen-agers trying out these zany recipes. We had a terrific time, and with the help of the Dirty Penny Bath, some of the cleanest coins ever seen.

The authors are qualified experts. Ms. Wronsky, a children's librarian, persuaded her young readers to experiment with her ideas; Ms. Price tested the concoctions on her elementary school pupils. For an entertaining and highly original treat, try whipping up a few concoctions yourself.

—Meg Wolitzer, Syosset, N.Y.

Ripped Off

Remember those pads with a plastic sheet that made all your writing disappear with a wonderful ripping sound when you lifted it up? Magic slates! They used to be great toys for kids. But they can also be paper-savers for *you* in common situations like these:

- **Figuring out math homework. You won't lose the finished product under all those scrap sheets, either.**
- **Taking phone messages when there's no pencil. If you can't find the stylus, you can always write with your fingernail.**
- **Making lists. When you've finished marketing or packing or inviting guests to a party—presto! No more list.**

A magic slate also makes a great gift for less than a dollar. To make it personal, draw a caricature of the friend you're giving it to. If he or she doesn't like it—rip!

—Martha Olsen, Tucson, Ariz.

Flowery Speech

Guys—we love 'em, but what do you give them for gifts? I was pondering this all-important question just before my boy friend Sean's birthday. Somehow the normal range of choices—after-shave, a belt, soap-on-a-rope—just didn't express my real feelings.

Walking past a flower shop, I glanced in. Colorful and pretty, soft and sweet-smelling—what better way to say I loved him? I arranged to have the shop deliver a bunch of violets with a spray of baby's breath and a card saying, "Roses are red, violets are blue; I love flowers, and I love you too."

I was nervous when the doorbell rang the next day. What if he thought I was silly? What if he was insulted? But he was smiling—and he had a violet tucked behind one ear!

—Kathleen Harris, Chicago, Ill.

Togging Along

Peak after snowy peak unfolded before my eyes as I arrived for my summer vacation at Colorado's Copper Mountain Teen Center. I was traveling light, but I was prepared—each piece of clothing could do at least double duty.

If you're planning to head for the hills, maybe you can benefit from my experience. For instance, you'll need hiking boots. If they're real leather, with strong ankle support and soles that grip, they'll be comfortable for riding and walking as well as more demanding trips. Clogs go with both jeans and skirts; tennis sneakers are useful on courts and at beaches.

When you're bringing a minimal amount of clothes, simple styles are best. Rugged jeans or corduroy pants go anywhere; the embroidered ones look better at home. You'll want shorts for when it's warm and knee socks for when it cools off or the underbrush is heavy.

Tops can always be layered, especially if their colors combine well. All I take are two T-shirts, one halter, one blouse or tailored shirt, one heavy outdoor shirt and a sweater. I can wear them separately or several at once if it gets cold enough. Planning much camping? Bring a light windbreaker rolled up in a warm parka to handle abrupt changes of temperature.

The rest are bare essentials I'd need anywhere: hats for protection against sun and cold, swimsuit, scarf, underwear and a nightie made for quick rinsing out. Shoes, cosmetics and small extras go into a backpack that I also use for toting picnic lunches, my camera and sunglasses. All the rest goes into one medium-sized suitcase—and I'm ready for another vacation in the Rockies!

—Kay Abrahams, Old Westbury, N.Y.

WHERE TO BUY...

many of the fashions shown on pages 69-73 and 100-101

Page 69

French Maid red scoop-necked T-shirt, S-M-L: Felipe Fashions, Miami; DK's of Houston, Houston; The Country Lady, Selma.

Marie-France white skirt, S-M-L: Apples, New York.

Pages 70-71

Foxy Lady drawstring-waist dress 3/4-13/14: High Voltage, Brooklyn; Indescribable, Paramus; Urdongs, Georgetown; David's Station, Austin.

Bananas by Nancy Bossio miter-striped sundress, S-M-L: for stores, write to Bananas, 1407 Broadway, New York 10018.

Bananas by Nancy Bossio blue-and-white striped dress, S-M-L: Macy's Herald Square, New York; J. Byrons, Miami.

Pages 72-73

Marie-France red dress, S-M-L: Apples, New York; Yaring's, Austin; The Little Daisy, San Francisco.

Gaston Jaunet white dress, S-M: Chiga, New York; Ophie's, Tampa; Antoinette's, New Orleans; The Clothing Gallery, Santa Monica.

Collage yellow tunic, S-M-L: Miller & Rhoads, Richmond. For more stores, write to Collage, Room 1902, 1407 Broadway, New York 10018.

Marie-France white pants, S-M-L: Fine's, Savannah.

Key of G T-shirt and paratrooper pants, S-M-L: T-shirt at Jacobson's, Jackson; Frost Bros., San Antonio. Pants at Himelhoch's, Detroit.

Pages 100-101

Symphony Scarfs geometric-patterned scarf: for stores, write to Symphony Scarfs, 20 W. 37th St., New York 10018.

Glentex floral scarf: Bloomingdale's, New York; Wanamaker's, Philadelphia.

Echo Scarfs cotton gauze oblong: Ann Taylor, New York; Hudson's, Detroit; Woodward & Lothrop, Washington, D.C.

SUMMER SEW-UPS

Pattern and fabric information for the fashions on pages 86-91

McCall's pattern 5590, $1.75. Sizes 8-16. Shorts require 1⅜ yards of 45-inch fabric; shirt requires 1⅞ yards of 45-inch fabric; pants require 2⅜ yards of 45-inch fabric.

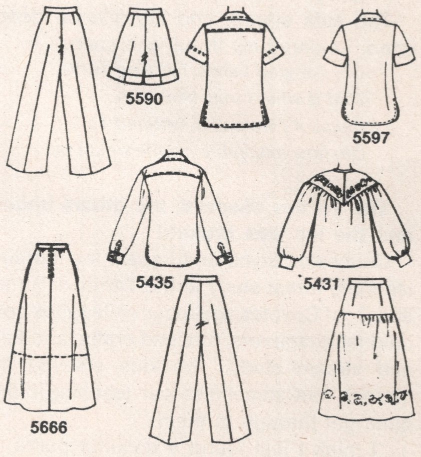
McCall's pattern 5435, $1.75. Sizes 8-18. Shirt-jacket requires 2⅛ yards of 45-inch fabric; pants require 2⅝ yards of 45-inch fabric.

McCall's pattern 5597, $1.50. Sizes 8-24. Blouse requires 2 yards of 45-inch fabric.

McCall's pattern 5666, $1.50. Sizes 8-16. Skirt requires 1⅞ yards of 45-inch fabric.

McCall's pattern 5431, $1.75. Sizes 6-16. Blouse requires 2⅞ yards of 45-inch border-print fabric; skirt requires 2⅛ yards of 45-inch border-print fabric.

Unless otherwise indicated, yardages are approximate for size 10. McCall's patterns are sold in department stores in most cities or may be ordered by mail. Send check or money order, size and pattern number(s) to: McCall Pattern Company, 615 McCall Road, Manhattan, Kansas 66502. *Prices slightly higher in Canada.*



Crompton corduroy: Macy's, New York; Hudson's, Detroit; The Bon Marche, Seattle.

Earl-Glo plaid polyester/cotton: Eastern Textile, Greenfield; Fran's Fabrics, Yankton.

Ameritex/United Merchants striped cotton/polyester and cotton madras: for stores, write to Ameritex, 1407 Broadway, New York 10018.

Concord cotton fabric: Fred Meyer, Portland.

TEENWORK

by Michael Evans, 17, Camp Hill, Pa.

Confessions of a camp counselor

Riding herd on a bunch of fifth-graders is all fun and games!

Brrring!

My alarm rang joyfully at five thirty Monday morning and was quickly buried in a volley of sneakers, pillows and clothes. I stumbled foggily to the shower, wondering what I'd let myself in for. This was my first crack at camp counseling—would I *really* be able to ride herd on one hundred fifth-graders for nearly a week?

I slapped cold water over my face, threw on a T-shirt and cut-offs, and headed for breakfast. "Good grief!" I muttered, glancing around the dining hall. These kids were a boisterous bunch, all right—cheering, wrestling, smearing butter in one another's hair. All eight of my fellow counselors were huddled against one wall dodging flying banana peels. "Somebody's got to take charge," I thought, so I raised my hand and narrowed my eyes. When the kids sat down and shut up, I was stunned!

Counselor Karen moved up beside me. "Hi, kids—I'm Karen!" The children stared blankly.

"I'm a junior in high school," she continued. "Do any of you have brothers or sisters in high school?" Not a word.

Karen looked desperate. "I have a dog—do any of you have dogs?" The kids sat motionless. Karen turned to me and whispered, "These kids are zombies—do something!"

"Okay," I croaked. "Where are the Terrified Turtles?" A tableful of stone-faced children raised their hands.

"How about the Dangerous Dandelions?" another counselor asked.

"The Silly Lilies?"

"The Spotted Otters?"

"The Cool Coyotes?"

The kids stared, and the silence deepened. I cleared my throat and sang:

Oh, I'm glad I am a Terrified Turtle,
That is what I truly like to be.
Cause if I weren't a Terrified Turtle,
Oh, how miserable my life would be!

The Turtles cheered, the others booed, and the ice was broken!

Counselor Bryce and I spent the morning teaching forest study to the Terrified Turtles and Cool Coyotes while our colleagues covered language arts, arts and crafts, and field and stream study. The kids enjoyed the classes, but sometimes our teaching didn't quite get through to them.

"I think I just found a coconut palm!" a fifth-grade girl squealed.

"Not in Pennsylvania, Pam. Try again," I advised.

"Bryce! You know what you said about things living in hollow logs?" ten-year-old Ron asked.

"Yeah . . ."

"Well, Steve just found a rattlesnake!"

Bryce paled.

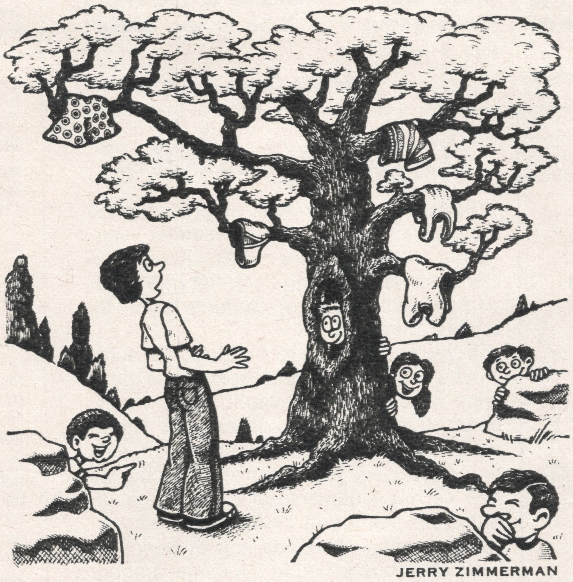
"It's only an earthworm, smarty!" Steve shouted.

Bryce and I both resumed breathing.

"Okay, kids," I said. "Enough of woodland adventure. Let's move on to the group challenge obstacle course!"

The Terrified Turtles decided to tackle a mock electrical fence. The trick was to get over the fence without touching it. After a Turtle Huddle, the kids dragged a large board over to the fence and propped it up against the wire, and we all scrambled neatly across.

"Not bad, Turtles. But how will you get over that?" I pointed to a "quicksand" pit with a rope suspended over it.



JERRY ZIMMERMAN

After an intent discussion, they threw a stick at the rope, causing it to swing back to them, and we all Tarzan-ed across—all except me, that is. I didn't get a good grip on the rope and careened into the pit. The Turtles cackled.

Back at the lodge, it was lunchtime. Amid the clatter of silverware and dishes, we managed an exuberant round of singing. Counselor Heidi taught a song that repeats a word sounding like an Icelander's response to a sneeze. By this time we were all ready for more exercise, and the different groups challenged each other to violent games of kickball and volleyball. We counselors joined the kids, and when suppertime rolled around, I was totally exhausted—but the campers were still rarin' to go.

"Okay," I sighed. "How about a square dance?"

"I'm not gonna dance with a girl!" ten-year-old Ralph pouted.

"I'm not gonna touch a girl!" Lou said.

"Matchmaker, matchmaker!" little Linda squealed.

Obviously, I'd forgotten that fifth-grade boys take a different view of the female sex than I do.

"Hey, Mike," one boy whispered, "do *we* have to ask the girls to dance? I mean, could *you* pair us up?"

"Whatever you want, Casanova."

"Hey, Mike," a girl whispered, "are *you* gonna pair us up? I mean, could you *please* make the boys ask us?"

"Whatever you want, Lover."

I danced with Leslie, spending half the time on my knees to make our heights equal. You can't imagine how relieved I was when Bryce announced that it was time to rally round the campfire for Robinson Crusoes, graham crackers filled with oozing masses of chocolate.

"But we can't eat Robinson Crusoes," one of the young campers protested.

"Why not?" Bryce asked.

"Because today isn't *Friday!*"

I managed to gorge myself on five of the gooey concoctions before we sent the kids, complete with sticky faces, off to bed. At last we had some time to ourselves.

"How'd your day go?" I asked everybody.

"Fine, except for the scraped knee I got when two kids pushed me down a hill," Bryce muttered.

"Fine, except that all my underwear is missing!" Louis said.

"Fine, except for the snake I found in my tote bag!" Mia added.

"Enough, enough," I cried. "What should we do with our few hours of peace and freedom?"

We did plenty. We hiked out to the pond for a midnight dip, did some stargazing and tadpole hunting, and held a mock séance in an old covered wagon.

After a good night's sleep, we were ready for the rest of the week—which was to prove as exhausting as the first day. When Friday morning dawned, everybody was all set to go home—to rest!

As we lugged our suitcases out to the buses, I remembered that several of the counselors' underwear had been stolen earlier in the week.

"Okay, Turtles. Where's the underwear?"

A piece of paper floated across the yard: "Go on a Wild Moose Chase."

We looked at each other, then turned and sprinted to the Moose Tree. Sure enough, it was decorated in early Fruit of the Loom. I had never known fifth-graders had so much imagination—but I learned *very* quickly!

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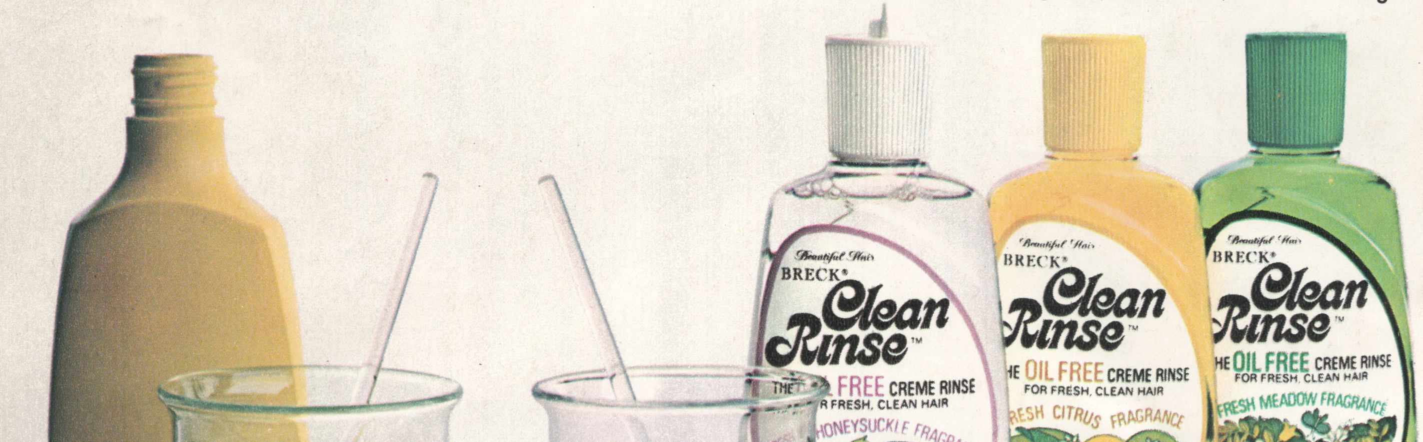
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